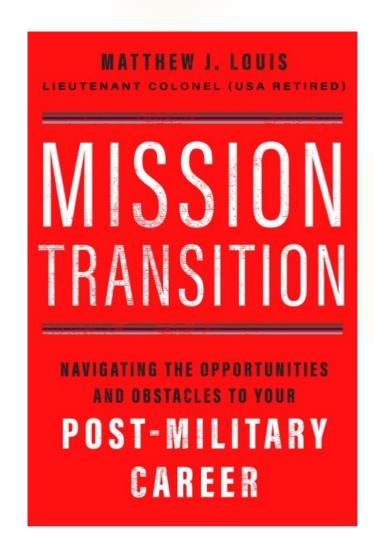
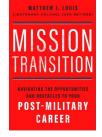
Mission Transition: The e-Course

MATTHEW J. LOUIS



Preface: Why Compose This Course?

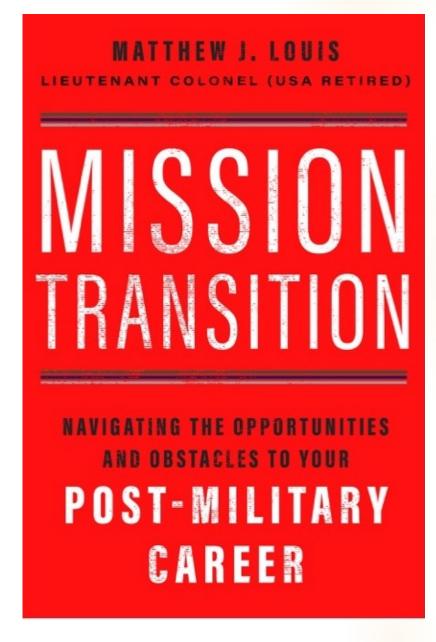


Since Mission Transition was published in 2019, I've consistently received a few pieces of feedback from readers:

- "You really ought to turn this into a course like how we are taught in the military"
- "It would be great if you could boil this down to the specific exercises that I could execute to get me fully employed in an optimal career field."
- "There's so much good stuff on your website. You should include that as part of the process."

This course is my attempt to do just that – and then some. Getting our veterans fully employed in optimal career fields is Job #1. Whatever format works best for this audience to achieve that objective is my purpose. As I've written elsewhere, doing so not only addresses suicidality in the post-9/11 cohort, it gets an entire generation of Americans more fully productive in service to the economy of the greatest country on the planet. Please join me in this mission.

Introduction































MATTHEW J. LOUIS

AND OBSTACLES TO YOUR

POST-MILITARY

CAREER













Welcome



In this e-Course, I've assembled the necessary steps and detailed exercises contained within **Mission Transition** and the resources and video courses on my website to best enable your successful transition from military service.



The most awarded book of its kind

- Gold Medal Non-Fiction Military -- 2022 International Readers' Favorite Book Awards
- Gold Medal Business / Career / Sales -- 2021 eLit Book Awards
- Gold Medal Current Events (Foreign Affairs / Military) -- 2021 eLit Book Awards
- Gold Medal Best Author Website (matthewilouis.com) -- 2021 eLit Book Awards
- Silver Award -- 2021 Nonfiction Authors Association Book Awards
- Bronze Medal (War & Military) -- 2022 Global Book Awards
- **Bronze Award (Career)** -- 2021 Axiom Business Books Awards
- Bronze Medal (Motivation / Improvement) -- 2021 Living Now Book Awards
- Book Excellence Award (Career) -- 2023
- Book Fest Book Award (Website/Overall Design, 2nd place) -- 2023
- Book Fest Book Award (Nonfiction Business Careers, 3rd place) -- 2023
- Incipere Book Award (Self-Improvement, 2nd place) -- 2022
- International Firebird Book Award (Career) -- 2023
- International Firebird Book Award (Military Nonfiction) -- 2023
- Outstanding Creator Awards (Best Non-fiction Book, 2nd place) -- 2023
- Outstanding Creator Awards (Best Military Book, 1st place) -- 2023
- Outstanding Creator Awards (Best Self-Help & How-to Book, 1st place) -- 2023
- Outstanding Creator Awards (Best Educational & Reference Book, 1st place) -- 2023
- Pinnacle Book Achievement Award (Career) -- Fall 2022
- BooksShelf Nonfiction Writing Contest Finalist (Top 5%) -- 2023
- **5 Stars** -- Readers' Favorite, February 2022
- 5 Stars The Book Commentary, November 2021
- Amazon Best-Seller #1 in Job Markets & Advice, November 2022

A first-of-its-kind resource:

- Process-based
- Strengths-focused
- WHO before WHAT
- Practical, field manual-like style
- Thoroughly researched, leveraging commercial best practices

Please populate these columns and track your progress.

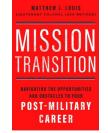


Table of Contents

Chapter	Goals	Target Completion Date*	Actual Completion Date
1. The Civil-Military Gap & Mission Transition	•		
2. Personal Strengths	•		
3. Personality Test Review & Career Path Options	•		
4. Career Preferences	•		
5. Personal Brand	•		
6. Federal Resume Basics	•		
7. Civilian Resume Basics	•		
8. Skills Translation	•		
9. Network Identification	•		
10. Network Engagement	•		

^{*} See the Transition Planning Calendar in Chapter 1 for guidance in populating these dates.

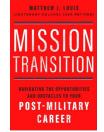
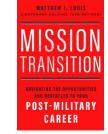


Table of Contents (continued)

Chapter	Goals	Target Completion Date*	Actual Completion Date
11. Federal Applications	•		
12. Civilian Applications	•		
13. Interview Preparation	•		
14. Interview Conduct	•		
15. Understanding Your Financial Needs	•		
16. Negotiating & Finalizing The Job Offer	•		
17. Cultural Assimilation	•		
18. Onboarding & Support Networks	•		
19. Refining Your Approach	•		
20. Using and Contributing To Online Resources	•		
21. Deciding Whether to Join the Guard or Reserve	•		

Required Materials



Reading

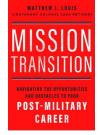
- Mission Transition: Navigating the Obstacles and Opportunities to Your Post-Military Career
- My Website: matthewilouis.com

Exercises

- Notebook / diary
- Pen / pencil

Technology/Tools

- Computer with standard software
- Web access to https://www. matthewilouis.com



Resources

Web & Software Tools

Matthewjlouis.com for

- Tools
- Templates
- Worksheets
- Calculators
- Samples
- Downloads

Social Media

LinkedIn

Matt Louis

Facebook

@MatthewJLouis

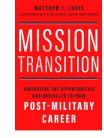
Twitter
@MatthewJLouis1

Study Groups

Highly encouraged

Form your own

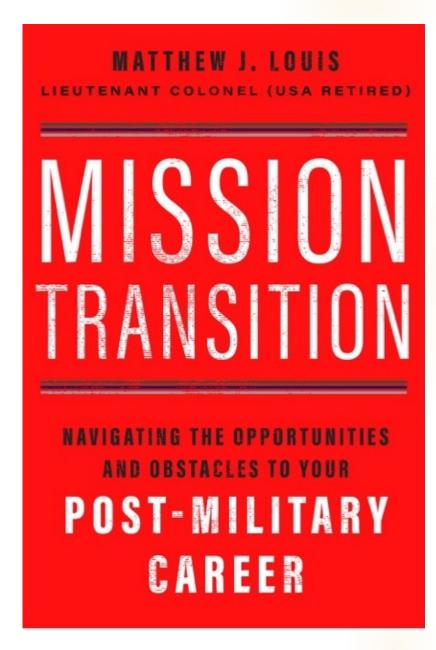
Course Expectations

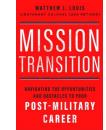


- Complete all chapters in sequence (with the possible exception of Federal vs Civilian resumes and applications, where you might only complete one of the applicable chapters on each topic)
- Complete all exercises in each chapter in the order presented
- Complete all chapter homework assignments prior to starting the next chapter
- Each chapter will contain:
 - Statement of objectives
 - Content specific to its topic, with reference to its relevant sources
 - A homework assignment
 - Words to the Wise
 - List of additional references, with Career Military Professional (CMP) specificity noted where applicable

Chapter 1

THE CIVIL-MILITARY GAP & MISSION TRANSITION



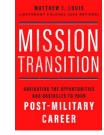


Chapter 1 Objectives

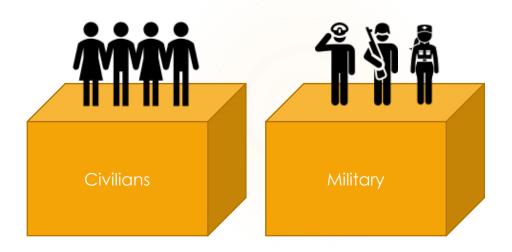
Content in this chapter parallels content in the Introduction of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand Depth of the Civil-Military Divide and the Challenges it Poses to a Successful Transition From the Military	Understanding	Attain needed perspective to relate the balance of the chapters
Understand Intent of Mission Transition	Understanding	to your personal situation

The Civil-Military Gap – A Definition

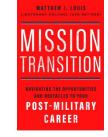


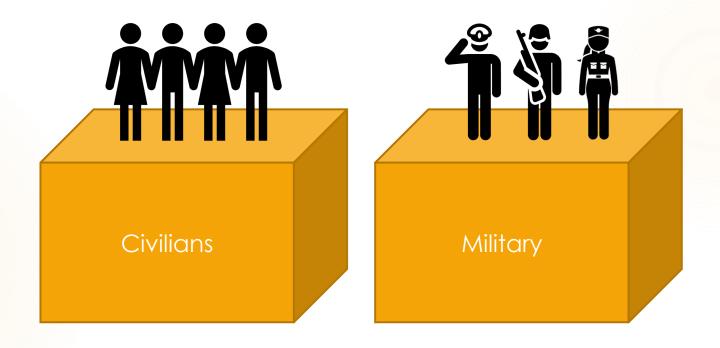
- A widening divide between...
 - The nation and
 - Those who serve in the all-volunteer military
- Characterized by issues along multiple dimensions
 - Geographic
 - Demographic
 - Cultural
 - Social
- Driven by many root causes
 - Incomplete / poor transitions from military service
 - Lack of support systems
- Exacerbated by opposing attitudes
 - Pity from the public
 - A sense of superiority from the military



This drives a fundamental disconnect between what veterans expect of employers and what employers expect of veterans

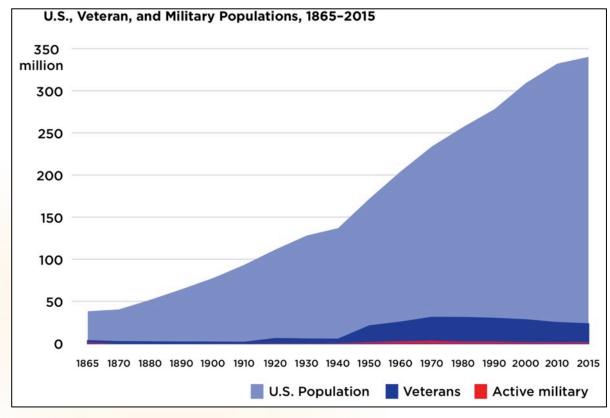
The Civil-Military Gap - Illustrated



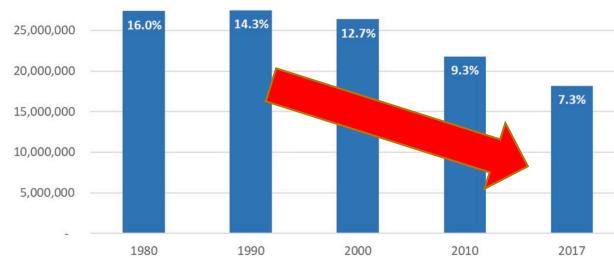


Veterans make up less than half the % of the US population they did a generation ago





Number of U.S. Veterans and Percentage of Population, 1980-2017



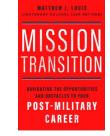
Sources: (Above) Phillip Carter, Amy Schafer, Katherine Kidder and Moira Fagan, "Lost in Translation: The Civil-Military Divide and Veteran Employment," Center For a New American Security, June 15, 2017, 2.

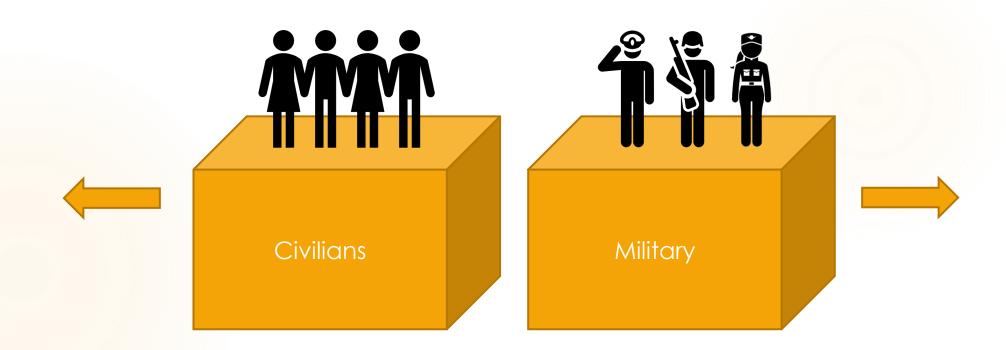
(Right) Texas Workforce Investment Council, "Veterans in Texas: A Demographic Study," September 2019, 4.

Mission Transition e-Course 14

30,000,000

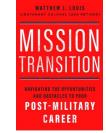
The Civil-Military Gap



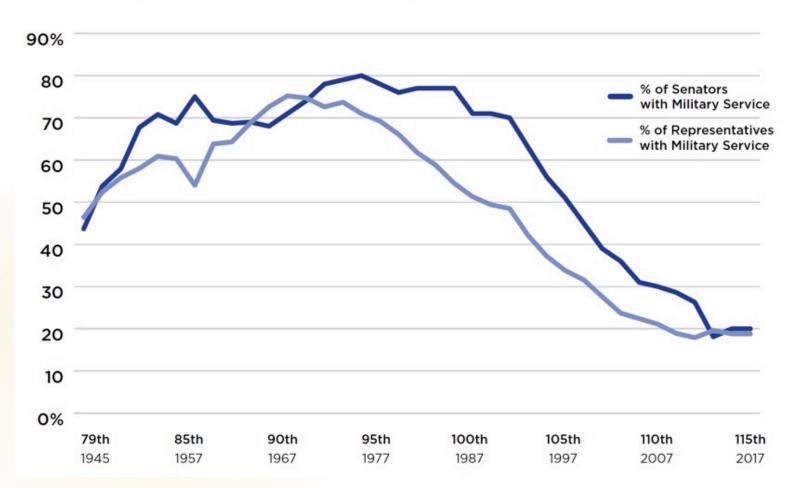


This lack of knowledge, familiarity, and interaction draws us apart

Elected veteran leadership is at an historic low¹



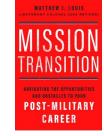
Percentage of Veterans in the House and Senate, 79th Congress-115th Congress (1945-2017)

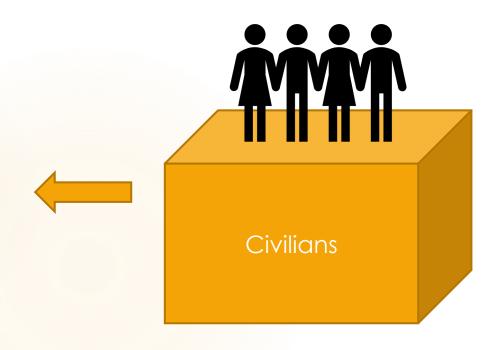


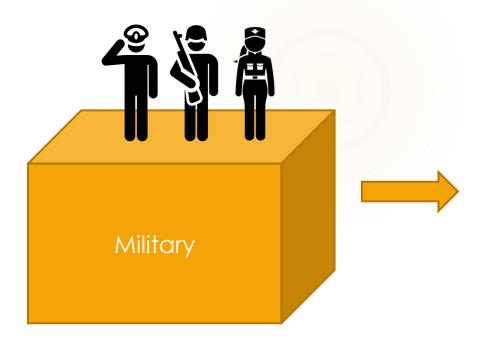
- 99.5% of the American public has not served on active duty at any given time in the period since 9/11.²
- As of 2014, only 8% of U.S. adults were veterans; and that percentage is expected to decrease by a third by 2043.3

Sources: ¹Phillip Carter, Amy Schafer, Katherine Kidder and Moira Fagan, "Lost in Translation: The Civil-Military Divide and Veteran Employment," Center For a New American Security, June 15, 2017, 3. ²Bruce Drake, "On Memorial Day, public pride in veterans, but at a distance," Pew Research Center, May 24, 2013, accessed January 2, 2017, http://www.pewresearch.org/fact-tank/2013/05/24/on-memorial-day-public-pride-in-veterans-but-at-a-distance-2/. ³Gretchen Livingston, "Profile of U.S. veterans is changing dramatically as their ranks decline," Pew Research Center, November 11, 2016, accessed January 2, 2017, https://www.pewresearch.org/fact-tank/2016/11/11/profile-of-u-s-veterans-is-changing-dramatically-as-their-ranks-decline/.

The Civil-Military Gap





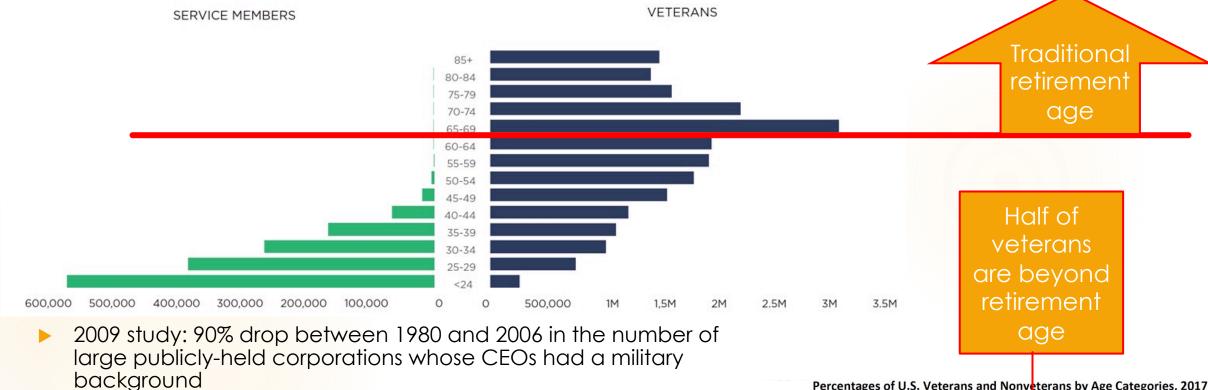


This lack of knowledge, familiarity, and interaction draws us further apart

Many veterans are entering a workforce whose leaders no longer include them

POST-MILITARY CAREER

Service Members and Veterans by Age



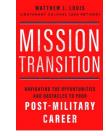
- WSJ reports this percentage to now be 2.6%! Even if you include all S&P 500 board members, that percentage is still less than 5%

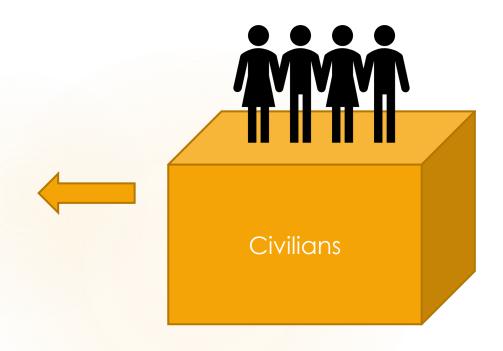
Sources: (Above) Phillip Carter, Amy Schafer, Katherine Kidder and Moira Fagan, "Lost in Translation: The Civil-Military Divide and Veteran Employment," Center For a New American Security, June 15, 2017, 5. (Right) Texas Workforce Investment Council, "Veterans in Texas: A Demographic Study," June 2019, 6. Benmelech, Efraim & Frydman, Carola. "Military CEOs," Journal of Financial Economics, vol. 117, no. 1 (2015): 43-59, accessed on July 2, 2017, http://www.nber.org/papers/w19782.pdf. Vanessa Fuhrmans, "Generals Bring Battlefield Expertise to the Business World: Employers are tapping military leaders to develop leadership talent, provide corporate governance and oversee cybersecurity strategy," Wall Street Journal, August 29, 2017, accessed August 31, 2017, https://www.wsj.com/articles/generals-bring-battlefield-expertise-to-the-business

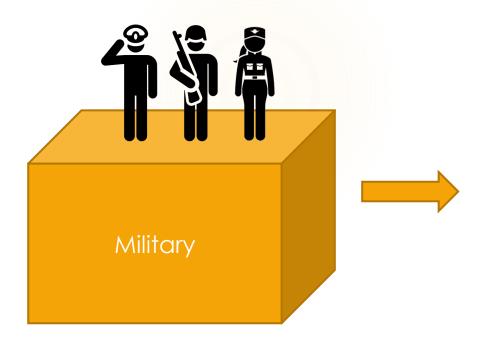
Percentages of U.S. Veterans and Nonveterans by Age Categories, 2017

Age Categories	Veter	ans	Nonveterans			
18 to 34 years		8.9%	31.5%			
35 to 54 years		23.5%	33.9%			
55 to 64 years		17.7%	16.7%			
65 to 74 years		26.7%	10.7%			
75 years and over		23.3%	7.2%			
Total	18,204,605 232,843,					
T 11 . 224			1.0			

The Civil-Military Gap







This lack of knowledge, familiarity, and interaction draws us further apart

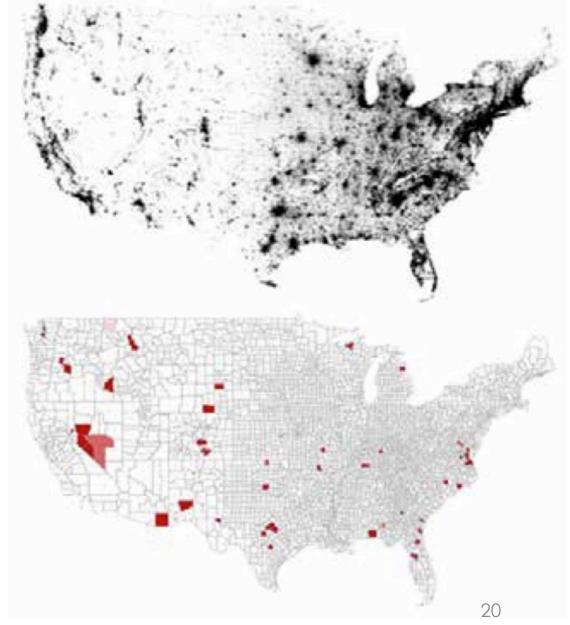
The American public does not live near or interact with the military population¹

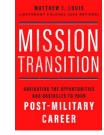
- 84% of post-9/11 veterans say the public does not understand the problems those in the military face
- 76% of pre-9/11 veterans and 71% of the public agree²
- 80 percent of organizations do not have veteran-specific recruiting programs³
- 71 percent of organizations do not provide hiring managers or recruiters training on veteran hiring³
- 52 percent do not provide onboarding or transition support to veteran hires³

Sources: ¹Phillip Carter, Amy Schafer, Katherine Kidder and Moira Fagan, "Lost in Translation: The Civil-Military Divide and Veteran Employment," Center For a New American Security, June 15, 2017, 5.

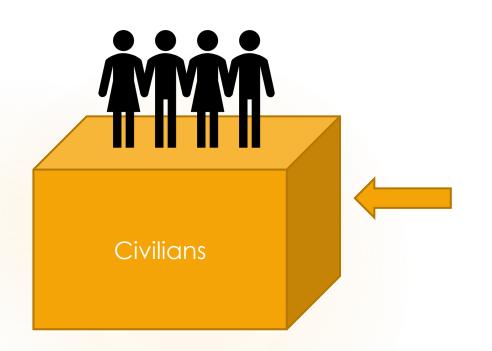
²Bruce Drake, "On Memorial Day, public pride in veterans, but at a distance," Pew Research Center, May 24, 2013, accessed January 2, 2017, https://www.pewresearch.org/fact-tank/2013/05/24/on-memorial-day-public-pride-in-veterans-but-at-a-distance-2/. ³Roy Maurer, "8 in 10 Employers Lack Recruitment Programs for Veterans," Medium.com, May 25, 2015, accessed August 26, 2022, https://medium.com/@HRCaroline/8-in-10-employers-lack-recruitment-programs-for-veterans-3426e6ba72ae.

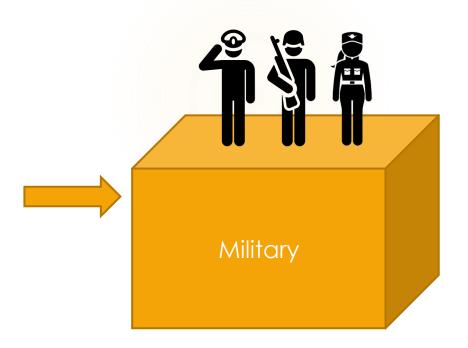
Densest Areas of US Population (Per Capita) versus the 50 Densest County Veteran Populations (Per Capita)





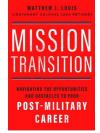
The Civil-Military Gap





This lack of knowledge, familiarity, and interaction draws us further apart

A new veteran population is growing, but without a safety net



~200,000
veterans
matriculate into
the civilian work
sector annually¹

~70% of veterans transition short of retirement and without a pension²

~Half agree they are not prepared to successfully navigate the transition to civilian life³

Sources: ¹U.S. Department of Veterans Affairs, VetPop 2007 Data, "Table 2S: Separations by State, Period, Age Group, Gender 2000-2036," 2007. ²U.S. Department of Defense, "2015 Demographic Profile of the Military Community," 2015, accessed December 31, 2016,

http://download.militaryonesource.mil/12038/MOS/Reports/2015-Demographics-Report.pdf.

³Maury, R., Stone, B., Bradbard, D.A., Armstrong, N.A., Haynie, J.M., "Workforce Readiness Alignment: The Relationship Between Job Preferences, Retention, and Earnings (Workforce Readiness Briefs, Paper No. 3)," Institute for Veterans and Military Families, Syracuse University, August 2016, accessed October 27, 2017, https://ivmf.syracuse.edu/wp-content/uploads/2016/08/USAA_paper3_8.30.16_REVISED_digital.pdf.

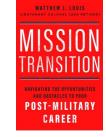
MISSION TRANSITION MANUAL PROPERTY OF THE PROPERTY CAREER

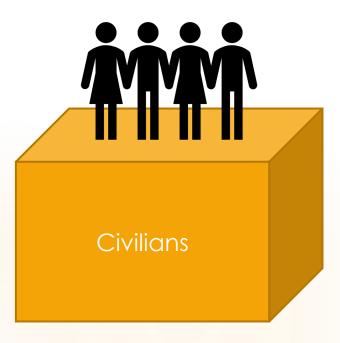
So What?

- More veterans are entering a nation...
 - Whose elected leaders don't represent them
 - Whose corporate leaders don't include them
 - Whose population doesn't look like them or live near them
 - Whose employers don't understand them
 - ...and for which they are unprepared
- Employers, while incentivized to hire veterans...
 - Typically don't have effective programs to identify, hire, train, and retain vets
 - Face the challenge of justifying doing so for an ever-shrinking minority of their work force...and in the face of constantly shrinking budgets

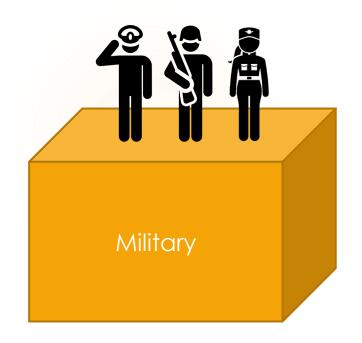
This is not a recipe for success

The Civil-Military Gap – Net Impact





- 53% of separating post-9/11 veterans will face a period of unemployment averaging 22 weeks¹
- ~63% of vets' first jobs are NOT in their chosen career field, and the average time spent in those roles is only 1.56 years²
- ~50% are still not in a job in their preferred career field by their SIXTH post-military job³
- The suicide rate among post-9/11 veterans more than doubled between 2006-2016⁴



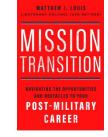
This is the chasm that all service members must cross upon leaving the military

Sources: ¹U.S Department of Veterans Affairs, "2015 Veterans Economic Opportunity Report," accessed October 30, 2017, http://www.benefits.va.gov/benefits/docs/veteraneconomicopportunityreport2015.pdf.

⁴ 2019 National Veteran Suicide Prevention Annual Report. See Matthew J. Louis, "Ending Post-9/11 Veteran Suicide: A summary of the causes of - and potential solutions to - a nation-wide scourge," March 2020, https://matthewilouis.com/media/post-9-11-veteran-suicide-white-paper/.

^{2,3} Maury, R., Stone, B., Bradbard, D.A., Armstrong, N.A., Haynie, J.M., "Workforce Readiness Alignment: The Relationship Between Job Preferences, Retention, and Earnings (Workforce Readiness Briefs, Paper No. 3)," Institute for Veterans and Military Families, Syracuse University, August 2016, accessed October 27, 2017, https://ivmf.syracuse.edu/wp-content/uploads/2016/08/USAA_paper3_8.30.16_REVISED_digital.pdf.

Civil – Military Gap Quiz



- Q: As of 2017, what percentage of the US population were veterans?
- Q: Is that percentage expected to increase or decrease in the coming decades?
- Q: What percentage of the US population has served on activity duty since 9/11?
- Q: According to the Wall Street Journal, what percentage of CEOs have any military experience?
- Q: What percentage of veterans believe they are successfully prepared to transition from the military?
- Q: On average, how long will most post-9/11 veterans be unemployed upon leaving active duty?
- Q: What is the average time most veterans spend in their first civilian job?
- Q: What percentage of veterans are not in their preferred career field by their sixth post-military job?

A:

%E.\:\A

A:

A: Decrease - by a third

A:

%5.0:A

A:

%9.2 :A

A:

%09~:A

A:

A: 22 weeks

A:

A: 1.56 years

A:

%09~:V



However...

- Veterans accrue significant skills during time in service that are highly valued by civilian employers
- When fully employed in optimal career fields, veterans tend to meet with success

Finding an initial position in your preferred career field will nearly double your career earnings, job duration, and rate of retention.¹

Source: 1 Maury et al., "Workforce Readiness Alignment," https://ivmf.syracuse.edu/wp-content/uploads/2016/08/USAA_paper3_8.30.16_REVISED_digital.pdf.

MISSION TRANSITION POST-MILITARY CAREER

Business Value of Veterans

Studies show that veterans demonstrate the following characteristics:

- Entrepreneurial
- Assume high levels of trust
- Adept at skill transfer across contexts/tasks
- Have advanced technical training
- Comfortable/adept in discontinuous environments
- High levels of resiliency
- Advanced team-building skills
- Strong organizational commitment
- Have had cross-cultural experiences
- Experience/skill in diverse work settings

...and they tend to be...

Promoted faster



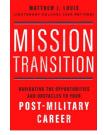
Perform better

Easier to manage

...than their non-veteran peers

Source: Institute for Veterans and Military Families, "The Business Case for Hiring a Veteran: Beyond the Clichés," *Institute for Veterans and Military Families*, March 5 2012, accessed October 30, 2017, https://ivmf.syracuse.edu/article/the-business-case-for-hiring-a-veteran-beyond-the-cliches/.

Demand & Supply of Workplace Skills



Most Important Skills Cited by Civilian Employers for Workplace Success

- Professionalism / Work Ethic
- Teamwork / Collaboration
- Oral and written communication
- Critical thinking / problem solving
- Ethics / social responsibility

Skills Strengthened or Enhanced by Military Service

- Work Ethic / Discipline
- Leadership & management skills
- Mental toughness
- Adaptation to different challenges
- Professionalism

Bottom Line: The skills most cited for workplace success in the civilian world are precisely those that our veterans possess by virtue of their military experience.

Sources:

- The Conference Board, Inc., the Partnership for 21st Century Skills, Corporate Voices for Working Families, and the Society for Human Resource Management, "Are They Really Ready to Work: Employer's Perspectives on the Basic Knowledge and Applied Skills of the New Entrants to the 21st Century U.S. Workforce." 2006, accessed January 2, 2017, http://www.p21.org/storage/documents/FINAL_REPORT_PDF09-29-06.pdf.
- C. Zoli, R. Maury, & D. Fay, "Missing Perspectives: Servicemembers' Transition from Service to Civilian Life Data-Driven Research to Enact the Promise of the Post-9/11 GI Bill," November 2015, Institute for Veterans & Military Families, Syracuse University, accessed October 30, 2017, https://ivmf.syracuse.edu/article/missing-perspectives-servicemembers-transition-from-service-to-civilian-life/.

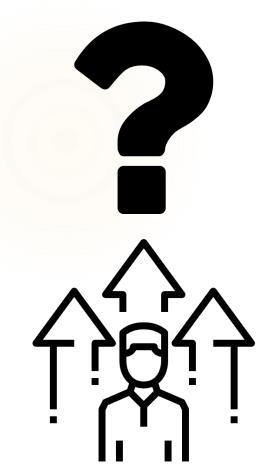
Mission Transition Helps Bridge the Divide by Offering Veterans a Clear Path Forward

The book holistically address this important question:

How can transitioning veterans realize their full potential by avoiding false starts and suboptimal career choices following active duty?

The goal of the book is:

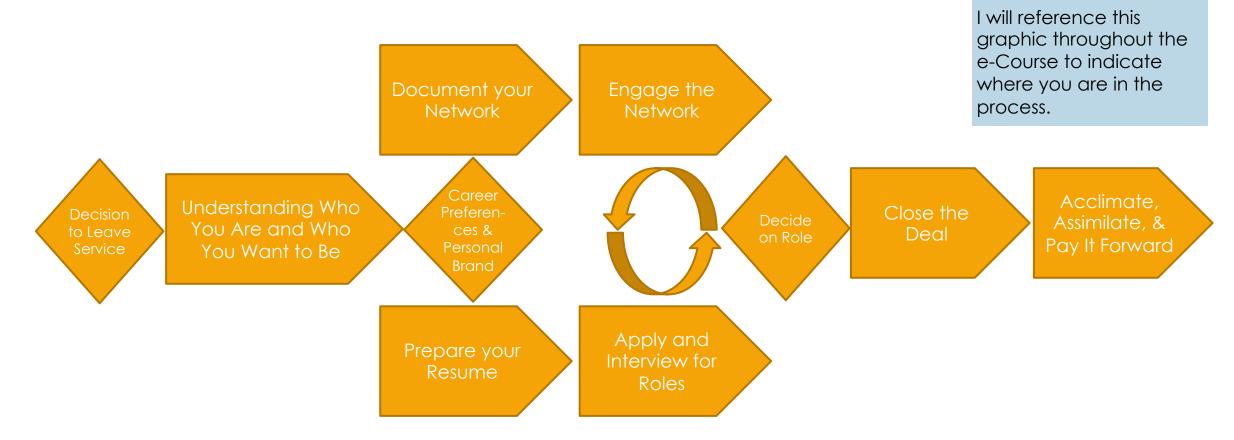
Full employment for all transitioning service members in their optimal career fields



MISSION TRANSITION AND SECRET OF STREET

Mission Transition

THE VETERAN TRANSITION PROCESS

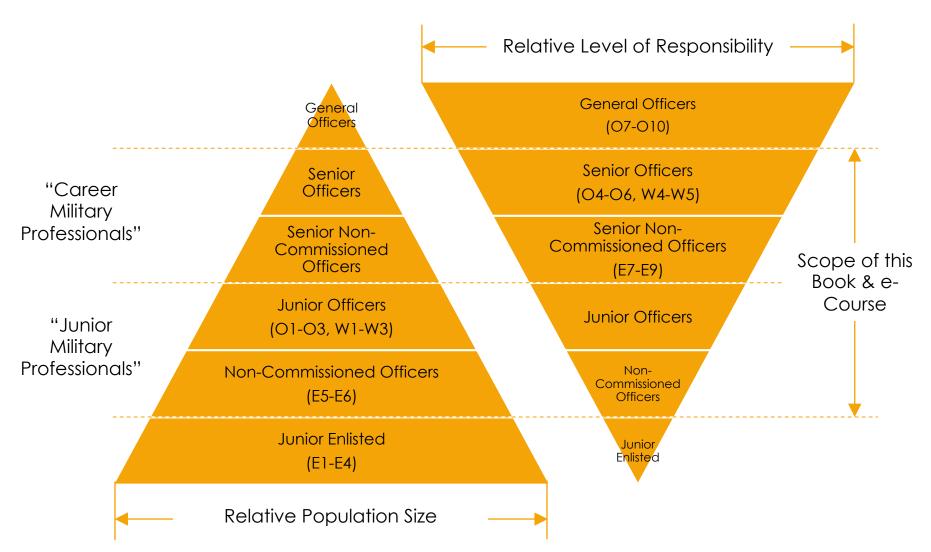


Both the book and this e-Course are organized on this basis.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

MISSION TRANSITION AND RESERVES TO SOME POST-MILITARY CAREER

Scope of Mission Transition



Junior Enlisted and General Officer populations will benefit from Mission Transition and this e-Course.

However, there tends to be a greater variability of issues these populations experience that are not sufficiently covered by either.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Transition Planning Calendar

Please use this calendar to populate your goals and completion dates in the Table of Contents.

Activity Complete TAP	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Month 9	Month 10	Month 11	Month 12	Month 13	Month 14	Month 15	Month 16	Month 17	Month 18	Month 19	Month 20	Month 21	Month 22	Month 23	Month 24
Identify your strengths Identify personality type and related careers Explore typical career options and skill requirements		*																						
Identify industry, geographic, role preferences Recognize lifestyle factors Define personal brand																								
Document and translate past performance Create tailored résumés Solicit feedback from friendly civilians in the know																								
Identify target employers and decision makers Define your network																								
Create stories to highlight your strengths, skills, and experience Research your targets and decision makers Engage the network: Conduct informational interviews, job shadowing, internships, career-skills program Execute social media strategy											*													
Practice interviews Assemble wardrobe Conduct interviews and follow-up																								
Understand your financial needs Research salary ranges Research support networks at the organization Negotiate opportunity and follow-up																								
Seek onboarding resources and support networks Adopt your new culture Refine your approach and style as needed Find new meaning in your work Pass on your lessons learned and contribute to the veterans network																							3	32

MISSION TRANSITION AND DESTRUCTION POST-MILITARY CAREER

Homework

- If you haven't already, secure a copy of Mission Transition
 - You can find one anywhere books are sold
- Access my website for additional resources:
 - www.matthewjlouis.com/Resources

MAT <u>THEW L</u> OUIS	MATT RESOURCES • BOOKS	BLOG CONTACT MEDIA
Mission Transition Lessons Learned	Veteran Employment Details by State	Wardrobe "Basic Load"
Mission Transition Additional Reading	Veteran Guard & Reserve Guidance	Financial Needs Exercises
Keys to Franchising Success	Apprenticeships & Rotational Programs	Budget Pro Forma Template
Returning to College	USAJOBS Resume Builder	Veterans Benefits Timetable
DoD Contractor Restrictions	Military to Civilian Thesaurus	Mission Transition Bibliography
Corporate Functions List	Sample Resumes, Letters & Notes	Prioritization Matrices
Contact List Template	Veteran Collaboratives	Transition Data

MISSION TRANSITION MANUAL PROPERTY OF THE PRO

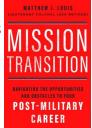
Words to the Wise

- Start early. Taking this recommended approach a year or more prior to your transition is preferable.
- Your personal strengths and skill sets acquired through time in Service are valuable. But no one will understand them – and take advantage of them and you – if you think and speak as you do today. Change is a requirement for almost everyone.
- Do what works for you not someone else (friends, spouses, etc.). You are unique. You have unique experiences and strengths that will translate into a career path that is best for you alone.
- Don't succumb to frustration. This is hard work and will take time and effort. Your future and your family's future is worth your every effort.
- Have an open mind. Give yourself the freedom to think in new ways. New thinking will be required; most hiring managers do not think like you do.
- ▶ The future is yours for the taking. If nothing is ventured, nothing is gained. Go get it!
- Confront the brutal facts. You are not entitled to a job, and no employer will simply give you one. Just as you earned everything you ever did in the military, the same will be true as you enter the civilian world.
- You are the next 'greatest generation' in waiting. You have much left to do in life. Service doesn't stop when you take off your uniform. The world needs you. The world awaits. Do not disappoint.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Mission Transition e-Course

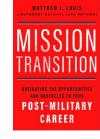
Additional Resources



Resource	Description
Lead Yourself First	To lead others, you must first lead yourself. To lead yourself,
Inspiring Leadership Through Solitude	you must first determine your goals – with enough clarity and
By Raymond M. Kethledge and Michael S. Erwin	conviction to hold fast to them. This requires purposeful
	thought and solitude. This book shows you how to get there.
On Grief and Grieving	Explains how the process of grieving helps us live with loss
Finding the Meaning of Grief Through the Five	
Stages of Loss	
By Elisabeth Kübler-Ross and David Kessler	
PsychArmor Institute	National nonprofit that provides free education to anyone
https://psycharmor.org/	who works with, lives with or cares for Veterans, service
	members and/or their families
Rites of Passage at \$100,000 to \$1Million+*	Bestseller on executive job-changing and career
Your Insider's Lifetime Guide to Executive Job-	management.
Changing and Faster Career Progress	
By John Lucht	

Notes

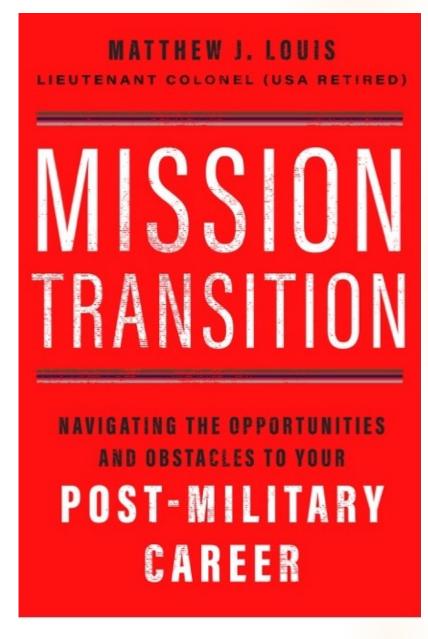
Use this page at the end of every chapter to capture your thoughts, your learnings, questions to research, or notes on your progress. I also welcome your feedback at matt@matthewjlouis.com



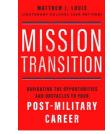


Chapter 2

PERSONAL STRENGTHS

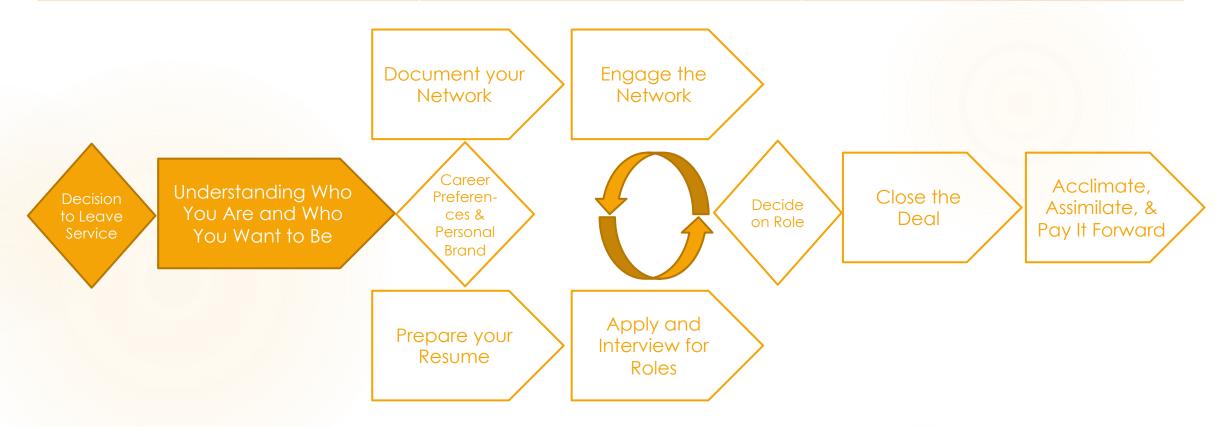


Chapter 2 Objectives & Scope

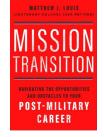


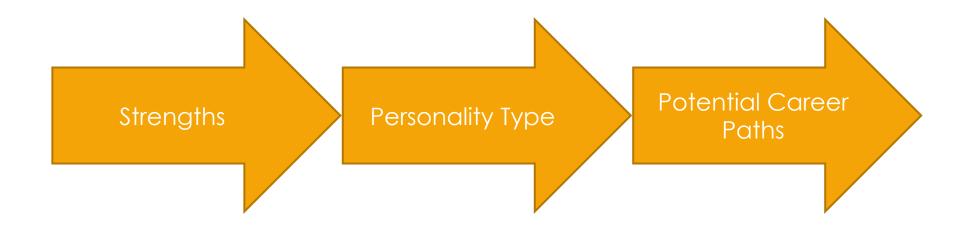
Content in this chapter parallels content in Chapter 1 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Identify Your Personal Strengths	Knowledge of personal passions	Ability to relate passions to skills and potential career path



Self-Discovery Sequence





Understanding who you are must come before consideration of what you might like to do. First who, then what. Three exercises follow for each step in the self-discovery sequence.

Strengths Exercise

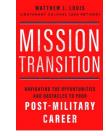




Instructions:

- Circle those items that you love to do
- 2. Add more at the bottom if there are others that you love
- Put a star by your top five strengths

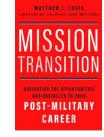
Source: Marcus Buckingham, Go Put Your Strengths to Work: 6 Powerful Steps to Achieve Outstanding Performance (New York, NY: Free Press, 2007), 85-109.



Strengths Exercise (cont.)

- For the five strengths that you have prioritized, write a strength statement that describes how you most enjoy that activity. For example:
 - I feel strong... planning
 - subject or topic of the activity... athletic teams
 - who the activity is with/to/for... for my community athletic association
 - objective of the activity... allow kids to experience team sports
- Result: I feel strong planning athletic teams for my community athletic association to allow kids to experience team sports.

Strengths Exercise (cont.)



	Statement 1:	
	Statement 2:	
•	Statement 3:	
•	Statement 4:	
•	Statement 5:	

Personality Tests – Take Two!



Test Name	Length	Output
CareerLeader	30-45 minutes to complete	15-page report emailed in a pdf format
Myers-Briggs Career Test	93 questions, takes 15-20 minutes	9-page report that find the 24 Most Popular Careers (and 10 Least Popular) for your Personality Type
Self-Directed Search®	20 minutes to complete	16-page report that portrays a cross-walk to the U.S. Department of Labor's Occupational Information Network (O*NET) career options and required education levels
iStartStrong™ Report	Varies, but similar to above	8-page report paints a clear picture of how one's interests link to various jobs, work settings, and career fields, and provides hyperlinks to related O*NET occupations

All cost varying \$ amounts

MISSION TRANSITION AND DESIGNATION POST-MILITARY CAREER

Homework

- Compose Strength Statements
- Take Two or More Personality Tests

Check out Mission Transition for...

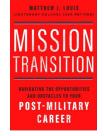
- Perspective from veterans like you that have already transitioned
- Detailed review of these topics
- Additional resources to support your transition

MISSION TRANSITION ABBREVIOLE DE OPPORTUNITE POST-MILITARY CAREER

Words to the Wise

- Do not jump at the first job opportunity you see. Focus on your longterm career success by identifying what is important to you and matching available jobs to those criteria.
- Time. Patience. Practice. It's a new world. It requires your adjustment. But don't expect too much of yourself too soon.

Additional Resources



Resource	Description
Hire Heroes USA	Organization that provides individualized career coaching
https://www.hireheroesusa.org/	and workshops for transitioning service members.
Do What You Are	Helps identify your personality type, occupations that are
Discover the Perfect Career for You Through the	popular with your type, and your work-related strengths and
Secrets of Personality Type	weaknesses. Also poses how to leverage those findings in an
By Paul D. Tieger & Barbara Barron	effective and efficient job search.
What Color Is Your Parachute?	World's top-selling career book. Covers all aspects of the
A Practical Manual for Job-Hunters and Career-	career exploration and job search process – everything from
Changers	how to find a career coach to salary negotiation.
By Richard N. Bolles	
Now, Discover Your Strengths	Enables use of the online StrengthsFinder® Profile and shows
By Marcus Buckingham & Donald O. Clifton,	how to leverage them for development
Ph.D.	
Go, Put Your Strengths To Work	WSJ bestseller that shows you how to hone your strengths for
By Marcus Buckingham	career success
StrengthsFinder 2.0	WSJ bestseller that provides an updated assessment and
By Tom Rath	related supporting materials
Designing Your Life: How to Build a Well- Lived, Joyful Life By Bill Burnett & David Evans	NYT Best-selling guide to finding your meaning and purpose in the world.

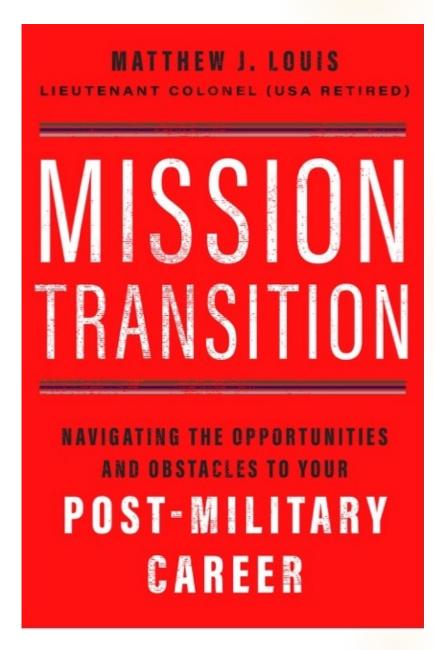
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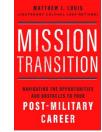


Chapter 3

PERSONALITY TEST REVIEW & POTENTIAL CAREER PATH



Chapter 3 Objectives & Scope

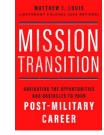


Content in this chapter parallels content in Chapter 2 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Confirm aspects of personality	Understanding	
Understand typical career alternatives	Understanding	Ability to relate your personality type to
Determine which career alternative might align with your personality type	Insight	potential career paths
Decision to Leave Service Understanding Who You Are and Who You Want to Be Pre	ument your Network Career Preferences & Personal Brand Apply and Interview for Roles	

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Personality Test Review



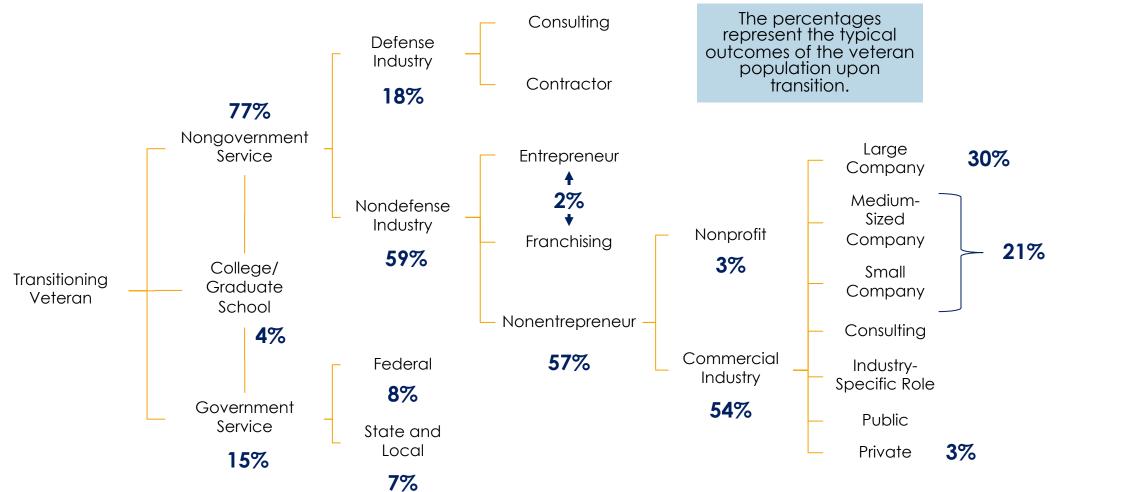
What was the outcome of your personality tests?

Test 1:			
Test 2:			
Test 3:			

What implications does this have for your optimal career field?

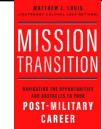
Typical Veteran Career Options





Source: "Transition Survey Results, 2017 Veteran Survey, Page 9," Military-Transition.org, accessed August 14, 2017, http://www.military-transition.org/dashboard.html.





Large Companies				Medium-Sized Companies				Small Companies	
Industi	ry Work	Cons	ulting	Industr	y Work	Consulting		Industry Work	
Public	Private	Public	Private	Public	Private	Public	Private	Public	Private
	Indust	Industry Work	Industry Work Cons	Industry Work Consulting	Industry Work Consulting Industry	Industry Work Consulting Industry Work	Industry Work Consulting Industry Work Cons	Industry Work Consulting Industry Work Consulting	Industry Work Consulting Industry Work Consulting Industry

Based on the outcomes of your personality tests, what portions of this matrix do you need to further investigate? Make a note for use in identifying your networking targets.

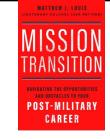
Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019). Mission Transition e-Course

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		Career Path Options								
Criteria	Ranking	Α	В	С	D					
Career Field Match	5	3	9	9	1					
Geographic Location	3	3	3	1	3					
Compensation	4	9	9	3	9					
Travel requirements	2	1	3	9	1					
Growth opportunity	5	3	9	1	3					
Benefits package	4	9	9	3	9					
Etc.										
	Outcome	113	177	95	103					



- Make a list of criteria, rating the criteria on a 1-5 scale (1-less important, 5-most important). We will update these in the next chapter.
- 2. List your options and score them using the following scale (1-not a good fit, 3-good fit, 9-best fit) with input from your family
- 3. The cross-multiplication will produce an emotionless direction for you. In theory, the highest scored option will best match the relative importance of your stated criteria.



Career Path Prioritization Matrix

See
matthewjlouis.com/prioriti
zation-matrices/ for a free
template to download

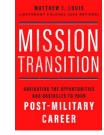
MISSION TRANSITION AND DESIGNATION POST-MILITARY CAREER

Homework

- Research Possible Career Paths
- Download the Career Path Prioritization Matrix
- Generate and rank criteria for prioritizing alternate career paths

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed investigation of typical career options
- Review of the Department of Labor's Competency Model
- Additional resources to support your transition



Words to the Wise

- Recognize that your career path preferences will change over time
- If you can't narrow your focus, you will need to identify a corporate culture that allows for some flexibility in roles over time. Consider corporate rotational programs.

Additional Resources

Additional Resources	TRANSITION
Resource	Description Post-military Career
My Next Move http://www.mynextmove.org/vets/	Comprehensive website sponsored by the US Department of Labor indianows you to search careers using key words and browse careers by industry. Includes a free assessment that suggests careers and a tool to help veterans find a civilian career similar to their military job.
Career One Stop https://www.careeronestop.org/	Website sponsored by the US Department of Labor that contains Industry Competency Models you can use to identify knowledge, skills, and abilities required to be successful in particular industries.
Call of Duty Endowment http://www.callofdutyendowment.org	Organization that identifies and funds the most efficient and effective organizations that get unemployed veterans back to work
Job Fair Finder http://www.employmentguide.com/job-fairs/browse	Website that publishes an aggregated schedule of job fairs around the country; also includes a variety of resources specifically for transitioning veterans.
Harvard Business Review (HBR) https://hbr.org/	HBR offers a wide variety of career planning articles, videos, podcasts, and other resources.
Occupational Outlook Handbook Bureau of Labor Statistics https://www.bls.gov/ooh/home.htm	The Occupational Outlook Handbook can help you find career information on duties, education and training, pay, and outlook for hundreds of occupations
What Color Is Your Parachute? A Practical Manual for Job-Hunters and Career-Changers By Richard N. Bolles	World's top-selling career book. Covers all aspects of the career exploration and job search process – everything from how to find a career coach to salary negotiation.
What Should I Do With My Life? The True Story of People Who Answered the Ultimate Question By Po Bronson	Tells the true stories of how people came to understand their life's calling and overcame fear and confusion to find a larger truth about their lives.
America's Top Military Careers Official Guide to Occupations in the Armed Forces By U.S. Department of Defense	Helps translate what you did in the military for civilian employers. Describes military careers for all Services.
Half Time*	Addresses how to find meaning and fulfillment in the second half of our lives.

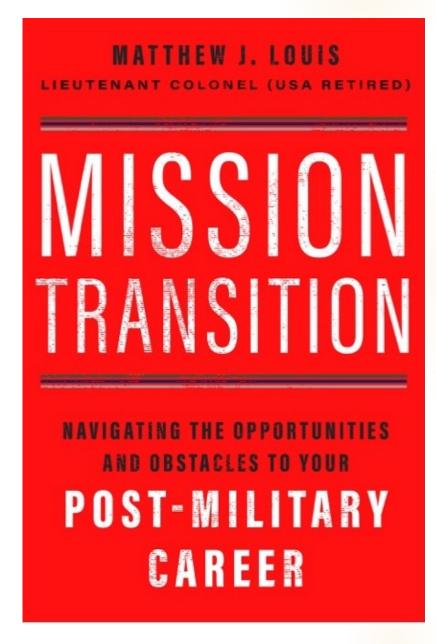
Changing Your Game Plan from Success to Significance

MISSION TRANSITION ***MENTING FOR OPPORTUNITY POST-MILITARY CAREER

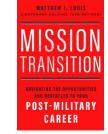
Notes



Chapter 4
CAREER PREFERENCES

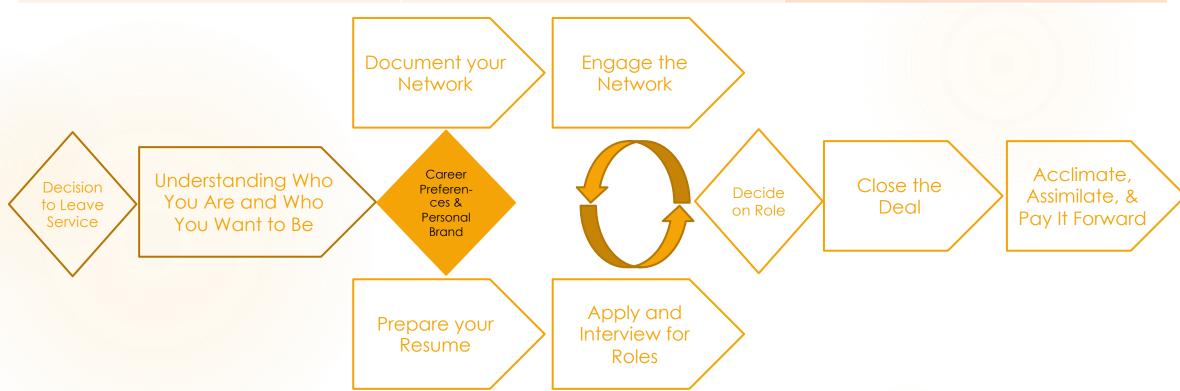


Chapter 4 Objectives & Scope



Content in this chapter parallels content in Chapter 3 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Identify and prioritize your career preferences	Insight	Narrow your career options based on
Refine your career priority matrix	Knowledge	personal preferences



MISSION TRANSITION AND OBSTACLES TO YOUR POST-MILITARY CAREER

Role Preferences

- Core Business Processes
 - Strategic management
 - Procurement, logistics, distribution
 - Operations
 - Product or service development
 - Marketing and sales
 - Customer or aftermarket service

- Support Business Processes
 - General management
 - Human resources management
 - Technology and process development

Research these. See the article in the footnote.

Based on your research and the outcome of your personality tests, what are your preferences?

Make a note:

Source: Sharon P. Brown, "Business Processes and Business Functions: a new way of looking at employment," *Monthly Labor Review*, December 2008, 55-56, accessed August 11, 2017, https://www.bls.gov/opub/mlr/2008/12/art3full.pdf.

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MATTHEW J. LOUIS POST-MILITARY CAREER

Industry Preferences

Industry Sector (per 2017 NAICS codes)		Large Companies				Medium-Sized Companies				Small Companies	
illustry sector (per 2017 NAICS codes)	Industr	y Work	Cons	sulting	Industry Work		Cons	Consulting		Industry Work	
	Public	Private	Public	Private	Public	Private	Public	Private	Public	Private	
Agriculture, Forestry, Fishing, and Hunting											
Mining, Quarrying, and Oil and Gas Extraction											
Utilities											
Construction											
Wholesale Trade											
Information											
Finance and Insurance											
Real Estate and Rental and Leasing											
Professional, Scientific, and Technical Services											
Management of Companies and Enterprises											
Administrative and Support and Waste Management and Remediation Services											
Educational Services											
Healthcare and Social Assistance											
Arts, Entertainment, and Recreation											
Accommodation and Food Services											
Other Services (except Public Administration)											
Public Administration											

Research these industries.

Based on your research and outcomes from previous exercises, update this matrix with your preferences.

Include these options in your Career Path Prioritization Framework.

Make a note on the rationale for your selections:

Source: US Census Bureau, "North American Industry Classification System," accessed October 31, 2017, http://www.census.gov/eos/www/naics/. 6

MISSION TRANSITION MARGINE THE OPPORTUNITIES AND DESTRECES TO FORM POST-MILITARY CAREER

Geographic Preferences

Geographic Consideration	Your Preferences & Impact on Career Decision
Industry clusters i.e., banking roles clustered in NYC, Charlotte, Chicago; energy roles clustered in Houston, etc. Does your industry preference limit your geographic options?	
Cost of living comparison Compare the cost of living in your target cities to each other	
Relationship status Are you married? Planning to be? Can/will your spouse move? What are their preferences?	
Neighbors and civil-military gap What's the culture of your target location? Do they welcome vets? What supportive infrastructure is in place?	
Largest employers in each state of interest Do existing employers and available roles align with your industry and career/role preferences?	
Best for Vets studies Google these. There are many. What do they tell you about possible locations and employers?	
Others?	

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

MISSION TRANSITION ***MENTING FOR OPPOSTORMINE** POST-MILITARY CAREER

Lifestyle Factors

Lifestyle Factor	Your Preferences & Impact on Career Decision
Job security How have prospective employers approached past economic downturns? Do they lay people off? Are they on Fortune's "Best Companies to Work For" list?	
Flexible work arrangements and hours (i.e., working from home) Is this a want or a need? What are the organization's post- COVID policies? What do employees say on Glassdoor.com?	
Competitive compensation and benefits What benefits are available to you? Which do you need?	
Business travel requirements What does the role require? Will your family be OK with this?	
Expectations and opportunities for professional growth What training exists? What opportunities exist for upward mobility or lateral transfers?	
Others?	

MATTHEW J. LOUIS
MISSION
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NAVIGATING THE OPPORTUNITIES AND OBSTACLES TO YOUR POST-MILITARY
CAREER

			h Options	Options	
Criteria	Ranking	Α	В	С	D
Career Field Match	5	3	9	9	1
Geographic Location	3	3	3	1	3
Compensation	4	9	9	3	9
Travel requirements	2	1	3	9	1
Growth opportunity	5	3	9	1	3
Benefits package	4	9	9	3	9
Etc.					
	Outcome	113	177	95	103

Refresh Your Career
Path Prioritization
Matrix Using These
Preference Inputs

Instructions:

- Make a list of criteria, rating the criteria on a 1-5 scale (1-less important, 5-most important)
- List your options and score them using the following scale (1not a good fit, 3-good fit, 9-best fit) with input from your family
- 3. The cross-multiplication will produce an emotionless direction for you. In theory, the highest scored option will best match the relative importance of your stated criteria.

See
matthewilouis.com/prioriti
zation-matrices/ for free
template to download

MISSION TRANSITION AMERICAN SOCIETY POST-MILITARY CAREER

Homework

- Identify/Update Your Career Preferences
- Populate the Prioritization Matrix

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Details on internships and rotational programs
- Detailed review of all career preferences, including core and support business processes
- Additional resources to support your transition

MISSION TRANSITION POST-MILITARY CAREER

Words to the Wise

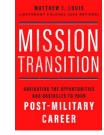
- Do not jump at the first job opportunity you see. Focus on your longterm career success by identifying what is important to you and matching available jobs to those criteria.
- Recognize that your career path preferences will change over time
- If you can't narrow your focus, you will need to identify a corporate culture that allows for some flexibility in roles over time. Consider corporate rotational programs.
- Time. Patience. Practice. It's a new world. It requires your adjustment. But don't expect too much of yourself too soon.

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Additional Resources

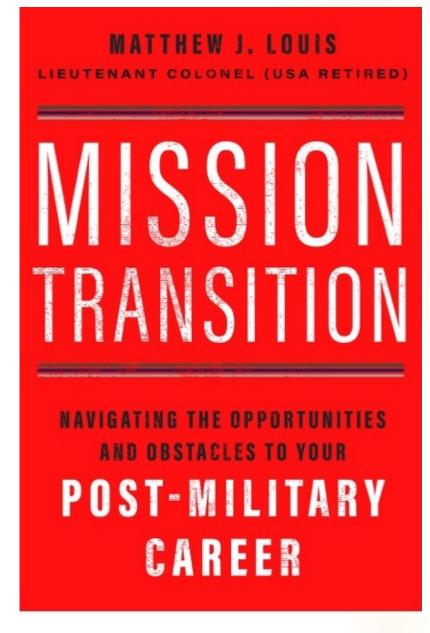
Resource	Description
Your Next Mission	An international personal branding and reputation
A Personal Branding Guide for the Military-	management specialist's take on veteran transition.
to-Civilian Transition	
By Lida Citroen	
Reinventing You	Step-by-step guide to help you assess your strengths,
Define Your Brand, Imagine Your Future	develop a personal brand, and ensure that others recognize
By Dorie Clark	the contribution you can make.
Me 2.0	Describes a 4-step process for discovering, creating,
Build a Powerful Brand to Achieve Career	communicating, and maintaining a personal brand
Success	
By Dan Schawbel	
Career Distinction	Describes a personal branding process that demonstrates
Stand Out by Building Your Brand	how to express who you are and the value you bring to your
By William Arruda and Kirsten Dixson	organization
Ditch, Dare, Do*	Guide for time-strapped executives to developing a
3D Personal Branding for Executives	branded reputation that attracts right-fit opportunities
By William Arruda and Deb Dib	

Notes

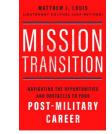


Chapter 5

PERSONAL BRAND

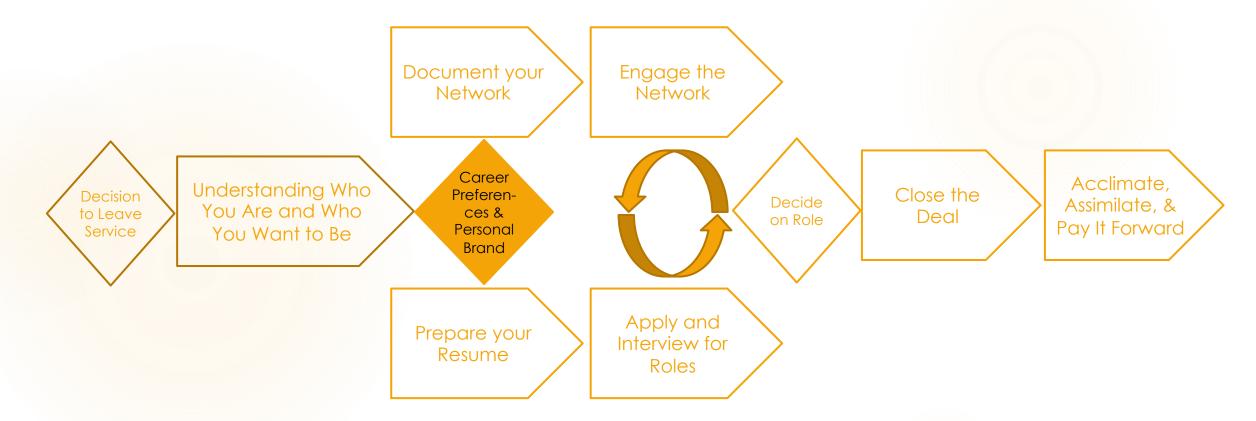


Chapter 5 Objectives & Scope

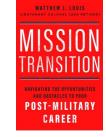


Content in this chapter parallels content in Chapter 3 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Define your personal brand	Insight	Confidently present your value proposition to an unknown audience

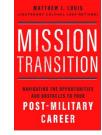


Personal Brand



- Outside-In dimension what you are known for; how the world sees you
- Inside-Out dimension what makes you unique
 - Leverage inside-out to influence outside-in
- Attributes of a personal brand
- Brand statement components
- Brand statement characteristics
- Practice. Practice. Practice.

Attributes of a Personal Brand



- Who you are
 - Strengths
 - Values
 - Skills
 - How you leverage those
- How you present yourself (visual)
 - Dress
 - Behavior
 - Body language
- How you communicate
 - Words you use (verbal)
 - How you use them (vocal)
 - Nonverbal cues (visual)

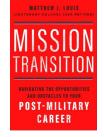
Communication Impact

- 55% visual aspects
- 38% vocal elements
- 7% verbal elements

How you appear to your audience is responsible for the majority of communication's impact

Source: Albert Mehrabian, Silent Messages (Belmont, CA: Wadsworth Publishing Company Inc., 1981), 76-77.

Brand Statements



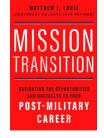
Components

- Your primary strengths or skills
- Your past or current job description
- A brief description of your future goals
- What makes you unique

Characteristics

- Concise: 30-60 seconds
- Clear: no acronyms or military terminology
- Powerful: strong verbs
- Unique: describes you and only you
- Authentic: honest, genuine
- Tailored: speaks to your audience

Sample Brand Statements



- "I am a transitioning naval officer with experience in managing logistics in multiple geographies and complex environments. I'm trying to leverage those strengths in a Fortune 100 construction or oil and gas organization in the Midwest. I feel my insatiable desire for continuous improvement would add significant value to any organization."
- "I'm a former army aviator with strengths in managing dozens of personnel in high-risk situations in many parts of the globe. I'm seeking a product development role in an aviation-related business in the eastern United States. My hands-on experience with most active aircraft in the service would enable me to assimilate quickly."
- "I'm a marine in the process of transitioning from the service. Although I worked in supply operations in the service, I have a strong passion for craft brewing. I've brewed a few dozen batches of my own and have even won some medals in a local contest. I'm seeking a role with a craft brewer on the West Coast. My passion for brewing and experience in supply would add a lot of value to a prospective employer."
- "I'm an air force technician with experience in cyber. I'd like to leverage this strength in a professional services organization serving clients with these same challenges. I have no geographic preferences, just a passion for using this skill set for which I was presented multiple awards by my superiors."

MISSION TRANSITION MANGEMENT THE OPPOSITION MANGEMENT THE OPPOSITION POST-MILITARY CAREER

Exercise

Answer the prompt, "So, tell me about yourself."

Answer:

MISSION TRANSITION POST-MILITARY CAREER

Homework

- Develop Your Personal Brand Statement
- Rehearse your personal brand statement with a civilian that works in your target industry (or, better yet, in your target organization).
 - Solicit their input and feedback
 - Refine your personal brand statement
 - Repeat

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

MISSION TRANSITION POST-MILITARY CAREER

Words to the Wise

- Your personal brand is a living thing. It will change over time. Keep it updated.
- ► Time. Patience. Practice. It's a new world. It requires your adjustment. But don't expect too much of yourself too soon.

Additional Resources

* For Career Military Professionals

Resource	Description
Your Next Mission A Personal Branding Guide for the Military-to-Civilian Transition By Lida Citroen	An international personal branding and reputation management specialist's take on veteran transition.
Reinventing You Define Your Brand, Imagine Your Future By Dorie Clark	Step-by-step guide to help you assess your strengths, develop a personal brand, and ensure that others recognize the contribution you can make.
Me 2.0 Build a Powerful Brand to Achieve Career Success By Dan Schawbel	Describes a 4-step process for discovering, creating, communicating, and maintaining a personal brand
Career Distinction Stand Out by Building Your Brand By William Arruda and Kirsten Dixson	Describes a personal branding process that demonstrates how to express who you are and the value you bring to your organization
Ditch, Dare, Do* 3D Personal Branding for Executives By William Arruda and Deb Dib	Guide for time-strapped executives to developing a branded reputation that attracts right-fit opportunities

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

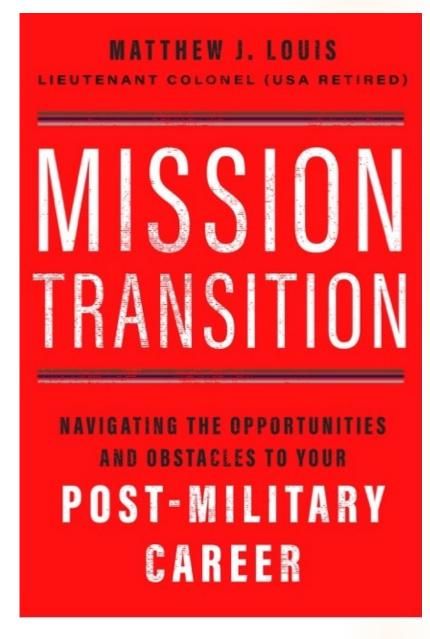
MISSION TRANSITION AND STREET OF THE PROPERTY CAREER

Notes



Chapter 6

FEDERAL RESUME BASICS



Chapter 6 Objectives & Scope

MATTHEW J. LOUIS

Content in this chapter parallels content in Chapter 4 of Mission Transition

Corner III IIIIs Chapter parallels cornem in Chapter 4 of Mission Harismon					
	Chapter Objectives	Results/Out	come Expected	Skills Developed	
	Understand the basics of building a resum for Federal government opportunities	understand	ing	Ability to build a resume for opportunities in Federal government	
	As applicable, build a resume for Federal opportunities	Application		Ability to create a resume for Federal opportunities that results in successful reviews	
<		Career Preferences & Personal Brand		Close the Deal Close the Deal Acclimate, Assimilate, & Pay It Forward	

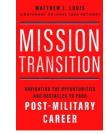
Prepare your Resume

Apply and Interview for Roles

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019). Mission Transition e-Course

80

Practical Resume Types

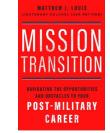


Employment Type	Resume Type	Entry-Level Roles	Mid-Level Roles	Senior-Level Roles
Civilian	Chronological			
	Functional			
	Combination			
Government	Outline			

Legend:

In Scope

We will concern ourselves only with the highlighted areas



Differences Between Civilian and Government Resumes

Government Resumes	Civilian Resumes
Specific names of bases, posts, locations	No specific names of bases, posts, locations
Detailed accomplishments noted	Accomplishments can be generalized
Detailed description of technical work	General description of work performed
Military terminology is used (but sparingly, avoid acronyms)	Military terminology is translated
Security clearance is listed	Security clearance is listed
Training is described, including location, number of hours, course titles, and certifications (if applicable)	Training and certifications may or may not be included (career path dependent)
Average length: 3-4 pages	Average length: 2 pages

Source: Based on Kathryn Troutman, Military to Federal Career Guide, 2nd Ed (Baltimore, MD: The Resume Place Inc., 2010), 22.

MISSION TRANSITION AMERICAN STREET

Needed Documents

- Your separation papers
- DD-214
- Current Leave and Earnings Statement (LES)
- Performance appraisals
 - Coast Guard: Performance Reviews
 - Navy: Fitness Reports (Officers) or Performance Evaluations (Enlisted)
 - Army: Evaluation Reports (Officer or Non-Commissioned Officer)
 - Marine Corps: Fitness Reports (E-5 & Above)
 - Air Force: Officer Performance Evaluation Report or Enlisted Performance Appraisal
- DD-2586: Verification of Military Experience and Training (VMET)
- Military Training Record
 - Coast Guard: Educational Assessment Worksheet (CGI 1560/04e)
 - Navy: Electronic Training Record
 - Marine Corps: Basic Training Record (BTR)
 - Army: Education & Training Section of the OMPF
 - Air Force: Training Business Area (TBA) or Air Force Training Record (AFTR)
- Training certifications and forms

Use this as a checklist as you collate your documents.

Source: Based on Kathryn Troutman, Military to Federal Career Guide, 2nd Ed (Baltimore, MD: The Resume Place Inc., 2010), 35.

MISSION TRANSITION POST-MILITARY CAREER

Needed Documents (continued)

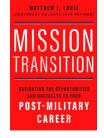
- Previous resumes or employment forms
- Award citations
- Letters of commendation and letters of appreciation
- Articles or letters concerning military activities
- List of publications
- List of speaking engagements
- Official orders
- Professional organization memberships or conference attendance materials
- College transcripts
- Military transcripts
 - Army: Army/American Council on Education Registry Transcript (AARTS)
 - Navy & Marine Corps: Sailor & Marine Transcript (SMART)
 - Air Force & Space Force: Community College of the Air Force Transcript
 - Coast Guard: Joint Services Transcript (JST)
- Course descriptions for courses taken relevant to your objective
- Specialized training (including joint or other training which may not be listed elsewhere)

you collate your documents.

Use this as a checklist as

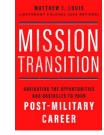
Source: Based on Kathryn Troutman, Military to Federal Career Guide, 2nd Ed (Baltimore, MD: The Resume Place Inc., 2010), 35.

USAJOBS.com Resume Builder



- Create or sign into your USAJOBS account.
- Follow the instructions at this link for building your resume: https://www.usajobs.gov/Help/how-to/account/documents/resume/build/
- Important details
 - For security reasons, your session will time out after a period of inactivity. You should Save periodically so that you do not lose any work.
 - To edit your USAJOBS resume-builder resume, click on your username at the top of the page and select Documents from the menu, then select the "Edit" link located below the resume. This will bring you to the first page of your resume.
- Tips for formatting resumes in USAJOBS resume builder
 - You can copy and paste text from Word documents into the resume builder. However, some formatting in these documents may not work in the USAJOBS resume builder. To correct formatting errors inside your resume, you must first save the original file in a .txt format.

Source: "How to Build a Resume," USAJOBS, US Office of Personnel Management, accessed September 7, 2022, https://www.usajobs.gov/Help/how-to/account/documents/resume/build/.



Federal Government Resume Outline Format

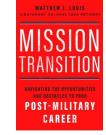
- Use ALL CAPS to highlight keywords and important skills for the job
- No formatting; no indentations or centering of text
- No bold, italics, bullets, underlines
- Flush left, ragged right (no justified copy)
- Small paragraphs (4-8 lines max)
- Use ALL CAPS to highlight headers
- Add accomplishments at the end of each job block
- Feature the last 10 years of Work Experience

Source: Kathryn Troutman, Military to Federal Career Guide, 2nd Ed (Baltimore, MD: The Resume Place Inc., 2010), 22.

MISSION TRANSITION MANUAL PROPERTY AMBERITARY CAREER

Federal Government Resume Content

Federal Resume Section	What to Include		
Contact Information	Name		
	 Address 		
	• Phone		
	Email address		
Work Experience	For each work experience, include:		
	 Start and end dates (the month and year) 		
	 The number of hours you worked per week 		
	 The level and amount of experience-for instance, whether you served as a project 		
	manager or a team member		
	 Examples of relevant experiences and accomplishments that prove you can perform the 		
	tasks at the level required for the job as stated in the job announcement		
	Also include any volunteer work and roles in community organizations that demonstrate your		
	ability to do the job.		
Education	For colleges from which you have earned a degree:		
	College name		
	City, State		
	Major		
	Month and Year degree was earned		
Professional Publications	, , , , , , , , , , , , , , , , , , ,		
	applying. For each, list the title and date of publication.		



Federal Government Resume Content (continued)

Federal Resume Section	What to Include		
References	For each personal or professional reference: Name		
	 Job Title Employer Phone number 		
	Email address		
Job-related training	For each course taken: Name of course Organization that trained you Year of course completion		
Language skills	For each language in which you claim fluency (novice, intermediate, or advanced levels): Level of spoken fluency Level of written fluency Level of writing fluency		
Organizations/affiliations	For each organization / affiliation: Organization / affiliation's name Role within the organization / affiliation		
Additional Information	List any job-related honors, awards, leadership activities, skills (such as professional licenses, certifications, or computer software proficiency), or any other information requested by a specific job announcement		

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

MISSION TRANSITION ABBREVIOLE DE OPPORTUNITE POST-MILITARY CAREER

How To Stand Out

- Quantify your accomplishments
- Customize your resume
- Address every required qualification
- Use keywords
- Organize your resume to make it easy to understand
 - Use reverse chronological order to list your experience. Start with your most recent experience first and work your way back 10 years.
 - Provide greater detail for experience that is relevant to the job for which you are applying
 - Show all experiences and accomplishments under the job in which you earned it
 - Use either bullet or paragraph format to describe your experiences and accomplishments
 - Make sure your accomplishments emphasize what you did how you personally enabled the accomplishment, and not simply what the team did
 - Use plain language. Avoid using acronyms and military terms that are not easily understood.
 - Use active voice. Structure your accomplishments in a format that stipulates the (SCAR) the Situation you faced, the Challenge that situation presented, the Action you took to address the challenge, and the quantifiable Result of those actions.

Source: "What should I include in my federal resume?" USAJOBS, US Office of Personnel Management, accessed September 7, 2022, https://www.usajobs.gov/Help/faq/application/documents/resume/what-to-include/.

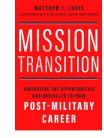
MISSION TRANSITION MAYOSTACES TO SOME POST-MILITARY CAREER

How To Stand Out (cont.)

- Be concise
- Make your resume searchable
 - Only one of your resumes can be made searchable at a time
 - Only certain formats are searchable including Word, text-based pdfs, text files and resumes created using the Resume Builder tool
 - Your resume will only remain searchable for 18 months unless it is renewed
- Review your resume before you apply

Source: "What should I include in my federal resume?" USAJOBS, US Office of Personnel Management, accessed September 7, 2022, https://www.usajobs.gov/Help/fag/application/documents/resume/what-to-include/.

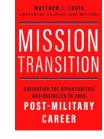
Items To <u>Not</u> Include



- Classified or government sensitive information
- Social Security Number (SSN)
- Photos of yourself
- Personal information, such as age, gender, religious affiliation, etc.
- Encrypted or digitally signed documents

Source: "What should I leave out of my resume?" USAJOBS, US Office of Personnel Management, accessed September 7, 2022, https://www.usajobs.gov/Help/fag/application/documents/resume/what-to-leave-out/.

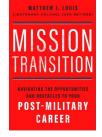
Upload Resume to USAJOBS



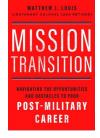
- Sign into your USAJOBS account
- 2. Click **Documents**
- 3. Click **Upload or build resume**
- 4. Choose **Upload resume**
- Browse the documents stored on your computer, select the resume you
 would like to upload, and select Open
- 6. Name your resume. The default name will match the file title from your computer. You have the option to edit the name of the resume.
- Click Complete Upload.

Source: "How to upload a resume," USAJOBS, US Office of Personnel Management, accessed September 7, 2022, https://www.usajobs.gov/Help/how-to/account/documents/resume/upload/.

Veterans Preference & Cover Letters



- Rule #1: Follow instructions of the vacancy announcement
- If allowed, submit any of the following: DD-214, SF-15, SF-50, OF-306, a transcript, or a cover letter
 - All documents must be less than 3MB
 - All documents must be in one of the following formats: GIF, JPG, JPEG, PNG, RTF, TXT, PDF or Word (DOC or DOCX).
- Cover letters contain three paragraphs
 - An opening: An energetic introduction of your background and how your strengths not only fit the role description but will further the organization's stated mission
 - A middle: A Word table that summarizes how your qualifications directly satisfy, if not exceed, the requirements for the role
 - A closing: A sentence or two that expresses your thanks for being considered and your anticipation for being contacted regarding next steps



- ► See free Resources on <u>www.matthewilouis.com</u> for templates / downloads
- Sample Government Resume for Mid-Level Opportunities

Jane Doe

6798 Lamp Drive Cincinnati, OH 45239 Home: 513-542-6040 Email: jdoe@gmail.com

U.S. Citizen: Yes Veteran's Preference: 5 points Federal Employee: No Highest Grade Level and Dates: N/A

VACANCY IDENTIFICATION NUMBER: 15-EMCBC-JO QLDE JOB TITLE AND GRADE: Cost Estimator, GS-1102-09/13

SUMMARY OF QUALIFICATIONS

A hardworking, meticulous, and knowledgeable cost estimator with both military and civilian experience Thrives in dynamic and demanding work environments. Utilizes outstanding valuation, risk analysis, and leadership skills to optimize organizational results.

COST ESTIMATION: Perform transactional due diligence life-cycle cost estimating. Develop valuation cost models in support of acquisition efforts. Perform independent life-cycle cost valuations in accordance with Financial Accounting Standards Board (FASB) 141. Perform independent comparative valuations of life-cycle remediation costs.

RISK ANALYSIS: Prepare complex environmental liability cost and schedule risk analyses, risk registers, and qualitative and quantitative risk analysis. Manage projects involving major federal environmental regulations in

LEADERSHIP: Advise corporate management on environmental project oversight. Manage remediation projects in accordance with applicable local, state, and federal regulations. Lead large teams in support of organizational goals.

WORK EXPERIENCE

Program Manger TRM 1123 Cornell Road Cincinnati, OH 45242

09/2006 – Present Hours/week: 50 Salary: \$28.00/hour Supervisor: George Small Telephone: 513-777-1234 OK to Contact: Contact me first

COST ESTIMATION: For the last three years, Ms. Doe has performed transactional due diligence life cycle cost estimating of known and potential environmental liabilities in development of valuation cost models for pre-bid acquisition support. From 2012 and 2014, Ms. Doe was an advisor to 25 completed Private Equity-backed transactions with an enterprise value greater than \$15 billion USD. Ms. Doe utilizes both her formal education and training in enigneering and science to prepare cost and schedule risk analyses, risk registers, and qualitative and quantitative risk analysis in support of corporate risk management. Her work has allowed for heightened visibility and internal controls in the preparation of JANE DOE PAGE 2

cost estimate proposals, including \$2+ million NSR bid packages for PG&E, Vermont Yankee, and other major public utility companies.

LIFE_CYCLE_COST_VALUATIONS: For a confidential client, Ms. Doe has performed annual independent life-cycle cost valuations of corporate environmental reserves since 2007 in accordance with the guidance provided in Financial Accounting Standards Board [FASB] 141 on fair market value estimation, as would be expected to be the view of a willing third party buyer on a free market exchange. Ms. Doe's reserve valuations of this privately-held portfolio of U.S. and international based manufacturing assets are documented in a report explaining her methodology of cost and schedule estimating and interpretation of results, which are subject to external third-party audits and have been approved on an annual basis:

RISK ANALYSIS: Ms. Doe serves in TRMs Exit Strategy®:Environmental Transactional Due Diligence Assessment & Liability Transfer Program, focusing on due diligence assessments and risk analysis for mergers, acquisitions, and divestitures. Ms. Doe performs complex environmental liability life cycle cost estimating, and quantitative risk analysis as part of the transactional advisory services practice. Ms. Doe also serves as strategic advisor to corporate management on environmental project oversight and actively manages on-going remediation projects in accordance with applicable local, state, and fortest environmental.

PROJECT MANAGEMENT: Ms. Doe was selected twice by the CEO for TRM's Excellence in Project Management training, an initiative to mitigate and manage risks, maximize performance and quality, develoo ponorunities for erowth, and enhance leadership skills.

COMPARATIVE VALUATIONS: For a confidential client, Ms. Doe performed an independent comparative valuation of life-cycle remediation costs to existing third-party estimates for a smelter facility in Texas under the authority of a Texas Council of Environmental Quality (TCEQ) remedial oversight. The comparative valuation identified deficiencies in the cost estimates prepared by others and underscored the need for broader cost risk analysis to better estimate the requisite contingency reserve needed to provide the desired amount of certainty about achieving the cost fails reserved.

ENVIRONMENTAL ASSESSMENTS: Ms. Doe has also served as a project manager for subsurface environmental assessment and remediation projects under the authority of voluntary action, state, and federal mandated cleanup programs. Routine project experience with major federal environmental regulations including RCRA, CERCLA, CAA, CWA, & EPCRA. Ms. Doe maintained a billable target ratio greater than 90% over five years while conducting the following functions and responsibilities:

- Develop proposals and cost estimates to support transactional due diligence assessments.
- Plan, coordinate, and execute subsurface assessments while providing direct oversight of field staff and contractors.
- Prepare and review quarterly budget spreadsheets and track and rectify variances.
- Lead project teams in the development of site conceptual models, while assisting in the data management, analyses, and visualization.
- Ms. Doe has been consistently rated in the top 10% of project managers by both management and peer review during semi-annual performance evaluations and annual bonus awards.

CASH FLOW ANALYSIS: Ms. Dee performed a life-cycle cost analysis and cash flow analysis to demonstrate project cost variations in concert with an insurance backing/recovey claim for a mile-long VOC-contaminated groundwater plume in Kanasa, Ms. Dee's full-scale cost model tied to insurance capisusset provisions was documented in a report with supporting applies that delivered clear and effective communication of the risks and responsibility of the liability that resulted in a win of a contract for remediation services with a SLOMM backlose. Ms. JANE DOE PAGE 3 Field Artillery Officer 05/1999 - 08/2006 Fort Sill, OK 73503 Salary: \$35,700/year Supervisor: LTC Joe Snuffy OK to Contact: Yes SUPERVISING: Supervised 30 soldiers in the execution of synchronized planning and delivery of all artillery fires across the brigade. Selected for assignment as a casualty assistance officer to an Operation Iraqi Freedom veteran's family to coordinate survivor benefit plans and serve as family spokesman. HUMAN RESOURCE MANAGEMENT: Human resources officer for a 593 soldier battalion. Primary oversight for administrative functions including compensation and benefits, legal actions, strength accounting, performance evaluations, and awards. Coordinated external public relations activities, social functions and arranged for media access and coverage. Supervised ten soldiers and the maintenance of logistical equipment valued at \$650,000. LEADERSHIP: Responsible for the mobilization, accountability, and maintenance of 14 wheeled and tracked vehicles and associated equipment valued in excess of \$9,000,000. Responsible for the training, morale, and welfare of 40 individuals and their families. Directly accountable for the planning, coordination, and execution of training in order to maintain combat readiness and proficiency TRAINING: Coordinated the battalion's 52 week training management cycle and served as liaison to higher headquarters. Published internal quarterly and annual training guidance documents, the battalion's weekly training schedule and long-range training calendar. EQUIPMENT MANAGEMENT: Principal adviser to the maneuver commander on all matters of fire support to include the synchronization of all fire support assets into the scheme of maneuver. Responsible for the training, development, and morale of an eight man fire support team. Accountable for the mobilization and maintenance of one vehicle and associated equipment valued at \$900,000. EDUCATION: United States Military Academy, West Point, NY Major field(s) of study: Type and year of degree(s) received Bachelor of Science, May 1999 No Joke High School, Philadelphia, PA 19525 Type and year of degree(s) received: Diploma, 1995 OTHER QUALIFICATIONS: Job Related Training Courses: Officer Advanced Leadership Course, US Army, 16 wks

Doe, J., Smith, K., "Environmental Liability Disclosures Should Not Turn Buyers Away," Deal Advisors Jeffries, H., Doe, J., et al, "The impact of tomadic events on a riverbed system," Environmental Doe, J.; Reynolds, D.; Jeffries, P.; and Washere, K. "Spatial and Temporal Variability of Riverbed Hydraulic Conductivity." Global Geological Society Annual Meeting, Salt Lake City, Utah, Abstracts Job Related Skills (e.g., other languages, computer software/hardware, tools, machinery, typing speed, etc.): Microsoft (MS) PowerPoint, Word, Excel, and Access Monte Carlo and decision tree analysis Decision-Making and Quantitative Risk Analysis using the Decision Tools Suite by Palisade, the developer of @Risk and Precision Tree software Job Related Honors, Awards, Special Accomplishments, and Additional Information: Army Commendation Medal Global War on Terrorism (GWOT) Service Medal National Defense Service Medal Letter of Appreciation for serving as casualty assistance officer Professional Affiliations Member National Ground Water Association

Ms. JANE DOE

Civic Affiliations/Memberships/Activities

President, St. George Athletic Association

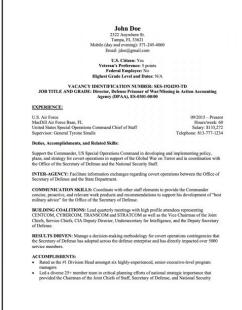
Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Nuclear, Biological, Chemical Course, US Army, 2 weeks

Officer Basic Leadership Course, US Army, 14 wks



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- Sample Government Resume for Senior-Level Opportunities



Council with ground-breaking, unprecedented, and revolutionary plans, approaches, and options to counter our nation's most dangerous and complex threats. Continuously assessed progress towards accomplishment of objectives, and provided insightful and
actionable recommendations to the Four-Star Commanding General, with an annual report to the MacDill Air Force Base, FL U.S. Special Operations Command Chief, Global Special Operations Synchronization Salary: \$122,832 Responsible for all special operations synchronization activities, including conducting multilateral exercises in cooperation with partner nations, combating transnational organized crime, providing SUPERVISION: Supervised approximately 200 employees, of which two-thirds were civilians, and a LEADING PEOPLE: Engaged daily with special operations country teams and the US embassies in OIF LEADING CHANGE: Developed and executed a strategic plan that drove special operations team success in the extremely complex joint, interagency, and combined arms operating environment of Iraq and Afghanistan. Personally selected by Admiral Henry Coteau to lead his top priority planning effort - "the most important plan in the history of USSOCOM [United States Special Operations Command]." Directed the planning, development, and staffing to approval of the nation's first-ever campaign plan ed and led, as the principal architect, the creation and successful implementation of an entirely numerical and rect, as the principal memoric, as extended and bedeets implementation of all clinic new U.S. special operations enterprise-wide (5°TK+ member) decision-making process (Global Special Operations Synchronization); which prioritize the world-wide application of thousands of special operations forces, better informed annual sourcing and budgeting decisions, and more effectively applied finite canabilities to accomplish national strategic objectives. The Joint Staff: Chief, Special Operations Plans Branch Pentagon, Virginia; National Military Command Center

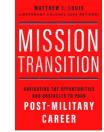
137 Deputy Directorate for Special Operations and Counter-terrorism

Supervisor: Brigadier General George Whodat (Retired) Duties, Accomplishments, and Related Skills: Responsible for advising the Principal Deputy Under-Secretary of Defense on all matters pertaining to the INTER-AGENCY: Coordinated the Principal Deputy Under-Secretary of Defense's meetings with other agencies such as the State Department, as it related to global employment of special operations personne

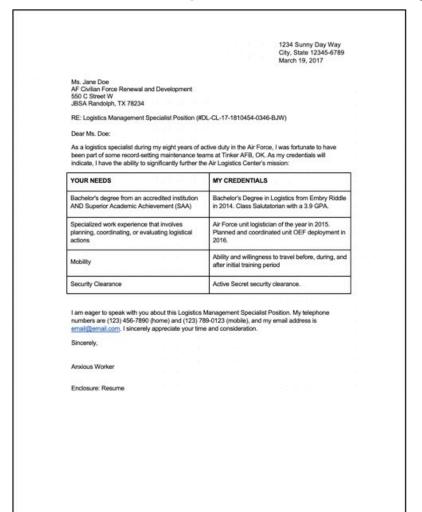
Mr. Josev Dos POW/MIA ISSUES: Coordinated successful multi-agency POW extraction operations in Iraq and BUILDING COALITIONS: Worked with leaders and staff in the National Security Administration to consistently provide responsive, forward-thinking, and insightful policy advice and support to the Secretary of Defense, and the Department of Defense, in alignment with national security objectives Developed, authored, and delivered a strategy to the National Security Advisor and the President of the United States pertaining to the politically sensitive employment of special operations forces, and Ambassador, the Chairman of the Joint Chiefs of Staff, and numerous senior Defense Executives, and guided them through considering strategic options regarding the global employment of special Pentagon, Virginia Flouris/Week: 60
Special Assistant to the Chairman of the Joint Chiefs of Staff; Chairman's Action Group Salary: \$69,199 Supervisor: Lieutenant General Dunsum Good (Retired) Provide independent assessments and counsel to the Chairman of the Joint Chiefs of Staff as he formulates his best military advice to the President of the United States, Secretary of Defense, Congress, RESULTS DRIVEN: personally supervised the planning process that resulted in multiple successful congressional testimonies provided by the Chairman. LEADING PEOPLE: Responsible for the training, morale, and welfare of 40 strategists and special ssistants on the Chairman's staff. Directly accountable for the planning, coordination, and execution of training in order to maintain their readiness and proficiency COMMUNICATION SKILLS: Authored major portions of multiple Department of Defense Posture Statements which is the military's annual report to Congress on requirements and strategy in support of the DoD's budget and acquisition plan. Rated as the "#1" of 5 specially-selected advisors to the most senior-ranking military officer in the Defense Department.
 Led the Chairman's personal Strategists and Special Assistants in preparing the Chairman for six consecutive testimony sessions involving four Congressional Committees and a closed bi-partisan · Authored a major portion of the Chairman's 2004 Posture Statement to Congress, resulting in

PAGE 4 Mr. JOHN DOE Pentagon, Virginia Joint Doctrine Planner, J7 Joint Education and Doctrine Division Orchestrated and directed the activities of a 24/7/365 complex command and air operations center Supervisor: Col Shirley Pike (Retired) team; which enabled the successful execution of large-scale air campaign, resulting in nearly 400 combat operations that effectively contributed to the destruction of enemy networks in Iraq. Duties, Accomplishments, and Related Skills: Handpicked over 40 peers as Air Force representative and technical advisor for the movie We Were Directly support the J7 mission to maintain and upgrade all joint education and doctrine for the Elected Chairman of the Board. Special Operations Command Athletic Center. Led the Board through a challenging financial situation to ensure long-term viability of the organization Published "An Important Article About Future Air Leader Development" in December 2010 edition of Air Force Magazine. COMMUNICATION SKILLS: Created, organized, and produced the division lead's regular memoranda to the organization, as well as to partnering organizations. Was awarded for excellence in SUPERVISOR QUOTES AND RATING TEAM COMMENTARY: "Colonel Doe is an outstanding officer and should be promoted immediately. He performed admirably in BUILDING COALITIONS: Coordinated on a regular basis with PACOM, CENTOM, TRANSCOM, the National Guard Bureau, and other combatant commands on any and all items related to joint complex role that involved inter-agency negotiations and POW/MA issues. I would want him on my team every time I have to lead people, build coalitions, and drive results." GEORGE WHODAT, Brigadier General, U.S. Air Force, Retired RESULTS DRIVEN: Coordinated proposed positions and resolved contentious issues amonest 30+ Department of Defense organizations, agencies, and staff directorates, resulting in the revision of the capstone doctrine for the Defense Department that introduced "irregular warfare" into joint doctrine. Defense Superior Service Medal · Air Force Commendation Medal (3) Rated as the best action officer out of 14 and the "go to' guy for all the hard jobs." · Air Force Achievement Medal (4) Joint Staff Badge OSD Staff Badge Negotiation and Conflict Resolution MILITARY EXPERIENCE: U.S. Air Force, 05/1991 to Present Rank: Colonel (O-6) Master of Science, May 2007 Texas A&M, College Station, TX Mechanical Engineering Bachelor of Science, June 1991 3.9/4.0: Summa Cum Laude Job Related Training: 2011 Air War College, 24 with 2005 Air Force Command and General Staff College, 20 with Officer Advanced Leadership Course, US Air Force, 16 wks.

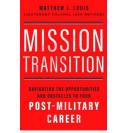
Officer Basic Leadership Course, US Air Force, 14 wks. Additional Information:
Ton Source / Sensitive Compartmented Information (TS/SCCI) Clearance High-performance and results-driven executive with 25+ years of proven leadership, planning, operations and management experience in elite, global, and diverse organizations. Excels at building and facilitating successful teams with diverse skill sets. Deep experience with the following skill sets: Leadership and Teambuilding, Coaching and Training, Operations Management , Strategic Planning, Program Management, Critical Thinking, Problem Solving, and Executive-level Communications



- ▶ See free Resources on <u>www.matthewjlouis.com</u> for templates / downloads
- Sample Cover Letter



Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).



- See free Resources on www.matthewjlouis.com for templates / downloads
- Sample Thank-you Note

October 26, 2022

Ms. Shirley Jones Vice President Big Commercial Company

Dear Ms. Jones,

Thank you for your time today in interviewing me for the role of Team Lead. Your description of the opportunity and the Big Commercial Company organization confirmed my research to date and furthered my interest in and passion for what you do in your industry. I was particularly excited to learn of your plans to expand on the West Coast, as I have a number of contacts there that could prove to be beneficial.

I am confident that my years of experience leading teams in the military have prepared me well for excelling in such a Team Lead role. I believe my natural leadership approach would resonate well with team members and produce the kinds of positive, incremental results you seek. I would welcome the opportunity, and I am certain you would be pleased with the outcome.

Thanks again for your time today. I look forward to hearing from you soon!

Sincerely

Veteran N. Transition 777-555-3333 (cell phone)

MISSION TRANSITION POST-MILITARY CAREER

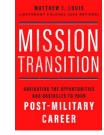
Homework

- Create a USAJOBS Profile
- Collect information needed to compose your resume
- Construct your USAJOBS resume (or upload an offline version of your resume to USAJOBS)
 - Review your draft with a knowledgeable worker at your target agency
 - Incorporate their feedback and inputs

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Tips on the detailed construction of Federal resumes
- Additional guidance for career military professionals
- Additional resources to support your transition

Words to the Wise



- Do
 - Get an outside perspective someone familiar with the Federal government who can help you with your resume. There are many sources for this:
 - Former peers that have left the military and now work for the Federal government
 - Alumni organizations
 - College placement offices
 - Non-profit veteran collaboratives
 - Tailor your resume to the specific needs of the hiring agency
- Don't
 - Don't get frustrated with yourself. This is not easy, but it can and must be done.
 - Do not be satisfied with the first version of your resume. Be open to the feedback that will help you get this right.
 - Don't get confused. Every person whose help you seek may have a slightly different opinion on the optimal way to approach this. Some of this guidance may seem conflicting. They all mean well, but you will have to decide which pieces of advice are most applicable to your situation.





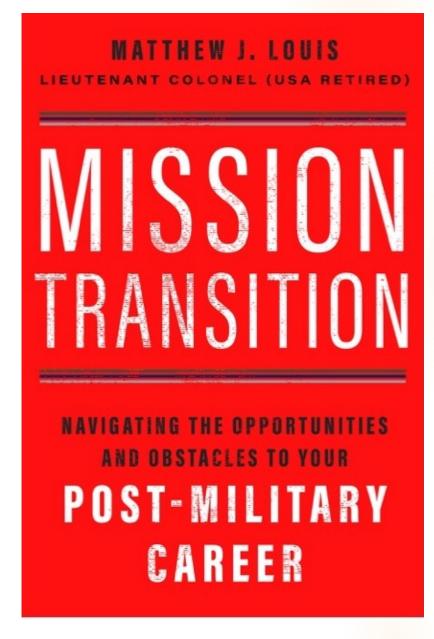
Resource	Description
Get It Done: Write a Cover Letter	Short, easy-to-digest guide to writing targeted cover
By Jeremy Schifeling	letters
Military to Civilian Resumes and Letters	Helps you relate to a prospective employer what
How to Best Communicate Your Strengths to Employers	you've done, what you can do, and what you will do
By Carl S. Savino and Ronald L. Krannich	for them. Contains examples for many different
	occupations.
Roadmap to Job-Winning Military to Civilian Resumes	Professional resume writers' guide to both federal and
How to Write Military to Federal, Defense Contractor and	civilian resumes. Examples are stratified for entry-level,
Corporate Resumes Proven to Earn Job Interviews	mid-level, and senior-level roles. Comes with a CD-
By Barbara A. Adams and Lee Kelley	ROM with over 100 electronic samples.
Military to Federal Career Guide	Certified Federal Job Search Trainer's guide to
Federal Resume Writing for Veterans	translating your military experience into a federal
By Kathryn Troutman	resume and navigating the federal hiring process.
Best KeyWords for Resumes, Cover Letters, and Interviews	Specific words and phrases you can use to best
Powerful Communication Tools for Success	indicate your skills and qualifications that hiring
By Wendy S. Enelow	managers will understand. Organized by major
	industries and professions.
O*Net	Interactive application for exploring and searching a
https://www.onetonline.org/	database of occupational information on hundreds of
	occupations. Visit Career Exploration Tools.

MISSION TRANSITION AND DESIGNATION POST-MILITARY CAREER

Notes



Chapter 7
CIVILIAN RESUME BASICS

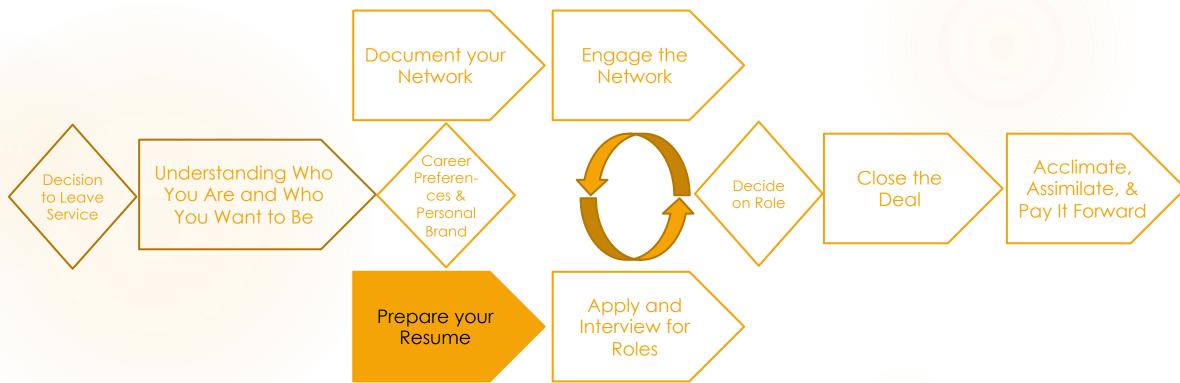


Chapter 7 Objectives & Scope

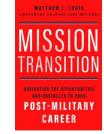


Content in this chapter parallels content in Chapter 4 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand the basics of building a resume for civilian opportunities	Understanding	Ability to build a resume for opportunities in civilian industry
As applicable, build a resume for civilian opportunities	Application	Ability to create a resume for civilian opportunities that results in successful reviews



Practical Resume Types



Employment Type	Resume Type	Entry-Level Roles	Mid-Level Roles	Senior-Level Roles
Civilian	Chronological			
	Functional			
	Combination			
Government	Outline			

Legend:

In Scope

We will concern ourselves only with the highlighted areas

MISSION TRANSITION WATER THE OPPOSITE THE OPPOSIT

Five Minute MBA

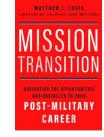
For a commercial (for-profit) enterprise to exist as a business, it needs to have two things:

- 1. a product or a service of value
- 2. a paying customer

Income Statement	Goal	Sample Company Goals
Revenue = Price X Volume	Increase ↑	↑ 10% per year
- Direct Costs (Labor, Material, etc.)	Decrease ↓	
= Contribution Margin	Increase ↑	
- Indirect Costs (Travel, Overhead, etc.)	Decrease ↓	
= Operating Margin	Increase ↑	↑ 12% per year
- Taxes	Decrease ↓	
= Net Income (Profit)	Increase 1	↑ 10% per year

- Most commercial organizations are judged by their ability to produce a positive and gradually increasing Net Income (Profit)
- To succeed, organizations must either increase revenue (by either increasing volume and/or price) and/or decrease costs (including taxes) in any legal way possible
- To the extent that you can help an organization do either of those, you are a valuable asset to that organization
- And so, the content of your resume must speak to the strengths that might enable an
 organization to do either of those

10 Characteristics of Veterans



- Are entrepreneurial
- Assume high levels of trust
- Are adept at skills transfer across contexts/tasks
- Have and leverage advanced technical training
- Are comfortable/adept in discontinuous environments
- Exhibit high levels of resiliency
- Exhibit advanced team-building skills
- Exhibit strong organizational commitment
- Have and leverage cross-cultural experiences
- Have experience/skill in diverse workplace settings

These are transferable skills!

Source: Institute for Veterans and Military Families, "The Business Case for Hiring a Veteran: Beyond the Clichés," Institute for Veterans and Military Families, March 5 2012, accessed October 30, 2017, https://ivmf.syracuse.edu/article/the-business-case-for-hiring-a-veteran-beyond-the-cliches/.

Mission Transition e-Course

MISSION TRANSITION ABBREVIOLE DE OPPORTUNITE POST-MILITARY CAREER

Resume Construction

- No longer than two pages (yes even for retiring Colonels or Navy Captains)
- Use no smaller than font size 10. If you expect the resume to be subject to scanning software, use no smaller than font size 11.
- Font size should only vary between various indentation levels of the document and even then, only by one degradation. Within a given indentation level, use the same font size and type throughout. Throughout the entire document, limit total indentation levels (and corresponding font size changes) to no more than three.
- Unless you are applying for a role in the arts, maintain a consistent font type throughout the document. Most professional writers would recommend at least one of the following:
 - Arial
 - Calibri
 - Garamond
 - ► Times New Roman
 - Verdana
- Unless you are applying for a role in the arts, please use one font color black throughout the document.
 - One exception is hyperlinks
- For hard copy versions, use professional resume paper not standard white copy paper.
 - Any local stationery or office products store would offer several options
 - Use neutral colors (almond, ivory, light gray, or light blue) and between 25% and 100% cotton or linen.

MISSION TRANSITION MANUALINE DE OPPARTURITE POST-MILITARY CAREER

Chronological Format

- Widely used and applies to all levels of civilian opportunities
- Work Experience portion of the resume lists employers and dates first, and responsibilities and accomplishments second
- Content
 - Your contact information, which should be at the top of the first page
 - A short statement that either states your objective (which should align with the potential employer's opportunity) or summarizes your strengths and translatable skill sets in an abbreviated fashion. This should be just below your contact information.
 - Your work experience in reverse-chronological order, highlighting specific strengths or translatable skills that are relevant to the position to which you are applying. Place this before education on the page. As an experienced hire, you will want to highlight your more recent accomplishments first – which in most instances will be your experience, not education.
 - Your education in reverse-chronological order, which tends to place the highest degree received at the top of the list. Place your education level after your experience.
 - Your security clearance level, assuming it is active. For roles that will require it, you should include it near the top of your first page, perhaps in your summary. For roles where it may not be required, I would place it towards the bottom of the resume

Sample Resumes & Cover Letters

MISSION
TRANSITION

MAYGENING THE OPPORTUNITIES
AND OBSTRUCES TO YOUR
POST-MILITARY
CAREER

- See <u>www.matthewilouis.com</u> for templates / downloads
- Sample Chronological Resume for Mid-Level Opportunities

First M. Name

Cell: (222) 999-3333 • Work: (555) 444-8888 • E-Mail: name@gmail.com

EXPERIENCE: Engineer, US Army - Five years in positions of increasing leadership responsibility

Executive Liaison Cincinnati, Ohio

Personal assistant and legislative aide to the CEO of the Great Lakes and Ohio River Division, U.S. Army Corps of Engineers. Division is responsible for all inland navigation and construction along the navigable waters and military installations in 17 states, serving over 58 million people in total. Personal tasks include scheduling, organizing, and facilitating internal/external communications with key political stakeholders throughout the region.

 Designed and executed Regional Leaders Conference for five regional Vice Presidents and principal staff to orient the new key regional leadership to our mission while emphasizing the use of vertical integration strategy during the project planning process.

Assistant Manager Fort Hood, Texas/Loghar, Afghanistan

August 2014-May 2016 ganizations leading the

Chief of operations, supply, maintenance and accountability of two separate 100+ member organizations leading the logistics management program for movement to Afghanistan and organizing key supply and logistical operations in support of 600+ employees at different locations in Eastern Afghanistan

- Established and streamlined the program management schedule for the divestiture of \$57 million of equipment to include 74 vehicles one month ahead of schedule, saving the Army money and resources by downsizing a major regional hub by 30%
- Hand selected by CEO to invigorate the organization's strategic planning for supply chain operations
- Planned and resourced nine logistical transport operations to move maintenance parts to five different locations in order to distribute supplies valued in excess of \$3 million to increase operational capabilities by 50%
- The only assistant manager to execute the divestiture of 928 pieces of equipment and the redistribution 101 employees
 to other assignments in order to dissolve the organization and facilitate the downsizing of the nation's Army Engineer
 organizations by 8%. This operation was complete six months ahead of schedule marking the first successful
 dissolution of an Engineer organization in over two decades.
- One of three employees in a 600+ member organization to receive the Steel DeFlugty, Medal from the CEO, a
 prestigious accolade awarded to the most outstanding soldiers and civilians within the Army Engineer profession
- Rated by CEO as best of 10 peers in the organization and recommended for promotion ahead of her peers

Team Leader Kandahar, Afghanistan/Fort Hood, Texas

August 2013-August 2014

Leader of a 31 member team with the responsibility to keep four major supply routes free of obstacles by using highly technical engineer equipment in innovative ways. Responsible with a secondary goal to keep designated field areas free of obstacles in preparation for future construction of small regional husb in Afghanistics.

- Maintained \$17 million of equipment to conduct operations, accounting for 25% of the manager's budget
- Executed 40 missions clearing over 2200 kilometers of roads to maintain an unobstructed supply chain for 33% of operations in Afebanistan
- Hand selected to organize and lead the team orientation training to integrate 400+ new employees and 25 key leaders

Athletic Intern West Point, New York

May 2012-January 2013 of the West Point Volleyball

Responsible for the operations, travel, recruiting, and training of 20 students as members of the West Point Volleyball Team Division I program

Acquired and managed the first system for real-time statistical metric tracking to reorganize the Coach's scouting
process by integrating maps of directional hitting to quantitatively predict the opponent's strategy

EDUCATION:

June 2008-May 2012
B.S., Civil Engineering, GPA: 3.59
United States Military Academy, West Point, New York

M.A., Public Policy, GPA: 3.8 Indiana University, Bloomington, Indiana

June 2015-Present

ADDITIONAL INFORMATION: Four-time Scholar-Athlete (Division 1 NCAA Volleyball), Recipient of the Econometries Excellence Award (2010), Eight-time Dean's List member at West Point, Russian Semester Abroad, Internship with Columbia Management Group and Congressional Budget Office

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Sample Resumes & Cover Letters

- ► See <u>www.matthewjlouis.com</u> for templates / downloads
- Sample Chronological Resume for Senior-Level Opportunities



Reston, Virginia + (571) 222-3333 + firstmlast@hotmail.com

CAREER SUMMARY

Strategic planner and executive leader with cyberspace expertise; extensive experience in developing strategic plans and operations procedures for both start-up and established enterprises. Proven history of managing cross-functional teams to solve complex problems and find innovative solutions. Key contributor with exceptional presenting, written, verbal, and interpersonal skills. Current TS/SCI security clearance.

PROFESSIONAL EXPERIENCE - United States Army

DIRECTOR, CYBER MISSION FORCE READINESS, Office of the Principal Cyber Advisor, Office of the Secretary of Defense (Pentagon, Washington, D.C.) (2015 – present)

- Successfully collaborated across nearly 30 disparate organizations to resolve cyberspace manning, training, and readiness issues within the Department of Defense
- Personally supervised a ground-breaking Cyberspace Manpower Assessment, and was hand-selected to solve strategic integration issues for a \$300M Cyberspace Training Program
- Recognized by the Deputy Principal Cyber Advisor as "the best staff officer I have ever worked with" in over 34 years of service

DIRECTOR, AIR-SEA BATTLE DIVISION, Department of the Army (Pentagon, Washington, D.C.) (2014-2015)

- Collaborated extensively with Navy, Air Force, and Marine Corps representatives to integrate relevant ideas, including cyberspace operations, into the successful development of a new joint warfighting concept
- Wrote a cutting-edge article that diagnosed systemic obstacles to the incorporation of cyberspace into
 military operational planning, and recommended business process improvements, which has changed the
 way that Army cyberspace officers are trained: <u>Hyperlink to.article.</u>

DIRECTOR, TRAINING, READINESS, AND EXERCISES / CYBER MISSION FORCE (CMF) LEAD, U.S. Army Cyber Command (Fort Belvoir, VA) (2013 – 2014)

- Supervised 16 employees that provided training, readiness, and exercise programs supporting 21,000 geographically dispersed employees, including the Army's only major cyberspace exercise program
- Hand-selected by the CEO to manage the rapid multi-year build of the Army's 41 Cyber Mission Force teams, effectively collaborating across the organization and with multiple higher and subordinate organizations.
 Resulted in the fielding of the Army's first-ever operational cyberspace forces ahead of schedule.
- · Ranked #1 of 20 staff officer peers in the organization

DIRECTOR, PLANS AND POLICY DIVISION, U.S. Army Cyber Command (Fort Belvoir, VA) (2011 - 2013)

- Hired and managed a start-up team of 17 employees that provided the Army's first cyberspace-focused
 operational planning and policy capability, producing innovative cyberspace plans and policies
- Hand-selected by the CEO to lead an organization-wide analysis under severe time constraints to respond to
 a new Department of Defense-wide force structure proposal. Briefed analysis and recommendations to
 senior leaders on schedule, enabling the organization to respond and be added into the new structure.
- · Ranked #1 of 21 peers in the organization

First M. Last

Page 2

OPERATIONAL PLANNER, U.S. Pacific Command (Camp Smith, HI) (2007-2011)

- Key contributor in developing a major strategy for a high-level cross-functional organization; successfully led
 the development of the organization's supporting strategic deployment plans for over 600,000 personnel
- Recognized for leading staff to create a "playbook" that outlined decisions and procedures to transition a senior cross-functional organization to wartime operations, significantly increasing organizational readiness
- Received special recognition for developing a major U.S. evacuation plan under significant time constraints in the aftermath of the March 2011 tsunami off the coast of Sendai, Japan
- Led a multi-discipline planning team to rewrite a critical U.S. Forces-Iraq contingency plan for over 50,000
 U.S. service members in Iraq

DIRECTOR, ARMY STRATEGIC DEPLOYMENTS, Eighth U.S. Army (Republic of Korea) (2004 - 2007)

- Directed a team of eight employees that developed strategic deployment plans to support the execution of U.S. exercises and strategic plans in Korea, effectively incorporating multiple changes resulting from organizational moves, Army restructuring initiatives, and major deployments to the Middle East
- Established business processes that synchronized collaboration and communication between operational
 planners and force deployment analysts; operations were recognized as best in class
- · Ranked #1 of 26 peers in the organization

ASSISTANT PROFESSOR, Department of Social Sciences, U.S. Military Academy (West Point, NY) (2000-2003)

- Planned and taught three courses (International Relations, International Security Strategy, and The Strategy and Politics of Cyberwarfare) to over 300 cadets, effectively preparing them to be future Army officers
- Supervised a team of four peers and 12 cadets to successfully plan and execute the largest undergraduate foreign affairs conference in the U.S., with 450 participants, multiple events, and over 30 guest speakers
- Authored an article that is still used as a major recruiting tool for the USMA Department of Social Sciences, continuously posted online since 2002: <u>Hyperlink to article</u>.

Numerous successive junior military officer leadership roles, U.S. Army (Korea and Ft. Bragg, NC) (1992-1998)

- Trained and led a 39 member organization on deployments to Panama, Saudi Arabia, and Kuwait. Selected by CEO over 24 peers to lead a second team with a specialized mission in the organization.
- Trained and led a 26 member organization and served as principal advisor to the CEO on the employment of the team. Rated by CEO as the top leader out of 23 in the organization.

EDUCATION

University of North Carolina - Chapel Hill, NC; M.A., Political Science/National Security Studies, 2000.

U.S. Army: Joint Services School, Norfolk, VA, 2007 (Commandant's Writing Award); General Staff College, Fort Leavenworth, KS, 2003-2004 (Finalist, Grierson Award for Excellence in Strategic Studies); Advanced Leadership Course, Fort Huachuca, AZ, 1996 (Commandant's List); Basic Leadership Course, Fort Huachuca, AZ, 1991 (Valedicrorian).

University of Texas - Austin, TX; B.S., International Relations/International Strategic History, 1991 (Graduated in top 5% of class).

MISSION
TRANSITION

MANUSTREE THE OPPORTUNITIES
POST-MILITARY
CAREER

Source: Matthew J.
Louis, Mission
Transition: Navigating
the Opportunities and
Obstacles to Your PostMilitary Career.
Nashville, TN:
HarperCollins
Leadership, (2019).

MISSION TRANSITION AND DESCRIPTION POST-MILITARY CAREER

Functional Format

- Recommended only for Senior Level civilian opportunities, where the proven performance of specific, executive-level skill sets becomes more critical than the specifics of who you worked for and when
- Work Experience portion of the resume lists skills and accomplishments first, and employers and dates second
- Content
 - Your contact information, which should be at the top of the first page
 - A short objective statement (which should align with the potential employer's opportunity). This should be just below your contact information.
 - Your primary professional strengths related to the prospective employer's opportunity, supported by detailed descriptions of duties, responsibilities, and accomplishments that highlight those chosen strengths
 - Work or employment history, in reverse-chronological order
 - Education and training, in reverse-chronological order
 - Your security clearance, assuming it is active

Sample Resumes & Cover Letters

POST-MILITARY CAREER

- See <u>www.matthewilouis.com</u> for templates / downloads
- Sample Functional Resume

First L. Name

7777 Mockingbird Lane • City, State 22222 Home: 777-222-8888 • Cell: 777-444-5555 first.l.name@gmail.com

PROFILE

A proven, customer oriented, effective leader with substantial executive experience in operations and project management for high-tempo organizations. Extensive experience in positions of significantly increasing responsibility and performance accomplished amidst extraordinary circumstances. Superior writing and analytic research skills. Possesses a top secret (TS/SCI) security clearance.

PROFESSIONAL EXPERTISE

o Strategic Problem Solving

- · Planned, organized, and converted over forty organizations to new skill sets and capabilities;
- retrained and enhanced staff effectiveness, knowledge management, and decision-making speed. · Provided oversight and subject-matter expertise support for all administrative and training
- services to over 220 clients with approximately 76,000 employees
- · Led and drove comprehensive change at a major training establishment; introduced new methods, adapted existing practices and processes, developed numerous new training venues despite heavy
- · Developed and supervised complex physical security plans and operations for highly sensitive property, stockpiles, and stores in multiple locations.
- . In numerous positions, developed, organized, and supervised all aspects of leader and staff development - individuals, teams, and subsidiary companies.

Change Management and Process Improvement

- · Designed and supervised the closure of an overseas community (including families) and its reestablishment eight hundred miles away in a different host nation; maintained organizational integrity and business momentum throughout.
- · Led and managed the functional transition and permanent physical relocation of two companies of 650 and 725 persons respectively.
- · Planned and led the complete reorganization of a large (100,000 employees) multinational security training organization.
- · Organized a new office to coordinate and synchronize the internal and external communication efforts for the US Army. Combined functions, removed redundancies, and improved efficiency
- · Established and supervised construction of multiple multinational housing facilities in difficult and challenging locations; responsible for all administration, operations and logistics services.

- · Directed all aspects of planning, training, managing, resourcing, budgeting, administration, and community relations for two medium-sized institutions providing highly specialized capabilities.
- · In numerous positions, coached, counseled, and mentored numerous employees, including managers and staff directors: created personalized development plans, coordinated individual projects, conducted annual performance reviews.
- · Extensive experience with improvised multinational teams of varying sizes and qualifications; coached and mentored extensively to overcome deficiencies and achieve competence.
- · Provided positive leadership environment and sustained strong commitments to core competencies, organizational values, and teamwork.
- · Established a long-term training, housing and administrative facility to support over one thousand residents in less than 60 days without the need for supplemental resources.

o Organizational Effectiveness

- · Managed concept development, technical changes, and initial organizational transformation of all US Army field artillery cannon battalions (over 100 units of 500 persons each).
- · Converted an organization specifically designed to accomplish one set of tasks to one that could handle multiple missions simultaneously. Expanded roles and responsibilities, broadened training curricula, provided quality control during execution, and evaluated and assessed results.
- · Prepared and administered annual corporate budgets valued up to \$20M; established priorities, managed expenditures, maintained accountability, and applied efficiencies to accomplish tasks.
- · Identified requirements, obtained resources, and supervised upgrade of critical systems, including data and voice communication networks, for a variety of different clients,
- · Served as US Government Contracting Officer's Representative; executed oversight of multiple contracts in varied circumstances; held vendors accountable, validated product delivery and task accomplishment, and acted to correct discrepancies.

o Client Management and Satisfaction

- · Emphasized outstanding customer service as the paramount obligation, especially under the most difficult and challenging circumstances.
- · Maintained consistently high recruiting and employee retention rates; routinely exceeded annual objectives, even in less than favorable conditions
- · Designed, coordinated, negotiated, and administered a multi-year, focused-effort government support contract worth \$70M.
- · Excelled as a senior executive in a large, multinational organization, where customer service imperatives built alliances, fostered cohesiveness, and promoted a strongly positive image.
- · Consistently balanced competing demands of stakeholder priorities, finite resources, and maximum customer satisfaction to achieve multiple project successes.

WORK HISTORY

Chief, Influence Operations, United Kingdom	(2011 to 2012)
Chief of Staff/Chief Operations, Afghanistan	(2010 to 2011)
Chief, Influence Operations, Germany	(2007 to 2010)
Director, Operations, Afghanistan	(2006 to 2007)
Brigade Commander, Maryland and New Jersey	(2004 to 2006)
Director, Plans, Products and Strategy, Washington, DC	(2003 to 2004)
Other Relevant Experience	(1980 to 2003)

Multiple leadership and operational positions in operations, logistics, training, administration, budget planning and execution, communications, and capability developments, including extensive experience throughout Europe, the Far East, and southern Asia. Recognized multiple times for outstanding performance

National Security Fellowship California State University The Citadel

Kennedy School of Government, Harvard University US Army School of Advanced Military Studies Master of Military Arts and Science - National Security US Army Command and General Staff College Master of Military Arts and Science - Strategy Master of Arts - Humanities Bachelor of Arts - History

Résumé of First L. Name, page 2 of 2

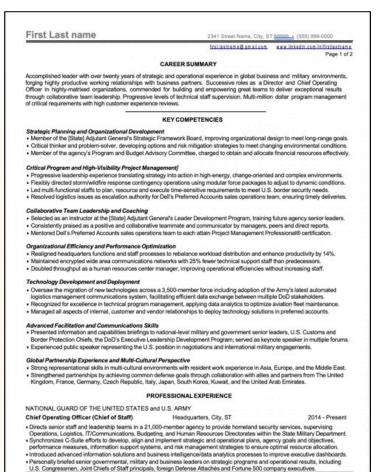
Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: **HarperCollins** Leadership, (2019).

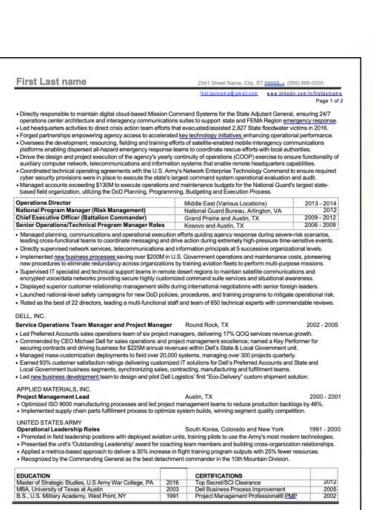
Combination Format

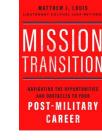
- Provides for more equal balance between employee and date data and duties and responsibilities data
- Recommended for Senior Level civilian opportunities
- Content
 - Your contact information, which should be at the top of the first page
 - A short objective statement (which should align with the potential employer's opportunity). This should be just below your contact information.
 - Your primary professional strengths related to the prospective employer's opportunity, supported by detailed descriptions of duties, responsibilities, and accomplishments that highlight those chosen strengths.
 - Work or employment history, in reverse-chronological format. This will usually follow the strengths section, but unlike the functional format will provide additional detail on accomplishments in each of the roles noted.
 - Education and training, in reverse-chronological format
 - Your security clearance, assuming it is active

Sample Resumes & Cover Letters

- See <u>www.matthewjlouis.com</u> for templates / downloads
- Sample Combination Resume







Leadership, (2019).

Mission Transition e-Course

Source: Matthew J.

Transition: Navigating

the Opportunities and

Obstacles to Your Post-

Louis, Mission

Military Career.

Nashville, TN:

HarperCollins

Sample Resumes & Cover Letters

- See <u>www.matthewilouis.com</u> for templates / downloads
- Alternative Combination Resume for Senior-Level Roles

Dr. John B. Goode

2135 Holiday Road, Edgewood, MD 21015 • 410-999-3333_

John.B.Goode@email.com

Dr. John Goode is a highly experienced and accomplished health care leader with a consistent record of strategic and operational success. He is exceptionally skilled in developing trust and achieving internal and external alignment across

Professional
Photo in
Executive
Civilian
Attire

organizations and exceed performance expectations. He admittly guides C-suite executives and subject matter experts with diverse backgrounds to find consensus and mitigate conflict. He is familiar with Affordable Care Act requirements, goals and ongoing legal challenges and is experienced in Pay for Performance (P4P). Value Based Purchasing and capitation business models. Dr. Goode is adept at strategic planning, shaping, messaging, resource allocation, subordinate development, mentorship and clinical operations.

Most recently, Dr. Goode personally analyzed force protection data, eye injury rates, costs, benefits, military readiness and doctrine to ensure ongoing funding of the \$16M combat eye protection program. He marshaled experts from 12 federal organizations to prioritize force protection and human visual performance research through 2021.

Dr. Goode currently leads a team of civilian and military health care professionals from the Army, Navy and Air Force – each with a unique Service culture – as a Division Chief in the Army Public Health Center in Maryland. He represents Army interests on national and international ophthalmic standards committees, advises the optometry consultant to the Army Surgeon General and provides subject matter expertise to further the interests of the United States and its allies. His current work focuses on healthcare policy, population health, injury prevention and human performance.

As a Carl R. <u>Darnall</u> Army Medical Center clinic chief, Dr. Goode operated five clinics in the Army's Iargest Medical Department Activity at Fort Hood. He focused on the patient experience and achieved 100% patient satisfaction rates in less than eight months with more than 40,000 annual patient encounters. Despite severe staff shortages, he maintained that perfect patient satisfaction rating while achieving three times the established productivity goals for his service under a capitation model. He ran the most profitable and efficient service and published two annual reports that drove the Army's Optometry Strategic Plan.

As the Associate Director/Director of Professional Services at the \$1.08 multinational Army & Air Force Exchange Service, Dr. Goode provided strategy and quality oversight for health services at 155 locations worldwide. He doubled health care revenue from \$25M to more than \$50M through evidence-based growth plans, innovative partnerships, contract negotiation and first-to-market technology such as online spectacle frame ordering.

Dr. Goode earned a Bachelor of Science degree in Engineering Physics from Vanderbilt University in Nashville in 1991. He earned his Doctor of Optometry degree from Johns Hopkins in 2001 and his Master of Business Administration degree during a concurrent residency program at Southern Methodist University in 2006. Dr. Goode was the Army Medical Command's White House fellowship nominee in 2010, and in 2011 he founded the not-for-profit Federal Optometric Society. In 2015, the Army chose Dr. Goode as one of 47 experts to prepare lessons learned between 2001 and 2015 which resulted in publication of "An Important Article About Combat Eye Protection" in the Army Medical Department Journal in June 2016. He authored content in the 2016 Health of the Force document and co-wrote the Vision Conservation chapter for the soon-to-be-published Textbook of Military Medicine. He maintains a Secret security clearance and an extensive network of civilian and federally-employed peers inside and outside the health care industry.

Dr. John B. Goode

2135 Holiday Road, Edgewood, MD 21015 • 410-999-3333_ John.B.Goode@email.com

EXECUTIVE HIGHLIGHTS

2013-present

2011-2013

Tri-Service Division Chief, Army Public Health Center, Aberdeen Proving Ground, MD

- · Influences national and international health policy and ophthalmic standards
- · Established future research priorities on ballistic eye protection and human visual performance
- Personally analyzed force protection data, eye injury rates, cost-benefit, military readiness and doctrine to
 ensure ongoing funding for the combat eye protection program

Optometry Service Chief, Carl R. Darnall Army Medical Center, Fort Hood, TX

- Responsible for ~\$4.2M optometry service with over 40,000 annual patient encounters in five clinics
- Achieved 100% patient satisfaction only eight months into the position
- Generated three times the Medical Command productivity goals despite staff shortages under a capitation model
- · Wrote two annual reports that drove the Army-wide Optometry Strategic Plan

Director/Associate Dir., Professional Services, Army & Air Force Exchange Service, Dallas, TX 2006-2011

- . Provided strategy and quality oversight for 155 locations (optometry and dental) and 330 personnel
- Evaluated contract proposals, negotiated and enforced terms and chaired source selection committees
- Drafted a convenience care proposal which prompted the Army to create community-based (medical home) clinics
- Doubled international healthcare operation revenue from \$25M to more than \$50M
- · Impetus behind online spectacle ordering services through new technology development with FramesDirect.com

Adjunct Faculty/Resident, Southern Methodist University College of Optometry

- · Supervised doctoral students in ophthalmic imaging, surgery, glaucoma, disease and acute-care clinics
- Provided patient care and emergency department coverage at the Hastings Indian Medical Center

Clinic Chief, Supreme Headquarters Allied Powers Europe Healthcare Facility, Belgium 2001-200

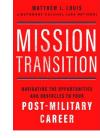
- Increased productivity by 1,000 additional patient encounters per year using new equipment and processes
- · Achieved the highest patient satisfaction ratings among five international departments and a dozen clinics
- . Engaged the 12,000-person international community through radio, television and print media PSAs

DUCATION

- Vanderbilt, Nashville, Bachelor of Science, Engineering Physics, 1991
- Johns Hopkins School of Optometry, Baltimore, Doctor of Optometry, 2001
- . Southern Methodist University, Cox School of Business, Dallas, Master of Business Administration, 2006

OTHER

- "An Important Article About Combat Eye Protection", Army Medical Department Journal, 2016, Hyperlink to
 Article
- Inter-Agency Institute for Federal Health Care Executives, 2014
- Practice Management in Socialized Healthcare, Federal Optometric Society presentation, Seattle, 2013
- Healthcare Fraud Red Flags, Federal Optometric Society presentation, Seattle, 2011
- Junior Military Officer, 1991-1997: Experimental Force Chief of Staff (Fort Hood, TX), Human Resources and Supply Officer (Fort Knox, KY), Chief of Staff, Team Leader (Schweinfurt, Germany)

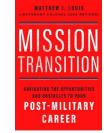


Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

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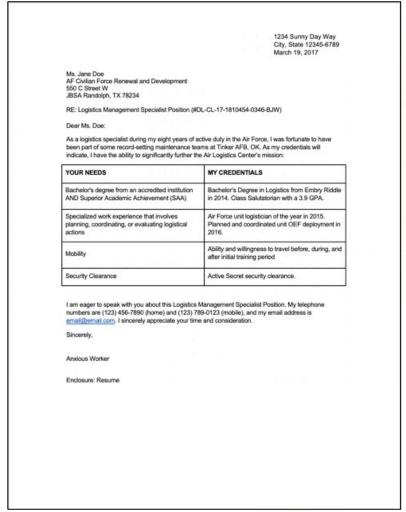
Resume Content

- Spell out numbers less than two-digits
 - ▶ For example, use 'one' or 'four', not '1' or '4'
 - Conversely, use '12' or '155', not 'twelve' or 'one hundred fifty five' unless those are the first words of a sentence
- Do not use personal pronouns in your resume
- Only use a period at the end of a bullet if there are two or more sentences contained in the bullet. If a bullet contains only one sentence, do not use a period.
- It is OK to use M or B as abbreviations for Millions or Billions.
 - For example, 50M personnel or \$1.2B
- Do NOT include in your resume
 - Statements such as 'references available upon request'
 - Your salary history or salary expectations
 - Any information that could potentially lead to bias on behalf of the reader: political affiliation, religious beliefs, medical data, your race, or even your picture



Sample Resumes & Cover Letters

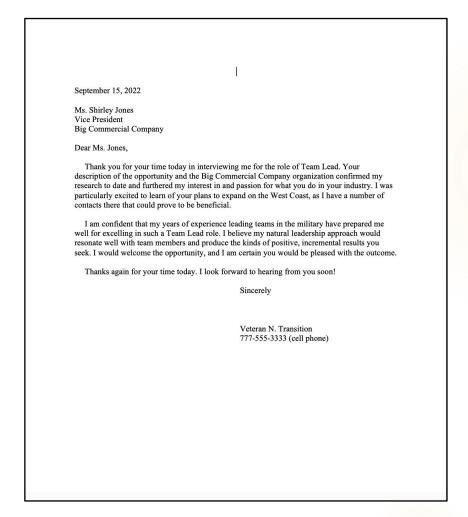
- See <u>www.matthewilouis.com</u> for templates / downloads
- Sample Cover Letter
- ▶ If noted as being optional, write one!





Sample Resumes & Cover Letters

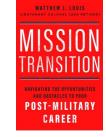
- See <u>www.matthewjlouis.com</u> for templates / downloads
- Sample Thank-you Note
- They are always welcome
- When in doubt, write one!



MISSION
TRANSITION

AND DESTACLES TO YERR
POST-MILITARY
CAREER

Resume Type Quiz



- Q: How many pages should your civilian resume be?
- Q: If you assume your resume will be scanned, what font size should you use?
- Q: What resume type is widely used and applies to all levels of civilian opportunities?
- Q: What resume type is recommended only for Senior Level civilian opportunities?
- Q: What resume type provides more equal balance between employee and date data and duties and responsibilities data?
- Q: Should I draft a cover letter if my application states that a cover letter is optional?
- Q: When in doubt, should I write a thank you note?

A:

S nort enor oN :A

A:

[I nort relloms oN :A

A:

A: Chronological

A:

A: Functional

A:

A: Combination

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Homework

MISSION
TRANSITION

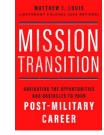
POST-MILITARY
CAREER

- Identify the Income Statement areas that your strengths may impact
- Identify the resume type most applicable to you
- Collect the information needed to populate your resume

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Approaches for using recruiting firms
- Details on veteran collaboratives and how they can help
- Tips on the detailed construction of civilian resumes
- Sample resumes, letters, and notes
- Additional guidance for career military professionals
- Additional information you may want to include in your resume
- An alternate resume method for career military professionals
- Additional resources to support resume construction

Words to the Wise



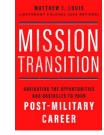
- Do
 - ► Translate your military skills
 - ▶ To get this right, you will need an outside perspective someone in the civilian world who can help you with your translation. There are many sources for this:
 - Former peers that have left the military and are now at work in the civilian world
 - ► Alumni organizations
 - College placement offices
 - Non-profit veteran collaboratives
 - Tailor your resume to the specific needs of the hiring organization
 - Consider an executive bio in addition to, or place of, a resume
- Don't
 - Don't get frustrated with yourself. This is not easy, but it can and must be done.
 - Do not be satisfied with the first version of your resume. It will not be civilian-ready. Be open to the feedback that will help you get this right.
 - Don't get confused. Every person whose help you seek may have a slightly different opinion on the optimal way to approach this. Some of this guidance may seem conflicting. They all mean well, but you will have to decide which pieces of advice are most applicable to your situation.





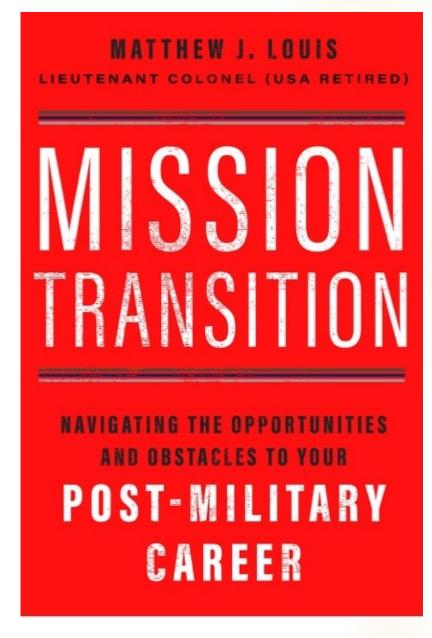
Resource	Description
Get It Done: Write a Cover Letter	Short, easy-to-digest guide to writing targeted cover
By Jeremy Schifeling	letters
Military to Civilian Resumes and Letters	Helps you relate to a prospective employer what
How to Best Communicate Your Strengths to Employers	you've done, what you can do, and what you will do
By Carl S. Savino and Ronald L. Krannich	for them. Contains examples for many different
	occupations.
Roadmap to Job-Winning Military to Civilian Resumes	Professional resume writers' guide to both federal
How to Write Military to Federal, Defense Contractor and	and civilian resumes. Examples are stratified for entry-
Corporate Resumes Proven to Earn Job Interviews	level, mid-level, and senior-level roles. Comes with a
By Barbara A. Adams and Lee Kelley	CD-ROM with over 100 electronic samples.
Best KeyWords for Resumes, Cover Letters, and Interviews	Specific words and phrases you can use to best
Powerful Communication Tools for Success	indicate your skills and qualifications that hiring
By Wendy S. Enelow	managers will understand. Organized by major
	industries and professions.
Purepost	Features a free Passport profile that translates your
https://www.purepost.co	military experience into an Ivy League graduate-
	level resume.
O*Net	Interactive application for exploring and searching a
https://www.onetonline.org/	database of occupational information on hundreds
	of occupations. Visit Career Exploration Tools.

Notes

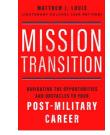




Chapter 8
SKILLS TRANSLATION

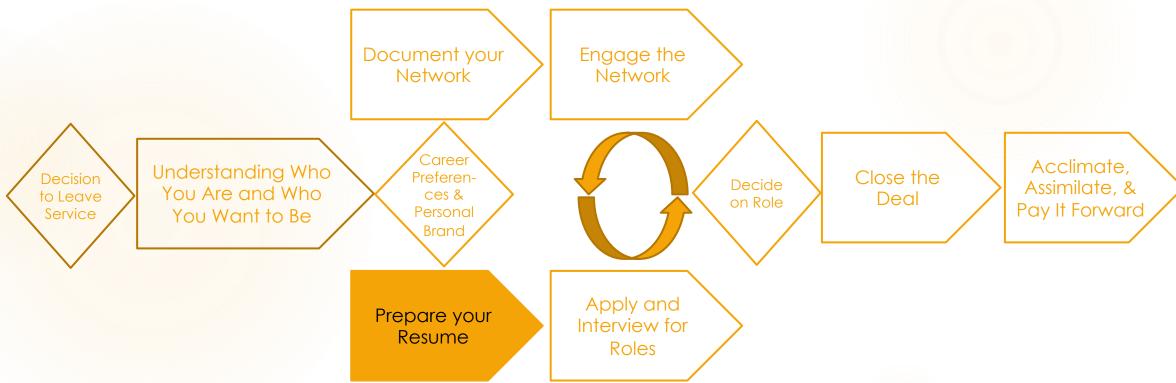


Chapter 8 Objectives & Scope



Content in this chapter parallels content in Chapter 4 of Mission Transition

	sults/Outcome Expected	Skills Developed
Understand the importance of translating your skills and experiences	derstanding	Understanding the perspective of civilian executives – your audience
Understanding how to translate your skills and experiences	MUCATION	Being able to effectively communicate in writing your skills and abilities to that audience



MISSION TRANSITION MISSION TRANSITION MANUSCRIPT THE OPPORTUNITY POST-MILITARY CAREER

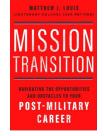
Refresher: Five Minute MBA

For a commercial (for-profit) enterprise to exist as a business, it needs to have two things:

- 1. a product or a service of value
- 2. a paying customer

Income Statement	Goal	Sample Company Goals
Revenue = Price X Volume	Increase ↑	↑ 10% per year
- Direct Costs (Labor, Material, etc.)	Decrease ↓	
= Contribution Margin	Increase ↑	
- Indirect Costs (Travel, Overhead, etc.)	Decrease ↓	
= Operating Margin	Increase ↑	↑ 12% per year
- Taxes	Decrease ↓	
= Net Income (Profit)	Increase 1	↑ 10% per year

- Most commercial organizations are judged by their ability to produce a positive and gradually increasing Net Income (Profit)
- To succeed, organizations must either increase revenue (by either increasing volume and/or price) and/or decrease costs (including taxes) in any legal way possible
- To the extent that you can help an organization do either of those, you are a valuable asset to that organization
- And so, the content of your resume must speak to the strengths that might enable an
 organization to do either of those



How would you react to the following statement?

- "Flew over 50 combat missions in the UH-60 A/L Blackhawk in support of OIF and over 100 combat ISR sorties in the RC-12 N/P Guardrail in support of OND."
- The likely reaction from a civilian executive:
 - What does this have to do with the role to which you are applying (we aren't hiring pilots)?
 - What skills does this demonstrate (other than that of being a pilot and perhaps being able to operate under pressure) that I could actually utilize?
 - Are 50 missions and 100 sorties impressive? I have no idea.
 - What is...
 - A US-60 A/L Blackhawk?
 - A RC-12 N/P Guardrail?
 - ▶ Olb3
 - ► OND \$
 - ► ISR?

MISSION TRANSITION MATERIAL THE OPPORTUNITIES AND DESTRECES TO YOUR POST-MILITARY CAREER

Terminology Translation

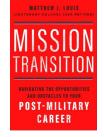
How would you react to the following statement?

- "Army Lieutenant Colonel and cybersecurity professional with extensive executive leadership and management experience and over 10 years of experience in computer and network security."
- The likely reaction from a civilian executive:
 - You're not applying to be in the Army, so why does that matter?
 - I don't understand your rank (is that a high rank?) and it holds no sway in my organization anyway. I wonder if this person has a superiority complex and won't be able to adjust to life in the real world.
 - Why list both management and leadership? Does this person understand the difference?
 - I wonder if this person understands what executive leadership entails in the real world, much less 'extensive' executive leadership?

MISSION TRANSITION AND DESCRIPTION POST-MILITARY CAREER

Terminology Translation

- How would you react to the following statement?
 - "Second in command of a forward-deployed, European-based, tank battalion consisting of 44 M1A1 main battle tanks, 150 tracked and wheeled vehicles, and approximately 600 Soldiers."
- Likely reaction:
 - With few exceptions, we don't "command" anyone in the civilian world to do anything. I wonder if this person can adjust their style?
 - Is this supposed to be impressive? To what is this relative? Were his peers responsible for more than this? I can't tell.
 - What does all of this translate to in dollars and cents?
 - Was this person truly the primary person responsible or was this accomplished as part of a team?
 - What skill sets were required to be successful here? And how do they relate to the role to which this person is applying?
 - What is
 - An M1A1 main battle tank?
 - A tracked vehicle?
 - A wheeled vehicle?
 - A tank battalion?
 - Forward-deployed?
 - Second in command?



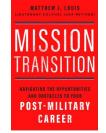
- Are those the kinds of reactions that you want? Are those the kinds of reactions that will get you an interview and an opportunity to land a role at a prospective organization?
- Let's revisit those same statements having translated them into a language that would resonate with our intended audience:

"Flew over 50 combat missions in the UH-60 A/L Blackhawk in support of OIF and over 100 combat ISR sorties in the RC-12 N/P Guardrail in support of OND."



"Recognized by the organization's CEO for performing admirably and exceeding expectations under pressure on repeated occasions in my assigned role."

- ▶ This not only sounds different. It should garner quite a different reaction:
 - This person goes beyond basic requirements. We need that.
 - Recognition by a senior leader says a lot about how this person stands out in a crowd or among peers. We need leaders in our organization.
 - Performing under pressure is not an issue. That's great; we're always operating under pressure.



"Army Lieutenant Colonel and cybersecurity professional with extensive executive leadership and management experience and over 10 years of experience in computer and network security."



"Experienced cybersecurity professional with over 10 years of organizational leadership experience in computer and network security."

Better reaction:

This person has cyber skills and leadership experience, with a specialty in computer and network security. We can use both of those – the technical skills and the leadership skills



"Second in command of a forward-deployed, European-based, tank battalion consisting of 44 M1A1 main battle tanks, 150 tracked and wheeled vehicles, and approximately 600 Soldiers."



"Chief of Staff of a leadingedge overseas organization with primary responsibility for \$600 million in equipment and 600 personnel."

Better reaction:

- Wow. I want to learn more about that.
- ▶ This person knows how to manage. That's the kind of responsibility this person will have here as well
- ▶ This person has been overseas. That's good; we operate in a global economy.

Which reaction would you prefer?

MISSION TRANSITION MARGINE THE OPPORTUNITIES AND DESTRECES TO FORM POST-MILITARY CAREER

Terminology Translation

Original Statement	Translation
"Hand-picked from a XX-person military force"	Hand-picked from a 2.1M person organization
"a special team of the highest caliber special assistants"	A team of highly capable specialists
"charged with leading the Army of over 1.3M soldiers and family members"	Assigned to lead over 1.3M professionals
"a team of 23 high caliber military and civilian strategists"	A team of 23 highly competent strategists
"implementation plan to sustain Army dominance in land warfare."	Implementation plan to sustain operational dominance
"develop a war plan to deter and if necessary defeat threats to US interests."	Develop an operations plan to address competitive threats to national interests
"3-star leader"	Executive leader

Which would a civilian executive understand?

MISSION TRANSITION MANUAL THE OPPORTUNITIES AND DESTRECES TO FORM POST-MILITARY CAREER

Terminology Translation

- Original: "Served additionally as an arms room officer, overseeing security, maintenance, and accountability of weapons, optics, and restricted hardware within a weapons storage facility; scored in top 10% of units for security and efficiency of armory."
- Improved: "Oversaw the security, maintenance, and accountability of all organizational weapons, optics, and restricted hardware; scored in top 10% of similarly sized peer organizations for security and efficiency."
- Lesson: Translate terminology. Be succinct with your quantifiable results.
- Original: "Company Executive Officer, Anti-Tank Company"
- Improved: "Chief of Staff"
- Lesson: Focus on skills. Translate terminology. Avoid military specifics, especially those dealing with lethality.

MISSION TRANSITION PANEATINE THE OPPORTUNITIES AND DESTRECES TO YORK POST-MILITARY CAREER

Terminology Translation

- Original: "Top platoon leader in company and #3 out of 26 in battalion in evaluations; promoted to 1st Lieutenant."
- Improved: "Top team leader in the organization and #3 of 26 in the enterprise; promoted to manage more complex teams."
- Lesson: Emphasize skills, not ranks. Translate terminology.
- Original: "Graduated in top 10% of class at Infantry Officers Course and Northern Warfare Training Center; Airborne School"
- Improved: "Graduated in top 10% of class at two Army Officer Basic Leadership Courses"
- Lesson: Translate military terminology

MISSION TRANSITION POST-MILITARY CAREER

Terminology Translation

- Original: "Integrated a highly independent staff and modernized office practices in order to showcase the best aspects of the company to foreign visitors and senior military leaders"
- Improved: "Improved protocol processes of a diverse five-member staff, resulting in 34 successful visits by foreign dignitaries and senior military leaders."
- Lesson: Quantify your accomplishments
- Original: "Lieutenant, UNITED STATES NAVY, Amphibious Squadron 5, US Pacific Fleet"
- Improved: "US Navy Officer"
- Lesson: Dispense with detailed ranks and units

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Rules of the Road

- Quantify as much as you can on your accomplishments.
- Order your Experience ahead of your Education on your resume (assuming that you are transitioning directly from the service).
- Avoid formal military ranks.
- Avoid naming specific military units.
- Avoid naming specific individuals in referring to your accomplishments.
- In referring to your commanders or leaders, use equivalent civilian terminology; i.e., terms such as "organizational leader," "first line supervisor," "CEO," "president," "vice president," "boss."
- Specify accomplishments regarding activities that you note. Each bullet should be able to answer the question, "So what?" It should be quantifiable, specific, and relevant to the opportunity.
- Translate any accomplishments that deal with death or lethality.

MISSION TRANSITION POST-MILITARY CAREER

Terminology Translation Exercise

Use the Thesaurus on www.matthewjlouis.com/resources to translate these common terms.

Term	Translation
Command	
Fixed-wing aircraft	
Operation	
Stovepipe	
Battle Rhythm	
Subordinates	
Unit	
Vector	
Sector	
Soldiers / Sailors / Marines / Airmen / Guardians	
Wheeled vehicle	
Platoon	
Executive Officer	
Operations Order	

MISSION TRANSITION AND DESCRIPTION POST-MILITARY CAREER

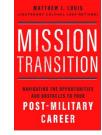
Homework

- Create your resume
- Have a friendly civilian in your target industry sector review your resume
- Pro Tip: Create a free Passport profile at Purepost (<u>www.purepost.co</u>). It will automatically translate your competencies and skills and instantly match you with employment opportunities in the US market based on those competencies and skills.

Check out Mission Transition for...

- A thorough Military-to-Civilian thesaurus on www.matthewjlouis.com
- Perspective from veterans like you that have already transitioned
- Additional guidance for career military professionals
- Additional resources to support resume construction

Words to the Wise



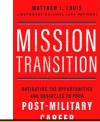
Do

- Translate your military skills
- ▶ To get this right, you will need an outside perspective someone in the civilian world who can help you with your translation. There are many sources for this:
 - Former peers that have left the military and are now at work in the civilian world
 - Alumni organizations
 - College placement offices
 - Non-profit veteran collaboratives

Don't

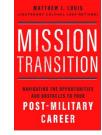
- Don't get frustrated with yourself. This is not easy, but it can and must be done.
- Do not be satisfied with the first version of your resume. It will not be civilian-ready. Be open to the feedback that will help you get this right.
- Don't get confused. Every person whose help you seek may have a slightly different opinion on the optimal way to approach this. Some of this guidance may seem conflicting. They all mean well, but you will have to decide which pieces of advice are most applicable to your situation.





CAREED
Description
Short, easy-to-digest guide to writing targeted cover
letters
Helps you relate to a prospective employer what
you've done, what you can do, and what you will do
for them. Contains examples for many different
occupations.
Professional resume writers' guide to both federal and
civilian resumes. Examples are stratified for entry-level,
mid-level, and senior-level roles. Comes with a CD-
ROM with over 100 electronic samples.
Specific words and phrases you can use to best
indicate your skills and qualifications that hiring
managers will understand. Organized by major
industries and professions.
Interactive application for exploring and searching a
database of occupational information on hundreds of
occupations. Visit Career Exploration Tools.
Features a free Passport profile that converts your
military experience into language and competencies
that civilian employers can understand

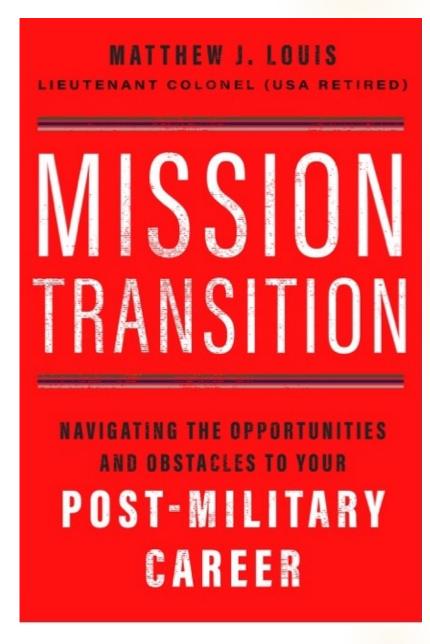
Notes



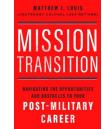


Chapter 9

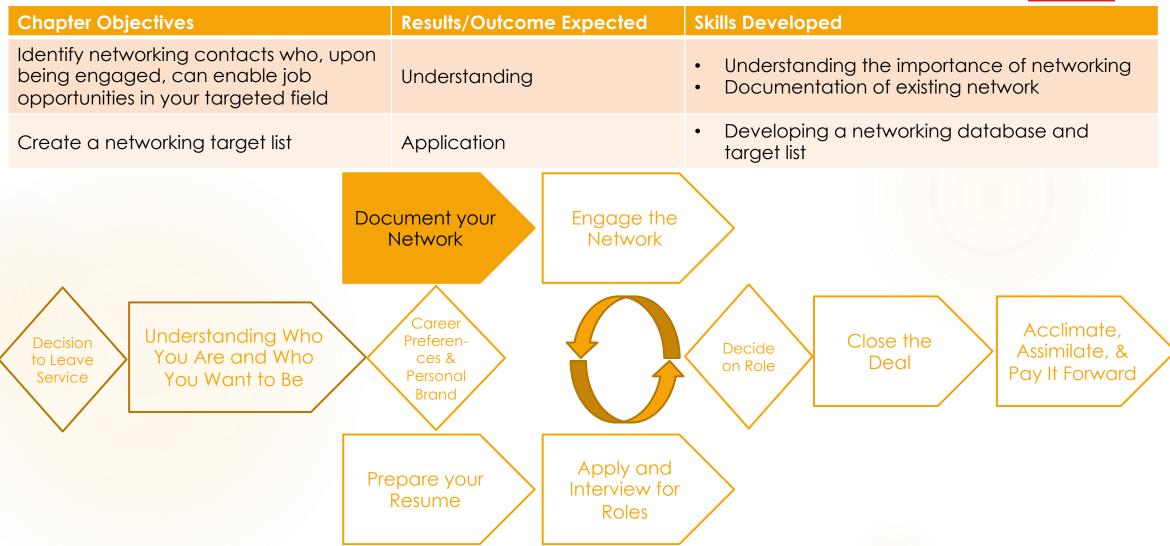
NETWORK IDENTIFICATION



Chapter 9 Objectives & Scope

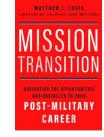


Content in this chapter parallels content in Chapter 5 of Mission Transition



Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019). 144

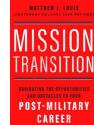
Networking

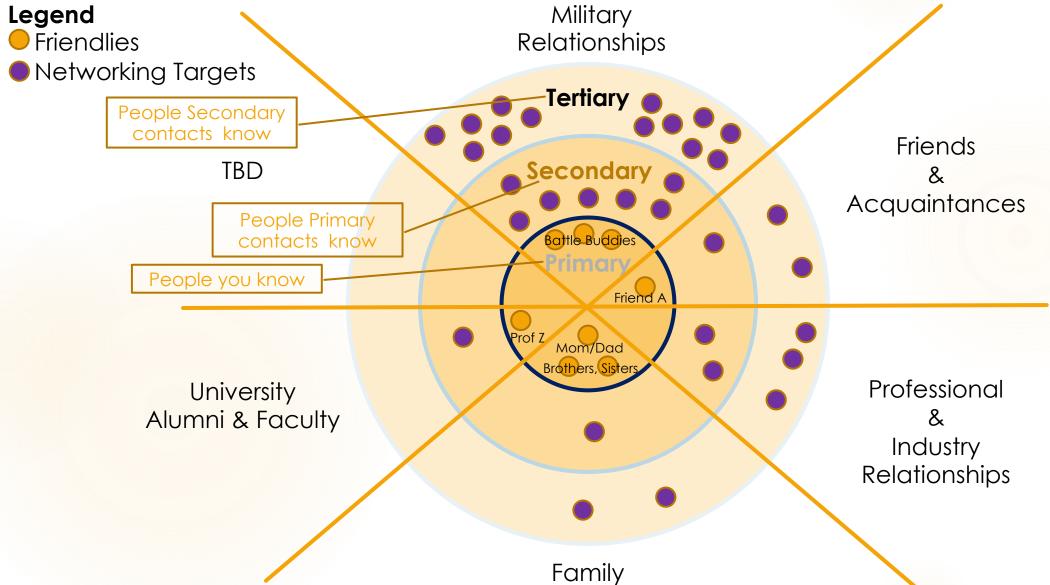


- Definition: the process of connecting with acquaintances to build mutually beneficial relationships
- Overcoming negative perceptions
- It occurs in various settings
 - Formal (job fairs, career conferences) or informal (weddings)
 - Group or 1-on-1
 - Virtual or in-person
 - Planned or serendipitous (your seat-mate on an airplane)
- It is a two-way street intended to benefit both people

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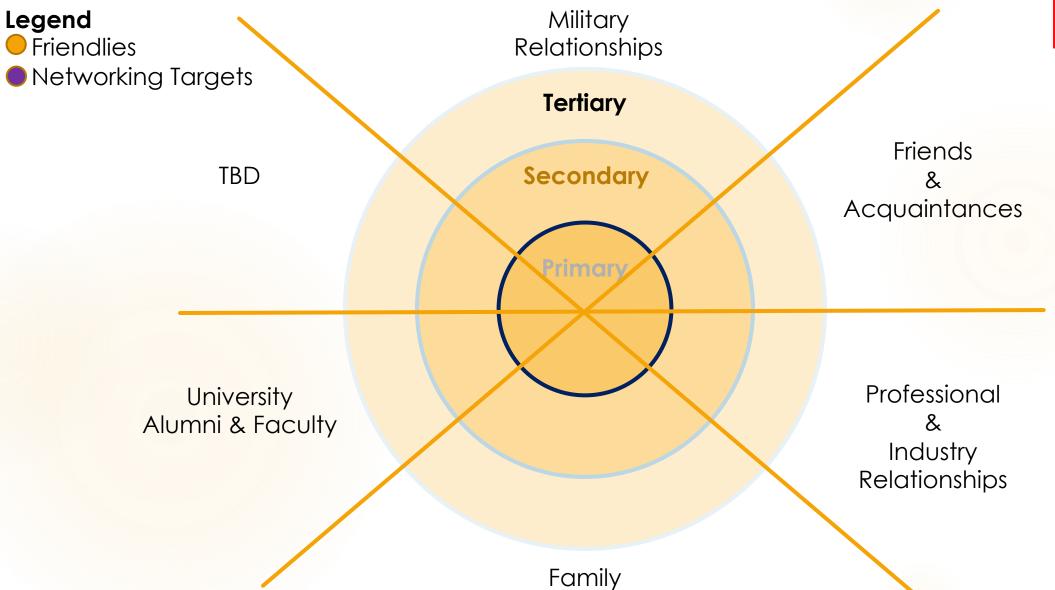
How To Organize Your Network





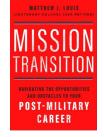
Exercise: Map Your Network





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- Create and maintain a database
- Update it after every interaction
- Follow up on all action items
- See <u>www.matthewilouis.com</u> for templates / downloads

Contact Name	Business Name	Position/Role	Phone	Mobile	Email	Assistant	Assistant's Contact Info	Relationship/Reference	Date of Last Meeting	Notes from Last Meeting
				\						
				10						
				1						

MISSION TRANSITION AMMENINE THE STREET THE POST-MILITARY CAREER

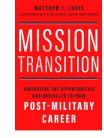
Homework

- Create your network organization chart/map
- Populate your contact database (and keep it updated)

Check out Mission Transition for...

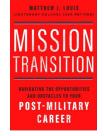
- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

Words to the Wise



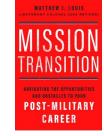
- Don't skip this step
- Organize your networking contact list
- Review and refresh your networking contact list on a regular basis
- Leverage your list of 'friendlies' for engaging with 'targets'

Additional Resources



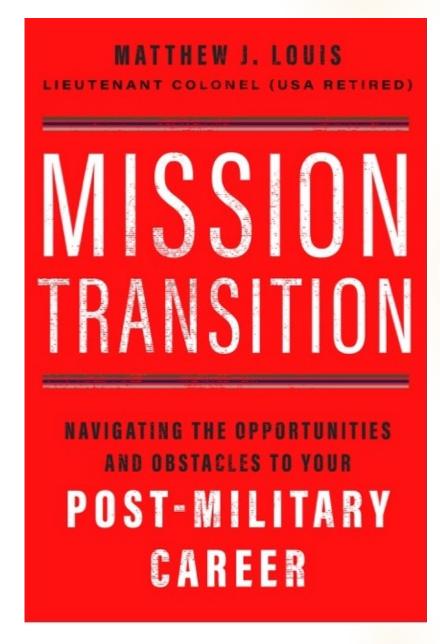
Resource	Description
Networking for Veterans A Guidebook for a Successful Military Transition Into the Civilian Workforce By Michael Abrams, Dr. Michael Faulkner, and Andrea Nierenberg	The first military transition book written by an Iraq or Afghanistan veteran. Addresses all the basics of networking, including documentation of your network.
Highly Effective Networking Meet the Right People and Get a Good Job By Orville Pierson	Book addresses how to leverage your existing network to find a job; its tactical job-hunting focus differentiates it from other resources that take a more general approach to building a network over time
Never Eat Alone And Other Secrets to Success, One Relationship at a Time By Keith Ferrazzi and Tahl Raz	National bestseller covers the specific steps and mindset needed to effectively connect with others, distinguishing genuine relationship-building from traditional networking
American Corporate Partners http://www.acp-usa.org/	National nonprofit focused on helping returning veterans find their next careers through one-on-one mentoring, networking and online career advice
Veterati https://www.veterati.com	Veteran Mentorship Platform that lets you choose your own mentors and as many as you would like from a long list of successful professionals
PRISM Networking https://prismnetworking.com	Personal relationship management system that helps you manage personal contacts and enable mutually beneficial relationships.

Notes

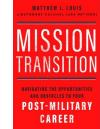




Chapter 10
NETWORK ENGAGEMENT



Chapter 10 Objectives & Scope

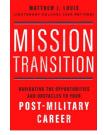


Content in this chapter parallels content in Chapter 6 of Mission Transition

Chapter Objectives		Results/Outco	me Expected	Skills Developed
Produce an action plan for engagir networking targets	Application		Formal networking action plan	
Create stories to support networking	Application		Shareable stories	
Review social media role in supporti networking efforts	Application		Established social media presence	
Decision to Leave Service Understanding Who You Are and Who You Want to Be	Ne Prepo	Career references & Personal Brand	Engage the Network Decide on Role Apply and Interview for Roles	

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Create a Networking Action Plan



- Choose 4-5 relationships that you are ready to commit time to strengthening. Think about specific actions you could take to develop that relationship and how that might help you. Consider the following questions:
 - How does nurturing the relationship I have targeted help me to achieve my career and life objectives?
 - Do I have relationships that would allow me to meet others in the career field in which I'd like to be employed?
 - Where do I have especially strong relationships? Can I leverage those relationships to build new ones?
 - Where do I need additional contacts?
- Use the Relationship Tracker on the next slide to document your plan

MISSION TRANSITION MANUAL PROPERTY OF THE PRO

Relationship Tracker

Name	Date of last contact	Meeting Objectives	Meeting Outcomes	Next steps & Action Items

MISSION TRANSITION MAIGAINE THE OPPORTUNITIES AND OSSIGNATION POST-MILITARY CAREER

Creating Stories

- 1. Identify the main point of your story. Distill this "simple truth" into once sentence.
- 2. Define the three elements of your story (think of the lifecycle of an airplane flight)*:
 - A. Takeoff Begin with a specific time and place. Describe the main character (could be you) and her or his goal.
 - B. Turbulence Describe the conflict that the main character (you) experiences on the journey. It is important that the listener can identify with your challenge. Feel free to add drama, detail, and dialogue to bring it to life.
 - C. Touchdown Resolve the conflict and convey a meaningful message on the moral of the story. Tell how obstacles were overcome and share lessons learned. Make the outcome relevant to the audience. Have a defined end point so the story has an appropriate wrap-up.

MISSION TRANSITION POST-MILITARY CAREER

Sample Story

- Main point: "I led a team conducting a counter-drug operation that the sponsoring organization's CEO recognized as one of the best he has ever seen."
- 2. Three elements of the story:
 - A. Takeoff: "Back in 2010, I demonstrated initiative by volunteering my team for a dangerous counter-drug mission in California. Very few similarly sized organizations are selected for such an operation, and I wanted to prove that my team was up to the task."
 - B. Turbulence: "While we trained extensively for the effort, we encountered a host of challenges once on site. Besides operating in territory that was relatively unchartered, there were mountain lions, rattlesnakes, black bears, poison oak, and perhaps worst of all a member of the wasp family called a 'meat bee,' who unlike real bees can sting and bite repeatedly without dying. Several patrols were disrupted, and I had to send more than a few of my team members to the hospital over the course of the operation."
 - C. Touchdown: "In spite of these challenges, I led my team through it without any permanent injuries or losses of equipment. The operation uncovered several methamphetamine labs, and the sponsoring organization's CEO recognized our effort as one of the best he had ever seen. I take great pride in my ability to persevere in such circumstances."

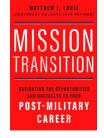
MISSION TRANSITION MANUAL REPORT TRANSITION AND DESTRUCTOR TO VERE POST-MILITARY CAREER

Exercise – What's Your Story?

- Draft your story below and rehearse it with a disinterested third party
- Solicit their feedback, incorporate it, and try it again

Main Point:	
Takeoff:	
TUNGOII.	
Turke ulere e e e	
Turbulence:	
Touchdown:	

Networking Opportunities



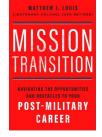
- Job fairs with recruiters from different organizations and other job seekers with whom you can network
- Alumni gatherings where you can network with people who share a similar academic background (e.g., tailgating for an athletic event, reunion, etc.)
- Charity events for a cause that you support (e.g., silent auction, golf outing, etc.)
- Children's school activities
- Social events with family and friends (e.g., cocktail party, wedding reception, etc.)
- Community athletic leagues (e.g., bowling, softball, etc.)

MISSION TRANSITION MANUALINE DE OPPARTURITE POST-MILITARY CAREER

Networking Goals

- Develop your skills
 - Practice a smooth and articulate introduction
 - ► Hone your conversation and storytelling skills
 - Work on describing your military experiences in ways that are relatable to those without military background
- Expand your knowledge
 - Learn more about an industry
 - Learn about a role or job function
 - Learn about a company from someone who works or has worked there
- Grow your network
 - Make a connection with a person who could introduce you to someone in a particular company
 - Walk away with two new contacts with whom you will follow up
 - Identify a potential job lead

Research Networking Targets



- Research target companies and individuals. Sources may include:
 - Companies: Organization's website, SEC's EDGAR database, news stories online, Google alerts, LinkedIn, Glassdoor, Indeed, "friendlies"
 - Individuals: LinkedIn, "friendlies," alumni organizations
 - Both: Informational interviews, shadowing, volunteering, internships
- Gather intelligence from these sources & "friendlies" in your network:
 - Company operational performance, growth possibilities
 - Company culture, career progression possibilities, and opportunities for personal growth and learning
 - Degree of veteran support
 - Ranking on "best of" employer lists

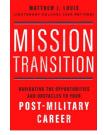
MISSION TRANSITION MANUAL PROPERTY OF THE PRO

Intelligence Gathering Exercise

Document the intelligence you have gleaned from your research and networking below:

Networking Target	Intelligence Gleaned

Social Media Strategy



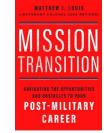
- What message is your social media presence conveying to prospective employers?
 Do you need to fix it?
- Establish your own social media presence. Consider LinkedIn.
 - One year of free Premium service
 - Leading practices in establishing your page
 - Write a powerful headline
 - Use a professional headshot
 - Optimize your profile experience, connections, skills, groups
 - Send personalized messages
- Procure and utilize business cards. Translate all terms just like your resume.
- Personalize signature blocks on email and your smart phone

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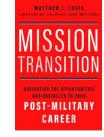
- Identify your priority networking targets
- Generate stories to support your networking efforts
- Establish social media profiles
- Establish networking goals and research your networking targets
- Begin networking
- Use the Relationship Tracker to hold yourself accountable
- Send thank-you notes

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Tactical networking tips do's and don'ts
- Proactive steps for managing your social media presence
- Additional guidance for career military professionals
- Additional resources to support your transition



Words to the Wise



- Have an action plan for engaging with your networking targets
- Schedule time on your calendar to hold yourself accountable to making planned networking appointments
- Use well-constructed and rehearsed stories to support your networking. Translate your terminology, much as you did when composing your resume.
- Research your networking targets before engaging with them
- Send appreciative thank-you notes when others spend time to help you in your research
- Diligently follow through on all action items emerging from your networking meetings
- Avoid monopolizing conversations; remember that networking is a two-way street
- Have a proactive social media strategy. Google your name and fix those results.
- Complete a LinkedIn profile; take advantage of the free year of premium service provided to veterans
- Procure a set of business cards for use in networking
- Format your signature block on email and smart phone communications

Additional Resources

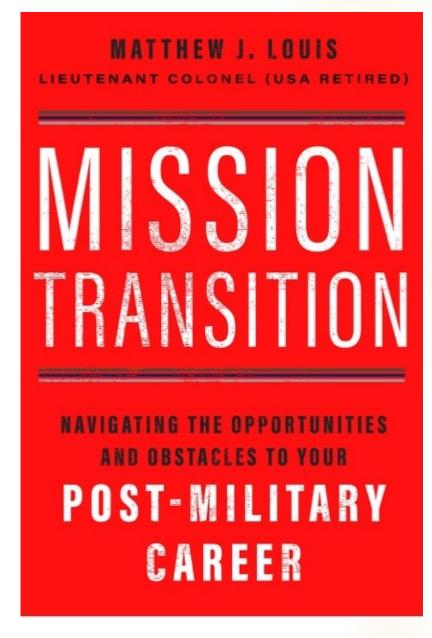
Resource	Description		
Networking for Veterans	The first military transition book written by an Iraq or Afghanistan veteran.		
A Guidebook for a Successful Military Transition Into the Civilian Workforce			
By Michael Abrams, Dr. Michael Faulkner, and Andrea Nierenberg			
Lead With a Story	Practical guide to connecting with bosses, employees, customers, and others using		
A Guide to Crafting Business Narratives That Captivate, Convince, and Inspire	the power of a story		
By Paul Smith			
POS REP	Mobile, proximity-based social networking app made for the military veteran		
http://pos-rep.com/	community		
Team Red, White and Blue	Organization connects veterans to the local community through a variety of physical		
http://www.teamrwb.org	and social activities		
Meet Up	Website facilitates meeting people in your local community who share your interests		
http://www.meetup.com/			
VolunteerMatch	Website provides information about volunteer opportunities in your community and		
www.volunteermatch.org	can match you with local nonprofits based on your interests		
The Mission Continues	Organization empowers veterans to network and build new skills while volunteering		
www.missioncontinues.org	with nonprofits and working with local partners to build stronger communities		
Highly Effective Networking	Book addresses how to leverage your existing network to find a job; its tactical job-		
Meet the Right People and Get a Good Job	hunting focus differentiates it from other resources that take a more general		
By Orville Pierson	approach to building a network over time		
Never Eat Alone	National bestseller covers the specific steps and mindset needed to effectively		
And Other Secrets to Success, One Relationship at a Time	connect with others, distinguishing genuine relationship-building from traditional		
By Keith Ferrazzi and Tahl Raz	networking		
How to Clean Up Your Social Media Presence and Get a Job	Blog post shares insights about the benefits and risks of social media and how to		
http://www.glassdoor.com/blog/clean-social-media-presence-job/	shape your online presence		
American Corporate Partners	National nonprofit focused on helping returning veterans find their next careers		
http://www.acp-usa.org/	through one-on-one mentoring, networking and online career advice		
Veterati	Veteran Mentorship Platform that lets you choose your own mentors and as many as		
https://www.veterati.com	you would like from a long list of successful professionals		
Gallant Few	Non-profit that provides one-on-one veteran mentoring to enable successful		
https://gallantfew.org/	transitions		
PRISM Networking	Personal relationship management system that helps you manage personal contacts		
https://prismnetworking.com	and enable mutually beneficial relationships.		

MISSION TRANSITION AND STREET OF THE PROPERTY CAREER

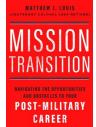
Notes



Chapter 11 FEDERAL APPLICATIONS



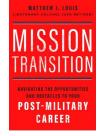
Chapter 11 Objectives & Scope Content



in this chapter parallels content in Chapter 7 of Mission Transition

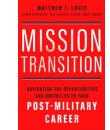
		CAREER
Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand the application process for Federal roles	Understanding	Understanding of Federal application process
Apply for Federal roles	Application	Ability to successfully complete an application for a Federal role
Decision to Leave Service Understanding Who You Are and Who You Want to Be	Career Preferences & Personal Brand Apply and Interview for Roles	Decide on Role Close the Deal Acclimate, Assimilate, & Pay It Forward

Applying for Federal Roles



Before applying, understand...

- The required qualifications, knowledge, skills, and abilities to be eligible for specific pay levels
- The Federal Government has a standard job application. Your resume is your application.
- Hiring agencies use the job announcement to describe the job and list the required qualifications and responsibilities
- After applying, the hiring agency uses the information in your resume to verify if you have the required qualifications stated in the job announcement
- Once the hiring agency has determined who is qualified, they may use other assessments such as interviews or testing to determine the best qualified applicants



Government Activity

Applicant Activity

Hiring agency posts job announcement

1. Create a USAJOBS account, your account profile, and your resume using the USAJOBS resume builder

Job posting closes

- 2. Search for jobs
- 3. Review job announcements
- Applications are screened
- 4. Prepare your application in USAJOBS
- 5. Submit your application to the hiring agency

List of finalists is compiled

Rehearse responses to anticipated interview questions

Interviews are scheduled

Interview for the available role. Don't forget to send thank-you notes!

Background and reference checks are completed

Until a job offer is extended, repeat the above process as needed. Continue reviewing job announcements and applying to hiring agencies for other potential roles.

Interviews are conducted

New hire is selected

Job offer is extended

Discuss any remaining questions. Negotiate priority items. Accept or decline role.

Job offer is accepted

Remember to send a thank-you note!

Candidates not selected are notified

If you were not selected, it is still good practice to send a thank-you note

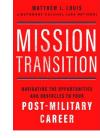
Source: "How does the application process work?" USAJOBS, US Office of Personnel Management, accessed April 20, 2017, https://www.usajobs.gov/Help/faq/application/process/.

Government Activity

Applicant Activity

Hiring agency posts job announcement

- 1. Create a USAJOBS account, your account profile, and your resume using the USAJOBS resume builder
- 2. Search for jobs
- 3. Review job announcements
- 4. Prepare your application in USAJOBS
- 5. Submit your application to the hiring agency
- 1. Create a USAJOBS account and your resume. With a USAJOBS account and profile you can:
 - Save jobs you're interested in
 - Save and automate job searches
 - Upload resumes or create one using USAJOB's resume builder
 - Upload and save required documents
 - Apply to any job announcement on USAJOBS
- 2. Search for jobs.
 - Once you create your account, you can begin searching for available jobs.
 - Sign into your account before doing a search because USAJOBS can use your profile information to produce job search results more tailored to your profile
 - You can search for jobs in various ways (basic, advanced, or map search)
 - You can use different filters such as geographic location, desired salary, preferred work schedule, or hiring agency to narrow your results.
 - Filters effectively act as search criteria for you, and when you save a search, USAJOBS will automatically look for jobs that match what you're looking for and can email you daily, weekly, or monthly with those jobs.



Government Activity

Applicant Activity

Hiring agency posts job announcement

- 1. Create a USAJOBS account, your account profile, and your resume using the USAJOBS resume builder
- 2. Search for jobs
- 3. Review job announcements
- 4. Prepare your application in USAJOBS
- 5. Submit your application to the hiring agency
- Review job announcements.
 - Once you find a job you're interested in, review the announcement to determine if you're eligible and meet the qualifications.
 - Read the entire job announcement before starting your application; for each job there are specific qualifications you must meet and include in your application.
 - Read the "Who May Apply" section to determine if you're eligible to apply for the position.
 - Read the "Qualifications" section to see if you meet the qualifications of the position.
 - If you have questions about the job, contact the agency representative listed at the bottom of the announcement.
- Prepare your application in USAJOBS.
 - Read the "How to Apply" section of the job announcement before starting your application.
 - USAJOBS will walk you through a five-step process to prepare your application, including attaching a resume and other required documents.
 - During the process you can review, edit, delete, and update your information.
 - The site will automatically save your progress as you go, so you won't lose any changes.
 - If the agency does not accept uploaded resumes or documents, you will skip this step during the USAJOBS application process.
 - You may be asked to upload a resume when you enter the agency application system.
 - Federal experience includes positions you have held as a civilian employee paid by an agency of the Federal government.
 - The pay plan, series, and grade fields refer to Executive Branch competitive positions and are not mandatory fields.
 - If your experience does not fit, simply leave those fields blank.
 - Please note: Active duty military experience or experience working for a private contractor of the U.S. government does not qualify as a Federal position for this purpose.

MISSION
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**AVIGATIVE THE OPPORTUNITIES*
AND OSSTRECTS TO VOUR
POST-MILITARY
CAREER

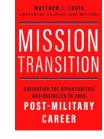
Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Government Activity

Applicant Activity

Hiring agency posts job announcement

- 1. Create a USAJOBS account, your account profile, and your resume using the USAJOBS resume builder
- 2. Search for jobs
- 3. Review job announcements
- 4. Prepare your application in USAJOBS
- 5. Submit your application to the hiring agency
- 5. Submit your application to hiring agency.
 - Once your application is ready, you'll be sent from USAJOBS to the agency application system. You may need to complete additional agency-required steps such as:
 - Providing more personal information
 - Providing more documentation
 - Answering eligibility questions
 - Completing an occupational questionnaire
 - After you submit your application, go back to your USAJOBS account and make sure the hiring agency received your application.
 - You can see status updates in the "Application" section of your account.
 - Be patient; it may take a few hours after you complete your application for the agency to update your application status.
 - You may also receive an email confirmation from the agency application system, but not all agencies send email confirmations.



Government Activity

Applicant Activity



 Create a USAJOBS account, your account profile, and your resume using the USAJOBS resume builder

Job posting closes

- Search for jobs
- Review job announcements

Applications are screened

• Prepare your application in USAJOBS

· Submit your application to the hiring agency

List of finalists is compiled

Rehearse responses to anticipated interview questions

Interviews are scheduled

Interview for the available role. Don't forget to send thank-you notes!

Background and reference checks are completed

Until a job offer is extended, repeat the above process as needed. Continue reviewing job announcements and applying to hiring agencies for other potential roles.

Interviews are conducted

New hire is selected

Job offer is extended

Discuss any remaining questions. Negotiate priority items. Accept or decline role.

Job offer is accepted

Remember to send a thank-you note!

Candidates not selected are notified

If you were not selected, it is still good practice to send a thank-you note

MISSION
TRANSITION

ABBREVIOLE DE OPPORTUNITE
POST-MILITARY
CAREER

Source: "How does the application process work?" USAJOBS, US Office of Personnel Management, accessed April 20, 2017, https://www.usajobs.gov/Help/fag/application/process/.

Mission Transition e-Course

Government Activity

Applicant Activity

List of finalists is compiled

Rehearse responses to anticipated interview questions

Interviews are scheduled

Interview for the available role. Don't forget to send thank-you notes!

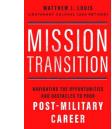
Background and reference checks are completed

Until a job offer is extended, repeat the above process as needed. Continue reviewing job announcements and applying to hiring agencies for other potential roles.

- 6. The hiring agency reviews your application.
 - Once the job announcement is closed, the hiring agency will review your application to make sure you're eligible and meet the qualifications for the position. The hiring agency will place applicants into quality categories:
 - o Minimum qualified
 - Highest qualified
 - The hiring agency may update your application status to "Reviewed," but not all agencies provide this status.
 - After all applications are reviewed, the hiring agency will send the "highest qualified" applicants to the hiring official; these
 applicants will see a "Referred" status in their application status. All other applicants (not being considered) will see a "Not
 Referred" status.
- 7. Interview for the available role.
 - The hiring official will review applications and select the applicants to interview based on the hiring agency's policy. Hiring
 officials can interview applicants using:
 - A panel
 - o In-person
 - Video
 - o Phone
 - The hiring agency will contact applicants directly to schedule interviews. It may take some time to schedule them, depending on the number of applicants being interviewed.

Hiring agencies tend to consider the "Work Experience" portion of your resume and the interview as the two main determinants of your qualifications

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).



Government Activity

Applicant Activity

• Create a USAJOBS account, your account profile, and your resume usina the USAJOBS resume builder

- Search for jobs
- Review job announcements
- Prepare your application in USAJOBS
- Submit your application to the hiring agency

Rehearse responses to anticipated interview questions

Interview for the available role. Don't forget to send thank-you notes!

Background and reference

Until a job offer is extended, repeat the above process as needed. Continue reviewing job announcements and applying to hiring agencies for other potential roles.

Job offer is extended

Discuss any remaining questions. Negotiate priority items. Accept or decline role.

Remember to send a thank-you note!

If you were not selected, it is still good practice to send a thank-you note

Source: "How does the application process work?" USAJOBS, US Office of Personnel Management, accessed April 20, 2017, https://www.usajobs.gov/Help/fag/application/process/. Mission Transition e-Course

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Government Activity Applicant Activity Job offer is extended Discuss any remai

Discuss any remaining questions. Negotiate priority items. Accept or decline role.

Job offer is accepted

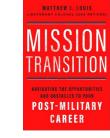
Remember to send a thank-you note!

Candidates not selected are notified

If you were not selected, it is still good practice to send a thank-you note

- Candidate selection.
 - After interviewing applicants, the hiring agency will select a candidate and contact him or her to start the job offer process.
 - The hiring agency will notify applicants who were not selected by updating their application status to "Not Selected."
- 9. Job offer.
 - The hiring agency will extend a tentative job offer contingent upon passing a background investigation.
 - The background investigation will begin when the tentative offer is accepted.
 - Additional security checks may be needed for a higher-level security clearance.
 - The job offer is only final when the background investigation and any additional security checks are successfully completed.
 - Once it is accepted by the candidate, the hiring agency will contact the candidate directly to set up a start date.

Federal Applications Quiz



- Q: What is the Federal Government's standard job application?
- Q: Does active duty military experience qualify as "experience" for the purposes of Federal applications?
- Q: What section of the job announcement will tell you if you are eligible to apply?
- Q: Might the agency application system have requirements beyond those noted in the USAJOBS job announcement?
- Q: In what section of your USAJOBS account can you find the status of your job applications?
- Q: What application status would indicate that you will progress to the interview stage?
- Q: Might a job offer be contingent on background and security checks?
- Q: Should you send a thank-you note regardless of the outcome?

A:

A: Your USAJOBS resume

A:

oN:A

A:

A:

A: Applications

A:

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MISSION TRANSITION MANUALINE THE OPPORTUNITIES AND DESTREES TO VERY POST-MILITARY CAREER

Homework

Populate and submit your application

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

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Words to the Wise

- Treat the application as if it were the only qualifying factor in the hiring manager's decision-making process
- Remember to send thank-you notes!

Additional Resources

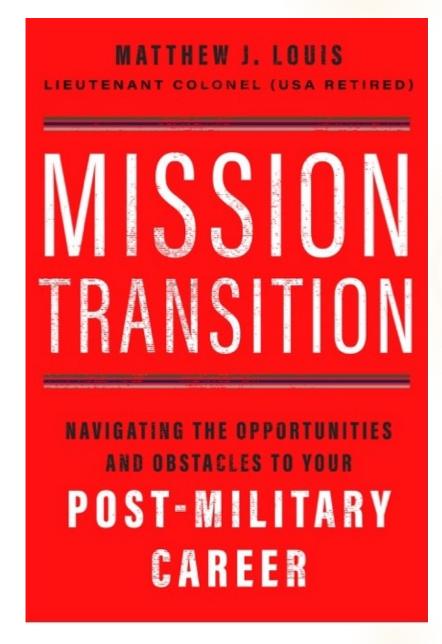
Resource	Description
How To Land a Top-Paying Federal Job	Experienced Federal career coach's process for securing a
By Lily Madeleine Whiteman	government job, internship, or fellowship (comes with a CD
	with sample resumes, checklists, and templates)

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Notes



Chapter 12
CIVILIAN APPLICATIONS



Chapter 12 Objectives & Scope



Content in this chapter parallels content in Chapter 7 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand the application process for civilian roles	Understanding	Understanding of the typical civilian application process
Apply for civilian roles	Application	Ability to successfully complete an application for a civilian role
	cument your Engage the Network	

Understanding Who Decision You Are and Who to Leave Service You Want to Be

Network

Decide on Role

Close the Deal

Acclimate, Assimilate, & Pay It Forward

Prepare your Resume

Career

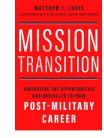
Preferen-

ces &

Personal Brand

> Apply and Interview for Roles

Civilian Job Applications



- Avoid them if you can. Use your network.
- No two are alike, unlike Federal applications
- They serve two purposes:
 - A means to ensure a "fit" between the employer and yourself
 - A means to screen you out
- Contain several elements:
 - Application paperwork
 - Background, employment, reference, and/or credit checks
 - A talent assessment and/or drug test
 - Any number of interviews, conducted in one of many formats
 - A formal job offer and, once accepted, an onboarding process of some sort

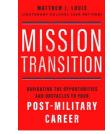
Civilian Job Application Advice

Online or Hard Copy Format

- Read the instructions carefully & follow them completely. If you don't, there will likely be no interview.
- Use black ink or font in completing or printing the form.
- Answer each question. If it truly does not apply, then respond with "not applicable."
- Complete all sections of the application, which may require some additional research. Take the time and do it right.
- Include ALL former employers even if you were fired
- Translate specific military terms into terms civilians can understand
- Handle sensitive questions with tact. Some examples:
 - Salary: Say "Negotiable" or "Will discuss in the interview." Worst case, use a reasonable range based on your research.
 - Reason for leaving previous job: Say "seeking a career in [insert name] industry." Keep it positive.
 - Location: Although you may have geographic preferences, you would want to emphasize your flexibility. Say "open" or, worst case, a Region of the country.
 - Criminal charges: You should be open and honest on all details. Whatever you state here should be corroborated by the background check the employer will certainly do.
- Avoid abbreviations
- Be as specific as possible about your skills and qualifications, which may include hobbies relevant to the role
- Double-check for correct grammar, punctuation, and spelling. Have a trusted advisor proof-read the application.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Civilian Job Application Advice

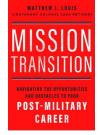


Hard Copy Format

- When retrieving the form from the employer, dress as you would if you were being interviewed. There is an outside chance you could be interviewed on the spot.
- Either take two copies of the form or make a copy of the form you procure. Use the first to draft your responses. Use the second to produce an error-free document to submit.
- Type your responses if you can. If you have to write your responses by hand, write neatly.
- Attach your resume to the application form
- Sign and date the application

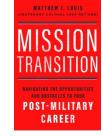
Yes - some organizations continue to use hard copy applications for particular roles





- Background checks
 - Assume the employer will verify all details and follow up with all references
 - No need to provide exquisite levels of detail
 - Use years (versus months and years) to reflect the duration of time in a role to avoid the appearance of an employment gap (if there is one)
 - Emphasize skill sets acquired through any means possible
- Employment Eligibility form (Form I-9)
 - Mandatory government form
 - Must be completed by both employer and employee
 - Must be truthful in completing it

Reference & Credit checks



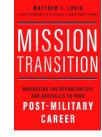
References

- Don't offer or provide them unless the employer requests them
- ▶ If they are requested, focus on professional (not personal) references
- Ask references for their permission and prepare them for the call
- Only supply references whose permission you have received
- Address those that might provide a less-than-optimal review
- Send thank-you notes to individuals willing to act as a reference for you

Credit checks

- Reveal lots of personally identifiable information
- Employers must request permission to conduct them
- Run an annual credit report on yourself and proactively address any potentially negative outcomes





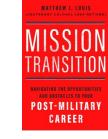
- Talent Assessments
 - Usually conducted online, either before or after interviews
 - Intent is to ensure "best fit"
 - Answer truthfully
 - Don't try to "game" the test
- Drug Tests
 - There are many kinds
 - They are a condition of employment
 - Easiest way to pass the test: be drug-free



Interviews, Job Offers, & Onboarding

- Interviews
 - \triangleright Several types, predictable pattern: screening \rightarrow formal \rightarrow informal
 - Much variability in format
 - Purpose is to ensure "best fit"
- Job Offers
 - Occur in two steps: call/email notice followed by offer details in email or hard copy
 - Acceptance leads to additional paperwork: Form I-9, W-4, benefits, etc.
- Onboarding
 - Unique to each organization

Civilian Applications Quiz



- Q: Should you try to avoid applications for civilian jobs by networking?
- Q: Should you leave any parts of the application blank?
- Q: When should you provide references?
- Q: Should you send a thank-you note to individuals willing to act as a reference for you?
- Q: Should you prepare individuals serving as your professional references ahead of a call from your prospective employer?
- Q: How can you proactively identify and address issues that might arise during a credit check?
- Q: What is the easiest way to pass an employer's drug test?
- Q: If applied, should you try to "game" a talent or personality assessment?

A: SƏY:A

A:

A:

A:

A:

A:

A: Run an annual credit report

A:

Mission Transition e-Course 193

A:

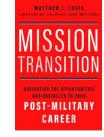
MISSION TRANSITION AMMENINE THE STREET THE POST-MILITARY CAREER

Homework

- Leverage your network to identify and interview for potential roles
- If necessary, populate and submit your application

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition



Words to the Wise

- Avoid the standard application process (and applicant tracking systems) if possible by leveraging your network to secure potential interviewing opportunities
- Send thank-you notes!

Additional Resources

Resource	Description
PCS to Corporate America	Reference book for JMOs making the transition
From Military Tactics to Corporate Interviewing Strategy	from the military to the business world. Primary
By Roger Cameron with Chuck Alvarez and Joel Junker	author is cofounder of recruiting firm Cameron-
	Brooks Inc.

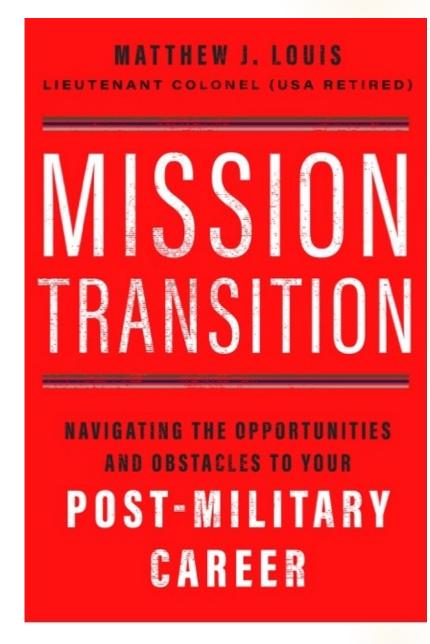
MISSION TRANSITION AND DESIGNATION POST-MILITARY CAREER

Notes



Chapter 13

INTERVIEW PREPARATION



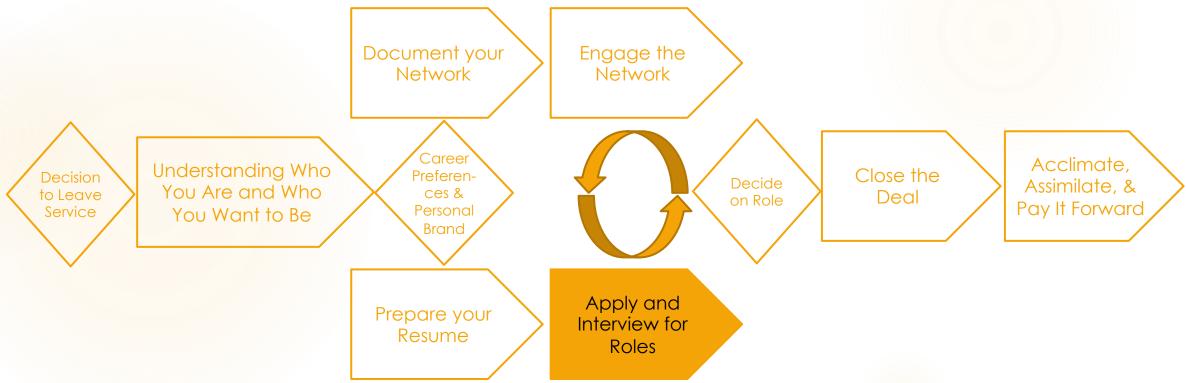
Chapter 13 Objectives & Scope

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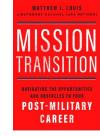
MARGINE THE OPPORTUNITIES
AND DESTRECES TO FORM
POST-MILITARY
CAREER

Content in this chapter parallels content in Chapter 8 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand how to prepare for various types of employment interviews	Application	Documentation, Research, and Rehearsal skills
Acquire and apply wardrobe and grooming essentials	Application	Civilian dress and grooming
Understand nuances between Federal and commercial interviews	Understanding	Appreciation of Federal interview requirements

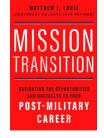


Interviews



- Make-or-break opportunity for your candidacy
- Two-way street
- Employer's primary deciding factor
- Criticality of preparation, rehearsal, and follow-up

Interview Preparation - Document



For every professional, academic, or volunteer role you've had, document:

- Name and contact information of the organization
- Name and contact information of supervisors and peers (these could act as potential references)
- Time frame and duration of role
- Hours worked and compensation realized
- Duties and responsibilities of your role
- Personal strengths and transferable skills utilized in the role
- Quantifiable results driven by your personal actions
- Awards, recognition, honors, accomplishments realized
- Training, certification, degrees, or licenses accumulated during the role
- Failures experienced or challenges overcome along with lessons learned

Source: Ron Fry, 101 Great Answers to the Toughest Interview Questions (Wayne, NJ: Career Press, 2016), 46-49. Mission Transition e-Course

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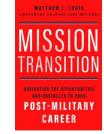
Interview Preparation Document



Populate this matrix for each role you've had. Use a spreadsheet if helpful.

Documentation Requirement	Role 1	Role 2	Role 3	Etc.
Organization name and contact information				
Supervisor/Peer name and contact information				
Time frame and duration				
Hours worked and compensation realized				
Duties and responsibilities				
Personal strengths and transferable skills utilized				
Quantifiable results realized				
Awards, recognition, honors, accomplishments				
Training, certification, degrees, or licenses accumulated				
Failures experienced or challenges overcome				
Lessons learned				

Interview Preparation Research

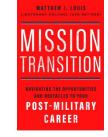


Utilize the noted information sources below to research your target organization:

Needed information	Rationale	Source of information
For Government Ager	ncies	
Agency background	Understand agency history; its purpose; its legislative or executive authority; its programs and activities; and information, addresses, and phone numbers to locate information on contracts and grants, employment, and publications	Agency website or The US Government Manual
For All Non-Governme	ent Organization Types	
Recent news	Understand what may be late- breaking, hot-button issues with which the organization may be dealing	Set up a Google alert to deliver regular updates on the organization to your email address
Third Party Analysis	Understand what industry experts outside the organization are saying about the organization's current performance and plans	Websites such as D&B Hoovers or Dun & Bradstreet (these are both subscription services; libraries may have licenses to them)
Occupational Trends	Understand projections for the duties, education, training, and pay associated with specific occupations	The Bureau of Labor Statistics' Occupational Outlook Handbook
Insider Insights	Understand how individuals that have worked at the organization view the organization, salary ranges and benefits package for your target role	Best source for accurate facts is your personal network. Accounts provided on websites mentioned here are not corroborated: Glassdoor, Indeed, Vault, and Salary Expert. Remember to factor cost of living adjustments into any salary estimate.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Interview Preparation Research



Utilize the noted information sources below to research your target organization:

Needed information	Rationale	Source of information
For Public Companies		
Annual Report	Provides senior management's point of view on organizational performance, strategic plans, financial results, and competitive dynamics within the industry	Company website or the SEC's EDGAR database. On the EDGAR site, 10-K reports are the official filing of the organization's annual report with the SEC. 10-Q reports are their quarterly equivalent. Seek the latest 10-K filing and the 10-Q reports filed since then.
For Private Companie	S	
As much information as possible	Private companies are more difficult to research than public companies because they do not report to the SEC	Company website or Library of Congress and the additional resources that they suggest
For Non-Profit Organiz	ations	
Form 990, Organizational history, purpose, performance, and plans	Understand organizational mission and purpose, financial performance and stability, and plans	Organization's website or one of several additional resources: The National Center for Charitable Statistics, Guidestar, or Charity Navigator

MISSION TRANSITION POST-MILITARY CAREER

Interview Preparation Research

Investigate in depth each item noted below, especially organizational culture:

- Organizational Culture
 - Leverage your network and career websites (i.e., Glassdoor, Muse.com)
- Individual(s) conducting your interview
 - Leverage your network, LinkedIn, Google
- The interview itself
 - Turn the job description into interview questions
 - Rehearse answers to those questions

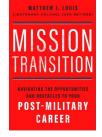
Research Findings

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AND DESTRECTS TO YOR
POST-MILITARY
CAREER

Document outcomes of your research below:

Interview Preparation Rehearsal



- For specific questions, leverage Glassdoor.com or Vault.com (for consulting, accounting, banking, or law)
- Muse.com and Balance.com also have good lists of interview questions
- Assemble a list of questions you might expect, and have an experienced civilian (mandatory) from that industry (ideally) quiz you on them repeatedly
- Remember: You likely did not interview for roles in the military. The interview process is likely new and will require time, patience, and PRACTICE.
- Reference the resources noted at the end of this chapter

MISSION TRANSITION MAYORATIC THE OPPORTUNITARY CAREER

Expected Questions Exercise

Document expected interview questions and their answers below. REHEARSE these answers!

Expected Interview Question	Answer

Interview Preparation Rehearsal

Tips for responding to interview questions

- Time your answers to last between 30-90 seconds
- Put the most important, most relevant, or most impressive information up front
- The STAR method: Situation, Task, Action, and Result
 - Situation spend <25 seconds on the basic facts of the case</p>
 - Task spend <25 seconds describing the issue or problem posed by the situation you just detailed</p>
 - Action spend <25 seconds describing the action that you (not the team) took in dealing with the issue or problem</p>
 - Result(s) spend <25 seconds detailing the quantifiable outcomes of your specific actions</p>
- Translate all military terminology
- Use declarative sentences without qualifiers
- Emphasize how what you did in the military aligns with your strengths
- Expect questions about how your military experience would apply in the target organization
- Be prepared to explain why you are leaving the military and looking for a career at the target
- Be prepared to speak to failures that you have experienced

MISSION TRANSITION POST-MILITARY CAREER

Interview Preparation Rehearsal

Leverage job fairs or career conferences

- VA for Vets Hiring Events
 - Includes Hiring Our Heroes and DAV events
- Recruit Military veteran job fairs
- VetJobs career fairs
- Service Academy Career Conferences

Prepare your own set of questions for the interviewer

- Opportunity to gather data to make an informed decision about which organization to join
- Target your questions around your primary decision-making criteria
- Your opportunity to ask these questions typically comes at the end of the interview
- Questions should be based on data gleaned to date and during the interview itself
- You will likely have time to ask no more than three questions
- Don't waste your time asking about things that you can research yourself

MISSION TRANSITION MATERIAL E OFFICE STATES POST-MILITARY CAREER

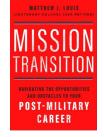
Interview Rehearsal Exercise

- 1. Identify a list of job fairs / career conferences to attend
- 2. Make a list of questions you will ask interviewers at these events

Job Fairs / Career Conferences You Will Attend		
Fair / Conference	Location	Date/Time

Questions You Will Ask Interviewers

Interview Preparation - Wardrobe



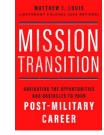
- You never get a second chance to make a first impression
- Work dress will vary, but interview wardrobe is fairly consistent
- Will likely require some investment
- Need to down-size military gear in your closet
- Conservative business dress usually wins the day
- This is not a fashion show
- Interview dress is one level above the organization's dress code

See <u>matthewilouis.com/resources/wardrobe-basic-load/</u> for the details contained on the next few slides

Interview Preparation - Wardrobe

Use this as a checklist as you compose your

wardrobe.



"Basic Issue" Items - Women

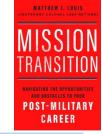
- Navy blue blazer*
 - Single breasted
- Dress pants*, 2 ea.
 - Choose from khaki, beige, navy, black, or gray colors
- Black, Gray, Navy, or Beige wool or wool blend suit*,
 2 ea.
 - Conservatively cut
 - Single-breasted
 - Middle or side vents on the jacket
 - Medium lapels
 - Solid or pin-stripe pattern (no pencil or chalk stripes)
 - Matching suit skirt or suit pants
 - Skirt length to the knee
 - Pants may be cuffed or plain
 - Pleats or plain front

- Cotton button down dress shirts*, 2 ea.
 - Solid pattern
 - Choose from white, pale blue, beige, or light yellow colors
- Silk crew neck blouse, 2 ea.
 - Solid pattern
 - Choose from white, pale blue, beige, or light yellow colors
- Close-toed, black leather pumps with low-medium narrow heel, 1 pair
- Leather belt
- Sheer, nude or black hose, 5 pair
- Accessories
 - Black leather purse or clutch to match your shoes
 - 3 Silk scarf that compliments your chosen blazer and suit colors
 - Black umbrella or raincoat
 - Amount and type of jewelry should be minimal, understated, and complement your attire

Source: Kim Johnson Gross & Jeff Stone, Dress Smart Women: Wardrobes That Win In the New Workplace (New York, NY: Warner Books, 2002).

^{*} Use a reputable tailor to ensure proper fitting on these items

Interview Preparation - Wardrobe



"Basic Issue" Items - Men

- Navy blue blazer*
 - Single breasted
- Gray or Navy wool two-piece suit*, 2 ea.
 - Classic 2-button single breasted jacket
 - Middle or side vents on the jacket
 - Solid or pin-stripe pattern (no pencil or chalk stripes)
 - \square 1 1/4" or 1 1/2" cuffs on the pants
 - Leave 1/4" space at the end of the jacket sleeves to allow the shirt sleeve to show slightly
- Khaki dress trousers* (not casual pants there is a difference), 2 ea.
- White cotton button down dress shirts*, 2 ea.
 - Long sleeve, collared only
- Black or burgundy leather shoes and a matching color leather belt, 1 pair
 - Shined shoes will distinguish you; this is a skill learned in the military that you should continue to hone
 - Belt should not show signs of wear or weight gain or loss
- * Use a reputable tailor to ensure proper fitting on these items

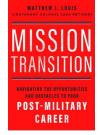
- □ Solid ties, 2 ea.
- Rep stripe ties, 2 ea.

Use this as a checklist as you compose your wardrobe.

- Choose strong colors that complement your suit and blazer
- When wearing, the tip of the tie should end at the top or middle of the belt buckle
- Undershirts, 4 ea.
 - Crew neck (wear with or without a tie)
 - V-neck (only wear without a tie)
- Over-the-calf dress socks, 2 pairs per color of pants
 - Color should match the color of the pants with which you are wearing them
- Accessories
 - Dark brown leather wallet, one each
 - White cotton handkerchiefs, one dozen
 - Jewelry the less, the better. Try to limit to a wedding band and/or a class ring (if applicable)
 - Black umbrella or raincoat

Source: John T. Molloy, John T. Molloy's New Dress for Success (New York, NY: Warner Books, 1988).

Tailors, Accessories, and Grooming



Tailors

- Get measured for all clothing (including ties)
- Have a knowledgeable civilian accompany you on your trips to the tailor
- Once fitted by the tailor, try the clothing on again before taking ownership
- Make sure that any pockets or vents are open
- Before wearing the clothes, make sure that all are cleaned, neatly pressed, and devoid of any stains or loose strings
- Additional Accessories
 - Leather folio
 - Pen and pencil set
 - Computer bag, legal satchel, tote, or briefcase
 - Watch
 - Glasses

Grooming

- Assume a professional, understated civilian appearance
- Hair length should resemble what it looks like the day before you would normally get your haircut
- Do not display tattoos, piercings, or other forms of body art
- Trim nails (or polish in subtle hues)
- Not too much perfume or cologne
- Keep makeup simple; no bright colors or heavy applications

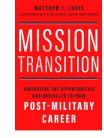
MISSION TRANSITION POST-MILITARY CAREER

Travel Details

- What clothes to pack
 - Men: dress type required for interview
 - Casual button-down shirt (with undershirt) and khakis
 - Business Casual same coupled with the blue blazer and with or without a tie
 - Business Formal suit, tie, and button-down shirt with undershirt
 - Women: parallel guidance, with one exception:
 - □ When the occasion calls for men to wear ties, two options:
 - Button-down shirt with the top button buttoned & a scarf or unbuttoned with a necklace
 - Wear a crew neck blouse
- Advice
 - Assume no less than casual dress while traveling
 - Arrive the night before; go to dinner with your host (if you have one)
 - Treat the dinner dress as a step below the interview dress requirement
 - Reconnoiter the physical location of the interview the night before
 - Iron your suit, shirt/blouse, and tie/scarf the night before the interview

Use this as a checklist in packing clothes for travel to your interview.

Day of Interview



- Go for a morning run or some other form of exercise
- Have a balanced breakfast
- Bring your leather folio, in which you will carry:
 - Pen, sharpened pencil (in case the pen runs out of ink), and paper
 - A copy of your resume and application
- Depart in enough time to arrive at least 10 minutes early
- Be kind and courteous with everyone at the company including receptionists and assistants
- If costs are incurred to travel to the site of the interview, the employer will normally cover or reimburse you for those. But keep your receipts to document the amounts that require reimbursement.

MISSION TRANSITION MISSION TRANSITION MARGINE THE OPERATURE POST-MILITARY CAREER

Homework

- Document pertinent details and accomplishments from former roles
- Research entities and personnel with whom you will be interviewing
- Rehearse answers to anticipated interview questions
- Acquire the necessary wardrobe
- Address personal grooming issues

Check out Mission Transition for...

- Additional detail on the nuances of Federal interviews
- Additional sources for interview research
- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

MISSION TRANSITION MARKET RESPONSES TO SERVICE TO SERV

Words to the Wise

- Practice, practice, practice your interviewing skills and verbalizing the translation of your military terminology
- Take advantage of job fairs or career conferences to research target organizations and rehearse your interviewing skills. Be focused in your approach.
- Thoroughly research the culture of your prospective employer. Culture eats strategy for lunch and will have a heavy hand in determining the extent to which you will enjoy working there.
- Prepare, prepare, prepare for your interviews. Research the employer, rehearse answers to questions, and dress for success.

Additional Resources

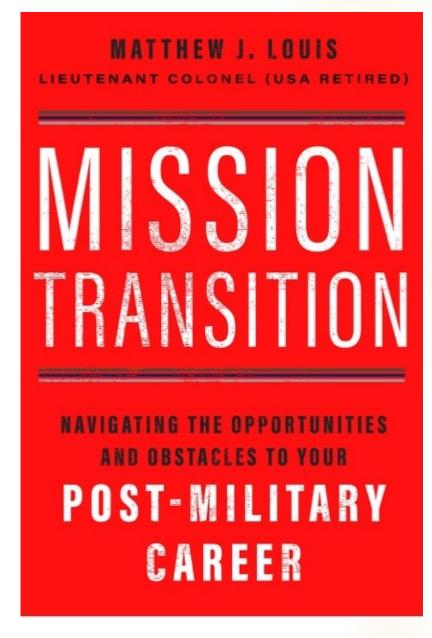
Resource	Description
101 Great Answers to the Toughest Interview Questions	Previews the questions you're most likely to face during an interview and helps you
By Ron Fry	prepare answers for them
Great Answers to Tough Interview Questions	Bestselling guide to the job-hunting process – from resume preparation to interview
By Martin John Yate	techniques and salary negotiation
PCS to Corporate America	Reference book for JMOs making the transition from the military to the business world.
From Military Tactics to Corporate Interviewing Strategy	Primary author is cofounder of recruiting firm Cameron-Brooks Inc.
By Roger Cameron with Chuck Alvarez and Joel Junker	
Dress For Success	Dated, but classic bestseller that sets the standard for professional dress
By John T. Molloy	
New Women's Dress For Success	Dated, but classic reference for women's professional dress
By John T. Molloy	
Chic Simple Dress Smart Women	A more updated professional woman's guide to dressing for success
Wardrobes That Win in the New Workplace	
By Kim Johnson Gross, Jeff Stone	
What Color Is Your Parachute?	World's top-selling career book. Covers all aspects of the career exploration and job
A Practical Manual for Job-Hunters and Career-Changers	search process – everything from how to find a career coach to salary negotiation.
By Richard N. Bolles	
Dress For Success	International not-for-profit that helps women achieve economic independence by
https://www.dressforsuccess.org/	providing a network of support, professional attire, and development tools
Dressing Well	Company provides image consulting & personal shopping services; website has a
https://www.dressingwell.com/	newsletter and blog filled with helpful tips and advice
How To Land a Top-Paying Federal Job	Experienced Federal career coach's process for securing a government job, internship,
By Lily Madeleine Whiteman	or fellowship (comes with a CD with sample resumes, checklists, and templates)
Rites of Passage at \$100,000 to \$1Million+*	Bestseller on executive job-changing and career management.
Your Insider's Lifetime Guide to Executive Job-Changing and	
Faster Career Progress	
By John Lucht	
Orders to Nowhere*	A retired Marine Colonel's lessons learned from his transition from the military
The After Action Report from a Career Marine's Transition Back to	
the Civilian World	
By Michael D. Grice	

Notes





Chapter 14
INTERVIEW CONDUCT



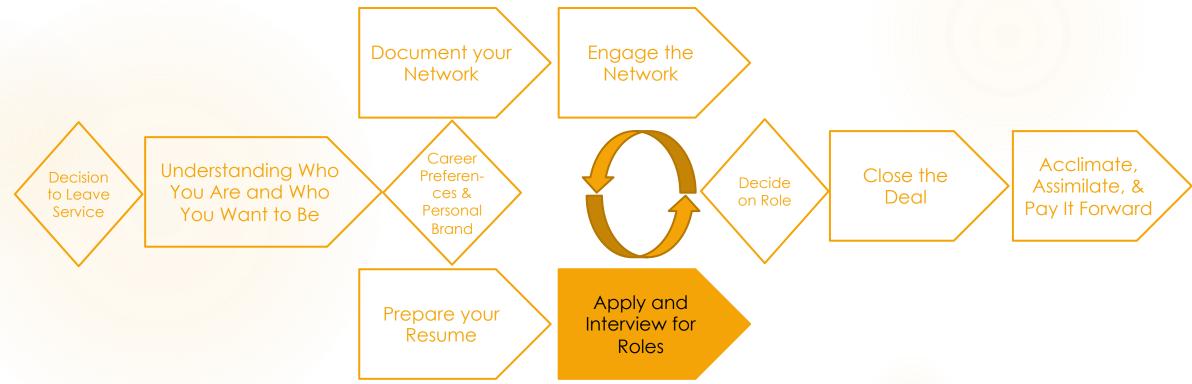
Chapter 14 Objectives & Scope

MISSION
TRANSITION

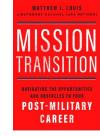
POST-MILITARY
CAREER

Content in this chapter parallels content in Chapter 8 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand how to successfully conduct various types of employment interviews	Application	Ability to successfully interview for civilian roles
Understand how to successfully follow up after interviews	Application	Ability to leave a lasting positive impression
Understand nuances between Federal and commercial interviews	Understanding	Appreciation of Federal interview requirements



Interviews



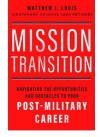
- Make-or-break opportunity for your candidacy
- Two-way street
- Employer's primary deciding factor
- Criticality of preparation, rehearsal, and follow-up

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Interview Types

- Screening
 - ▶ Take place over phone or via Skype; usually just once
 - Conducted by HR or someone other than hiring manager
 - Purpose: screen you out of competing for the role
 - Basic questions administrative, behavioral, situational
- Formal
 - In-person at the office
 - Conducted by hiring manager and peers, in sequence or as a panel
 - 30-60 minutes each
 - Purpose: ensure organizational fit
 - Many question types
- Informal
 - In-person outside the office, usually in social settings
 - Conducted by hiring manager and peers
 - Purpose: ensure organizational fit
 - Focus on soft skills

Screening Interview Preparation



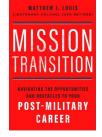
- Schedule the interview when you can focus exclusively on it
- Treat it no differently than you would a formal interview your dress, your posture, and your attitude
- Conduct it in a private setting that is free of distractions. Turn off the smart phones and shut down any distracting apps on your computer. Put a "do not disturb" sign outside your door.
- Test your Skype/Zoom app if it will be used. Clear the background in the room of any distracting or potentially offensive materials.
- Have a pen, a sharpened pencil, paper, and a calculator at the ready
- Have a copy of your resume and application handy

MISSION TRANSITION AND DESCRIPTION POST-MILITARY CAREER

Screening Interview Tips

- Break the ice with small talk at the beginning of the interview. Show you have a personality. Avoid topics such as politics, religion, and sex.
- When questions are asked, listen for what the interviewer is seeking and provide only that information. Don't answer the unasked question.
- Respond to questions using the interviewer's name
- If you have difficulty hearing, or need additional clarity, repeat the question
- Answer the interviewer's questions by highlighting your strengths. Pick from a list of stories that speak to your strong suits.
- Keep all answers positive even those that ask you to comment on your own weaknesses. Do not criticize former bosses, peers, or organizations; that criticism will ultimately reflect poorly on you. In discussing weaknesses:
 - Identify something that could also be a desirable characteristic such as being a workaholic
 - Identify something that took place in the past that you have since learned from and resolved
 - In either case, point out what you are doing to improve yourself and learn from past mistakes
- Time your answers to last between 30-90 seconds
- Remember to ask your own questions, one of which should be about scheduling a follow-on conversation with the hiring manager. You should not raise the compensation subject, but you should expect a question about it.
- Take notes on any action items (i.e., providing a list of references) and follow up on them immediately
- Once the interview is complete, thank all representatives on the line for their time, reinforce your interest in the organization and the role, and speak to your eagerness in proceeding with the formal interviewing process
- Send thank-you notes to your interviewers immediately following the interview

Formal Interview Preparation



- Bring a leather folio which will contain a pad of paper, a pen and pencil, copies of your business cards, and the same number of tailored copies of your resume as the number of people with whom you'll be interviewing
- Turn off all smart phones, watch alarms, or anything else on your person that has the potential to distract or interrupt the interview
- Do not smoke or chew gum
- If, while waiting, you are offered something to drink, make it water

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Formal Interview Tips

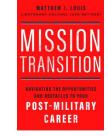
- Welcome the interviewer with a firm handshake, a smile, and direct eye contact
- Sit in the chair to which you are directed or, if given a choice, sit in the chair directly across from the interviewer
- Maintain good eye contact and good posture no slouching or crossed arms or legs, but not at the position of attention either. Aim for something in between those extremes.
- Take the time to break the ice. Highlight something you may have in common.
- Exchange business cards with them so you can follow up with them after the interview
- Answer questions in the same way as screening interviews. Remember to take notes on relevant items and to ask your own questions towards the end of the interview.
- Be open and honest. Don't exaggerate or fabricate facts. If you don't possess a specific trait, admit it if directly asked. But immediately follow up with two things:
 - What strengths you do possess that would compensate for that missing item
 - Your plan to pick up that required trait
- Be prepared to be asked for multiple examples on behavioral questions

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Formal Interview Tips (Continued)

- Case interviews
 - Take notes as the detailed information of the case is presented. Ask the interviewer for whatever additional information you think you will need.
 - Apply a decision-support methodology that works best for the case in consideration. For example:
 - ▶ The Four P's Price, Product, Promotion, Place is a classic approach to dissecting a marketing case
 - Porter's Five Forces Model is a classic approach to dissecting an industry analysis case
 - A SWOT Strengths, Weaknesses, Opportunities, Threats analysis is a basic analytical framework to strategy cases
 - Rehearse your presentation. Incorporate visual aids where possible. Take advantage of white boards or projectors if available.
- Panel Interviews
 - Although one person asks a question, direct your answers to the entire group. Make eye contact with every person on the panel in relating your responses.
 - In responding to questions later in the interview, refer to earlier questions asked by different people on the panel and your responses to them. Doing so will demonstrate your ability to connect data points and synthesize information from multiple sources.
- Beware the puzzle question
- Beware the inappropriate question

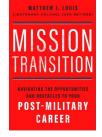
Formal Interview Tips (Continued)



- Ask some questions of your own. Focus them on unknowns that relate directly to your decision criteria. Remember that the questions you ask tell the interviewer a lot about the research you have done and what your intelligence level is. Consider including among the questions that you will ask the employer:
 - How much travel is required
 - How the variable component of compensation is structured
 - How the annual performance rating process works
 - How the organization's business plans will influence the role for which you are interviewing in both the near-term and long-term
 - And most importantly When you can expect to hear back from them on their decision. This will indicate to you when it is OK to follow up with them.
- At the end of the interview, close with confidence and thank the interviewers for their time
- Send thank you notes!

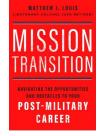
Use these questions during your interviews with employers.

Formal Federal Interview Tips



- Bring a copy of your DD-214 with you to the interview
- Bring a prepared list of references with you to the interview (not a bad idea for civilians either)
- Bring a portfolio of completed work samples or products to demonstrate your expertise (not a bad idea for civilians either)
- Be aware that the interviewer may be joined by a Human Resources representative to ensure fairness in all interviews





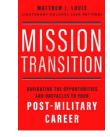
- Bring a pen and some 3x5 index cards for taking notes
- Research the organization's culture, especially how individuals in the organization are expected to act in social settings
- Within limits, the order of the day is "When in Rome, do as the Romans do"

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Informal Interview Tips

- For meal settings
 - Research the menu ahead of time so you can spend time focusing on the interviewer and questions being asked, not the menu
 - Order foods that will allow you to chew and swallow quickly (i.e., a salad). Realize that you will be the one doing more of the talking.
 - If you are asked first what kind of drink you would like, go with water, tea, or soda basically anything non-alcoholic
 - Mind your manners
- Be on guard for
 - Bad actors
 - Slippery slope interviewing tactics that could very well be a test
- Respond to questions in the same way as the Formal Interview
- Be prepared with your own set of questions
- Follow up with thank you notes!

Interview Types Quiz



True/False: I don't have to prepare for screening interviews because they tend to be cursory and virtual. A: Absolutely false

True/False: I don't need to bring business cards or a hard copy of my resume with me to formal interviews. Everything is electronic now.

A:

True/False: I should be prepared to provide multiple examples for all behavioral questions asked (i.e., "Tell me about a time when...").

A:

True/False: I should prepare my own set of questions for the interviewer(s).

A:

True/False: I don't need to bring anything to write on or write with to informal interviews since they tend to be in social settings. A:

True/False: Interviews for Federal roles are no different than interviews for civilian roles

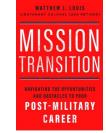
A:

A:

True/False: I should send thank-you notes after ALL of my interviews.

A: True

A: IUre



Interview Follow-up

 Conduct a personal After Action Review after every interview - what went well, what went wrong, why, and a plan to reinforce success and address root causes

Question	Answer
Organization	
Date	
Primary Interviewer	
Interviewer Contact Information	
What went well?	
Why did it go well?	
Plan to reinforce success	
What did not go well?	
Why did it not go well?	
Plan to address root causes	
Action items	
Follow-up date	

Interview Outcome

- An organizational representative will eventually contact you with their decision. This could happen by phone, mail, or e-mail.
- While you are awaiting a response, continue to pursue additional opportunities in parallel
- If the agreed-upon follow-up date has come to pass without an update, feel free to call the interviewer or the organization's HR representative for an update. Emphasize your interest in and passion for the role and the organization.
- When you receive a rejection, engage the company representative in a discussion. In a positive tone, reinforce your interest in and passion for the role and the organization, and then ask why you were not selected. Pending their response, here are possible actions:

Feedback	Possible Actions
This role has been allocated, but there are others available like it in the organization	 Thank them for their feedback and ask for the opportunity to interview for related roles
The role has been allocated, and there are no others available	 Thank them for their feedback, as it will benefit your ongoing job search Advise them that you would like to stay in touch should similar roles come available in the future
The role has not been allocated, but the organization felt that you were not a 'best fit' for it	 Thank them for their valuable feedback Attempt to clarify the elements that, had they been demonstrated, would have won you the role Assure the company representative that you possess those elements perceived to not have been demonstrated
Source: Matthew I Louis Mission Transition: Navigating the	 Ask for the opportunity to re-interview for the role Opportunities and Obstacles to Your Post-Military Career, Nashville, TN: HarperCollins Leadership, (2019).

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Homework

- Conduct interviews
- Conduct personal after action reviews
- Follow up appropriately
- Send thank-you notes!

Check out Mission Transition for...

- Additional detail on the nuances of Federal interviews
- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

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Words to the Wise

- For your interviews, SHOW UP: Be on time, be positive, be present, be respectful
- Be prepared to not only answer a host of questions, but also to ask your own insightful questions. The latter may tell the employer more about you than your answers to the former.
- Avoid answering the compensation question during initial interviews. While it is best to address it after you have an offer on the table, you should answer any premature inquiry by responding with a salary range based on your best intelligence from your research.
- Persistence pays off. Don't let rejection get the best of you. Everyone goes through this. See yourself through to the eventual offer(s).
- After your interviews, FOLLOW UP. Write thank-you notes and demonstrate passion for and interest in the opportunity.

Additional Resources

Resource	Description
101 Great Answers to the Toughest Interview Questions	Previews the questions you're most likely to face during an interview and helps you
By Ron Fry	prepare answers for them
Great Answers to Tough Interview Questions	Bestselling guide to the job-hunting process – from resume preparation to interview
By Martin John Yate	techniques and salary negotiation
PCS to Corporate America	Reference book for JMOs making the transition from the military to the business world.
From Military Tactics to Corporate Interviewing Strategy	Primary author is cofounder of recruiting firm Cameron-Brooks Inc.
By Roger Cameron with Chuck Alvarez and Joel Junker	
Dress For Success	Dated, but classic bestseller that sets the standard for professional dress
By John T. Molloy	
New Women's Dress For Success	Dated, but classic reference for women's professional dress
By John T. Molloy	
Chic Simple Dress Smart Women	A more updated professional woman's guide to dressing for success
Wardrobes That Win in the New Workplace	
By Kim Johnson Gross, Jeff Stone	
What Color Is Your Parachute?	World's top-selling career book. Covers all aspects of the career exploration and job
A Practical Manual for Job-Hunters and Career-Changers	search process – everything from how to find a career coach to salary negotiation.
By Richard N. Bolles	
Dress For Success	International not-for-profit that helps women achieve economic independence by
https://www.dressforsuccess.org/	providing a network of support, professional attire, and development tools
Dressing Well	Company provides image consulting & personal shopping services; website has a
https://www.dressingwell.com/	newsletter and blog filled with helpful tips and advice
How To Land a Top-Paying Federal Job	Experienced Federal career coach's process for securing a government job, internship, or
By Lily Madeleine Whiteman	fellowship (comes with a CD with sample resumes, checklists, and templates)
Rites of Passage at \$100,000 to \$1Million+*	Bestseller on executive job-changing and career management.
Your Insider's Lifetime Guide to Executive Job-Changing and Faster	
Career Progress	
By John Lucht	
Orders to Nowhere*	A retired Marine Colonel's lessons learned from his transition from the military
The After Action Report from a Career Marine's Transition Back to	
the Civilian World	
By Michael D. Grice	

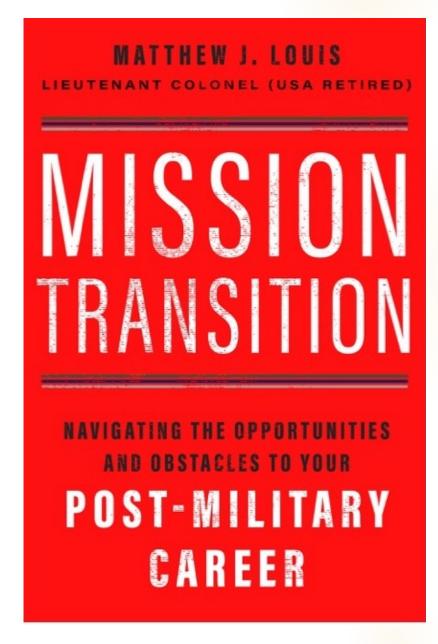
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Notes



Chapter 15

UNDERSTANDING YOUR FINANCIAL NEEDS



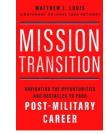
Chapter 15 Objectives & Scope

POST-MILITARY CAREER

Content in this chapter parallels content in Chapter 9 of Mission Transition

C	Chapter Objectives	Results/Outcome Expected	Skills Developed				
	nderstand your financial needs and ompensation differences	Understanding	Ability to establish a financial BATNA for negotiation purposes				
	nderstand differences between military and ivilian benefit packages	Understanding	Realization of who pays for what benefits and how they get incorporated into your compensation package				
	Decision to Leave Service Vou Want to Be Understanding Who You Are and Who You Want to Be	Apply and Interview for	Close the Deal Acclimate, Assimilate, & Pay It Forward				

Understanding Financial Needs Exercises



- Determine Required Retirement Savings*
- Determine Required Annual Salary*
 - ► Income Tax treatment analysis
- Compose Annual Budget
- Compare Military and Civilian Benefits

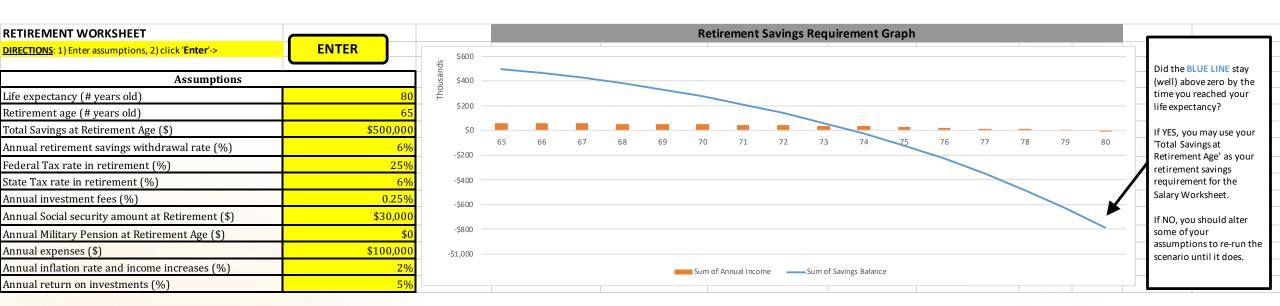
Sources of quantitative assumptions on the following slides:

- "1040 2016 Tax Tables," Department of the Treasury Internal Revenue Service, accessed May 19, 2017, https://www.irs.gov/pub/irs-pdf/i1040tt.pdf.
- "How Virginia Tax is Calculated," Virginia Individual Income Tax, accessed May 19, 2017, https://tax.virginia.gov/income-tax-calculator.
- "Military Compensation, Retirement," Department of Defense, accessed May 19, 2017, http://militarypay.defense.gov/Pay/Retirement.aspx.
- "State/Territory Benefits," MyArmyBenefits, accessed November 1, 2017, http://myarmybenefits.us.army.mil/Home/Benefit Library/State Territory Benefits.html.
- Derek B. Stewart and James R. White, "Active Duty Military Compensation and Its Tax Treatment," U.S. General Accounting Office, May 7, 2004, accessed November 1, 2017, http://www.gao.gov/assets/100/92588.pdf.
- "Monthly Basic Pay Table Effective 1 January 2017," Department of Defense, accessed November 1, 2017, http://militarypay.defense.gov/Portals/3/Documents/ActiveDutyTables/BasicPayTable2017.pdf?ver=2017-04-24-231808-783.
- "Military Compensation, Basic Allowance for Subsistence (BAS)," Department of Defense, accessed November 1, 2017, http://militarypay.defense.gov/Pay/Allowances/BAS.aspx.
- "BAH Calculator," Defense Travel Management Office, accessed November 1, 2017, https://www.defensetravel.dod.mil/site/bahCalc.cfm.

^{*} These exercises build upon assumptions put forth in Doug McCormick's Family Inc.: Using Business Principles to Maximize Your Family's Wealth

Determine Required Retirement Savings

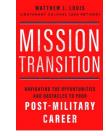
See matthewilouis.com/financial-needs-exercises/ for free downloads



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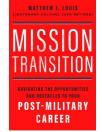
- 1. Download "Retirement Worksheets" from First Financial Needs Exercise on above website
- 2. When prompted, "ENABLE" macros
- Enter assumptions
- 4. Click "Enter"
- 5. Observe the graph. Modify assumptions and re-run above steps until the blue line remains (well) above zero by the time you've reached your life expectancy. See the next slide for improvement ideas.

Determine Required Retirement Savings – Improvement Options



Use these ideas to improve the outcome of the above exercise.

- Delay retirement until age 67 or 70 or later
- For CMPs, stay in the service longer to maximize the pension percentage for which you are eligible
- For JMPs and non-retired CMPs, consider additional time in the Reserves or the Guard (Army and Air Force only) to eventually qualify for a pension
- Optimize your and your spouse's incomes prior to retirement to optimize your Social Security payments in retirement and to optimize the incremental amount you can contribute to savings on an annual basis
- Retire to a state that provides more favorable tax treatment to retirement income and military pensions. WalletHub produces an annual ranking of best and worst states for military retirees.
- Maximize your employer-sponsored 401k or 403b (or, better yet, Roth 401k or Roth 403b) investments every year while employed following your departure from the service. This both minimizes your taxable income and adds to your retirement savings by qualifying for your employer's match.
- If applicable, take advantage of an employer-sponsored 457 savings plan
- Roll over your Thrift Savings Plan from the military into a Roth IRA and/or invest any incremental net income into a Roth IRA. This will minimize your tax burden in retirement.
- Make annual contributions to an IRA or Roth IRA. This might be a good idea for any annual surplus you realize.
- Minimize your annual expenses both before and after retirement
- Minimize fees that any brokerage firm would assess on your investments



Determine Required Annual Salary

See matthewilouis.com/financial-needs-exercises/ for free downloads



- Download "Required Annual Salary Calculator" from Second Financial Needs Exercise on above website
- When prompted, "ENABLE" macros
- **Enter assumptions**
- Click "Enter"
- Observe the graph. Modify assumptions and re-run above steps until the blue line is above the orange line by the time you reach your projected retirement age. This outcome will inform your negotiation strategy.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019). Mission Transition e-Course

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Paystub Comparison Worksheet

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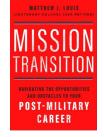
See matthewilouis.com/financial-needs-exercises/ for free downloads

PAYSTUB COMPARISON		Scenarios ->	In the	: Military		he Military. Pension		the Military. It Pension	
<u>DIRECTIONS</u> : 1) Enter assumptions, 2) Assess % income di	fferences		Monthly	Yearly	Monthly	Yearly	Monthly	Yearly	
		Income							
Assumptions		Salary	\$ 8,333	\$ 99,996	\$ 8,333	\$ 100,000	\$ 8,333	\$ 100,000	
Monthly Salary in Military	\$8,333	BAS	\$ 250	\$ 3,000					
Annual Salary outside Military	\$100,000	ВАН	\$ 1,400	\$ 16,800					
Monthly BAS rate	\$250	Pension			\$ 4,167	\$ 50,000			
Monthly BAH rate	\$1,400	Total Income	\$ 9,983	\$ 119,796	\$ 12,500	\$ 150,000	\$ 8,333	\$ 100,000	A positive % indicates that you are making a lower after-tax income outside of the military.
Annual Military Pension	\$50,000								urter tax income outside of the fillineary.
Federal Tax rate in the Military (%)	25%	Deductions							A negative % indicates that you are making a
Federal Tax rate Outside the Military (%)	25%	Federal Taxes	\$ 2,083	\$ 24,999	\$ 3,125	\$ 37,500	\$ 2,083	\$ 25,000	higher after-tax income outside of the military.
Social Security tax rate (%)	6.2%	Social Security	\$ 517	\$ 6,200	\$ 775	\$ 9,300	\$ 517	\$ 6,200	
Medicare Tax rate (%)	1.45%	Medicare	\$ 121	\$ 1,450	\$ 181	\$ 2,175	\$ 121	\$ 1,450	The Acre Of in disease the recognition of the Acres of
State Tax rate in the Military (%)	6%	State Taxes	\$ 500	\$ 6,000	\$ 750	\$ 9,000	\$ 500	\$ 6,000	The top % indicates the percentage that your after-tax income has decreased after leaving the
State Tax rate Outside the Military (%)	6%	Local Taxes	\$ -	\$ -	\$ 250	\$ 3,000	\$ 167	\$ 2,000	military.
Local Tax rate in the Military (%)	2%	Total Deductions	\$ 3,221	\$ 38,648	\$ 5,081	\$ 60,975	\$ 3,388	\$ 40,650	
Local Tax rate Outside the Military (%)	2%								The bottom % indicates the percentage that you must increase your after-tax income outside of
Military Salary Taxed by State?	Yes	After-Tax Income	\$ 6,762	\$ 81,148	\$ 7,419	\$ 89,025	\$ 4,946	\$ 59,350	the military to retain an equivalent after-tax
Military Salary Taxed by Local?	No								income as you had in the military.
Military Pension Taxed by State?	Yes	% decrease in a	fter-tax incon	ne from being 'I	n the Military'	-10%		27%	
Military Pension Taxed by Local?	Yes	Increase required t	o sustain 'In	the Military' afte	er-tax income	-9%		37%	

- Download "Paystub Comparison Worksheet" from Second Financial Needs Exercise on above website
- Enter assumptions based on your planned scenario
- Observe the outcomes. Adjust assumptions as needed.
- Incorporate this knowledge into your negotiation planning.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019). 247

Financial Needs Exercises Outcomes

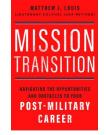


What are your required retirement savings?	A:
Based on the answer above, what is your required annual salary?	A:
What are your observations from the paystub comparison exercise	;?
A:	

How will these figures inform your negotiation strategy with your prospective employer?

A:

Income Tax Treatment Analysis Junior Military Professional Scenario Assumptions



It is critical to understand the tax treatment of your entire compensation package. It may be your first time considering it, but it will have a direct and palpable impact on your take-home pay – and may be different than your military experience.

- The assignment location while on active duty is Ft. Hood, TX. Upon departing active duty, you establish residency in Virginia.
- You are an O-3 with at least three years in service and are drawing a basic military salary no special pay or allowances. We will assume the identical salary after the military.
- We're assuming the low end of a Basic Allowance for Subsistence (BAS) range (~\$250/month for officers; ~\$350/month for enlisted).
- Basic Allowance for Housing (BAH) is assumed to be at the O-3 rate with dependents, which at Ft. Hood translates to ~\$1400/month.
- Federal tax rate assumes married, filing jointly using current tax tables. It also assumes that you are not deployed, and thus not exempt from Federal taxes.
- Social Security taxes are 6.2% of base salary; Medicare taxes are 1.45% of base salary
- Texas has no state income tax. Virginia state income tax is \$720 + 5.75% of income over \$17,000.
- This analysis ignores the impact of health care insurance, some portion of which you will pay for in any civilian role

Income Tax Treatment Analysis

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JMP Comparison: See matthewilouis.com/financial-needs-exercises/ for free downloads

		Scena	ario B							
		In the Military Outside the							<u> Military</u>	
	Monthly			Yearly		Monthly			Yearly	
Income										
Salary	\$	5,000	\$	60,000		\$	5,000	\$	60,000	
BAS	\$	250	\$	3,000		\$	-	\$	-	
BAH	\$	1,400	\$	16,800		\$	-	\$	-	
Total Income	\$	6,650	\$	79,800		\$	5,000	\$	60,000	
Deductions										
Federal Taxes	\$	675	\$	8,100		\$	675	\$	8,100	
Social Security	\$	310	\$	3,720		\$	310	\$	3,720	
Medicare	\$	73	\$	870		\$	73	\$	870	
State Taxes	\$	_	\$	-		\$	266	\$	3,193	
Total Deductions	\$	1,058	\$	12,690		\$	1,324	\$	15,883	
After-Tax Income \$ 5,593 \$ 67,110 \$ 3,676 \$ 44									44,118	
% decrease in af	ter-	tax incom	ne f	rom being	g 'ln	the	Military'		34%	
Increase required to	ว รเ	ıstain 'In	the	Military' a	after	-tax	income		52%	

- Observation: You're getting taxed more and paid less. Why?
 - BAS and BAH were not taxed while you were on active duty
 - You do not realize these same allowances once you leave the military, which on an annual basis represents ~25% of your income
 - You paid no state income taxes living in Texas
- For an equivalent baseline salary, you would realize a 34% decrease in the after-tax income upon leaving the military based on these factors
- To approximate the same standard of living in our assumed location following the military, you would need to realize a 52% increase in your after-tax income



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AMMERICAN STATEMENT
POST-MILITARY
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It is critical to understand the tax treatment of your entire compensation package. It may be your first time considering it, but it will have a direct and palpable impact on your take-home pay – and may be different than your military experience.

- Same as JMP assumptions, with following exceptions:
- Assume a \$100k annual salary, which is something between an O-4 and O-5 with 20 years in service using current military pay tables
- Assume the identical base salary upon departing the military
- BAH rates for an E-8 at Fort Hood with dependents are ~\$1400/month
- A Retiree's annual pension is 50% of \$100,000 based on a military retirement at 20 years

Income Tax Treatment Analysis

CMP Comparison: See <u>matthewjlouis.com/financial-needs-exercises/</u> for free downloads

		Scena	ario C			Scena	ario D		Scen	ario E		
		In the Military			Outside the Military.				Outside the Military,			
		iii tiie	iviiitai <u>y</u>		With Pension				Without Pension			
		Monthly	Yearly			Monthly	Yearly		Monthly	Yearly		
Income												
Salary	\$	8,333	\$100,000		\$	8,333	\$100,000		\$ 8,333	\$100,000		
BAS	\$	250	\$ 3,000		\$	-	\$ -		\$ -	\$ -		
BAH	\$	1,400	\$ 16,800		\$	-	\$ -		\$ -	\$ -		
Pension	\$	-	\$ -		\$	4,167	\$ 50,000		\$ -	\$ -		
Total Income	\$	9,983	\$119,800		\$	12,500	\$150,000		\$ 8,333	\$100,000		
Deductions												
Federal Taxes	\$	2,083	\$ 25,000		\$	3,125	\$ 37,500		\$ 2,083	\$ 25,000		
Social Security	\$	517	\$ 6,200		\$	775	\$ 9,300		\$ 517	\$ 6,200		
Medicare	\$	121	\$ 1,450		\$	181	\$ 2,175		\$ 121	\$ 1,450		
State Taxes	\$	-	\$ -		\$	697	\$ 8,368		\$ 458	\$ 5,493		
Total Deductions	\$	2,721	\$ 32,650		\$	4,779	\$ 57,343	_	\$ 3,179	\$ 38,143		
After-Tax Income	\$	7,263	\$ 87,150		\$	7,721	\$ 92,658		\$ 5,155	\$ 61,858		
% decrease in a	fter	tax incon	ne from being	g 'ln	the	Military'	-6%			29%		
Increase required	Increase required to sustain 'In the Military' after-tax income									41%		

Observation: With your pension, your after-tax income actually increases outside the military

CARFER

- Observation: Without a pension, you're getting taxed more and paid less. Why?
 - BAS and BAH were not taxed while you were on active duty
 - You do not realize these same allowances once you leave the military, which on an annual basis represents ~25% of your income
 - You paid no state income taxes living in Texas
 - You realize a 29% decrease in aftertax income from your time on active duty
 - You would need a 41% increase in your civilian after-tax income to equate to your active duty standard of living

MISSION TRANSITION MANUSCRIPT OF CONTROLLED POST-MILITARY CAREER

Income Tax Treatment Analysis How to positively influence outcomes

- Negotiate an optimal salary and compensation package
- Maximize annual contributions to an employer-sponsored 401k or 403b (or, better yet, a Roth 401k or Roth 403b) plan, thus minimizing taxable income and increasing retirement savings by qualifying for your employer's match
- If your spouse works, consider enrolling in only one benefits package for healthcare insurance coverage. Or consider the Tricare option.
- Consider taking advantage of any employer-sponsored flexible spending plans, which set aside pre-tax dollars for needs you may have in areas such as health care, day care, transportation or parking. Alternately, consider Health Savings Accounts (HSAs).
- Retire to a state that provides more favorable tax treatment to retirement income and military pensions. WalletHub produces an annual ranking of best and worst states for military retirees.
- For CMPs, consider staying in the service longer to maximize the pension percentage for which you are eligible
- For JMPs and non-retired CMPs, consider additional time in the Reserves or the National Guard (Army and Air Force only) to eventually qualify for a pension.
- Minimize your annual expenses. Create an annual budget and stick to it.
- Minimize fees that any brokerage firm would assess on your investments

MISSION TRANSITION MANUALINE THE OPPORTUNITIES AND DESTRESS TO YES POST-MILITARY CAREER

Income Tax Treatment Analysis Outcomes

	What are y	your observ	vations ¹	from th	ie tax	treatm	ent (analysis	exercise?
--	------------	-------------	----------------------	---------	--------	--------	-------	----------	-----------

A:

How will these observations inform your negotiation strategy with your prospective employer?

A:

Annual Budget

Complete and maintain an annual household budget using the provided template or others available free online.

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See matthewilouis.com/budget-pro-forma-template/ for free download

Category	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	TOTAL
Income													
Salary													
Gifts													
Interest, Dividends, etc.													
Income Sub-total													
Expenses													
Savings (529 plan, IRAs, etc.)													
Automotive													
Charity													
Childcare/Daycare													
Clothing													
Dining													
Education													
Entertainment													
Groceries													
Grooming													
Home Repair / Improvement													
Insurance													
Medical Expenses													
Mortgage / Rent													
Recreation													
Subscriptions													
Taxes													
Utilities													
Vacation													
Expenses Sub-total													
Balance													

- One of the most basic, most critical, and yet most overlooked financial management tools available to your household
- Simple way to keep track of your household income and spending on a month-to-month basis
- Ensures the amount you spend does not exceed the income that you make
- Maintain a positive monthly balance and certainly a positive annual balance
- Adjust spending in expense categories if that threatens to not be the case
- Many software tools available to enable

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Compare Military and Civilian Benefits POST-MILLITAR

See matthewilouis.com/financial-needs-exercises/ for free downloads

- Compensation packages consist of more than just a base salary
- There are many benefits upon which you depend in the military, and most of them represent some sort of monetary value
- In transitioning to the civilian world, you will need to assess which combination of these benefits you will require – and their total value
- The total annual monetary value of those benefits should be used to compare your military compensation package to the compensation package of your prospective employer
- Doing so will get you the apples-to-apples comparison that you seek

Sources for charts on the ensuing slides:

- "Military: Active Duty and Veterans," Benefits.gov, accessed November 1, 2017, https://www.benefits.gov/benefits/browse-by-category/category/30.
- "Federal Benefits," MyArmyBenefits, accessed November 1, 2017, http://myarmybenefits.us.army.mil/Home/Benefit Library/Federal Benefits Page.html.
- See also: Rod Powers, Veterans Benefits for Dummies, (Indianapolis, IN: Wiley Publishing Inc., 2009).
- See also: Ronald L. Krannich, Ph.D., Military-to-Civilian: Success for Veterans and Their Families (Manassas Park, VA: Impact Publications, 2016).

CAREER

Compare Military and Civilian Income Benefits

- Document and quantify the military benefits noted on this and the following slides that you currently utilize.
- Decide and quantify which civilian equivalent benefits you will need.

Military Benefit	Value	Civilian Equivalent	Value
Salary	\$\$\$	Base salary	\$\$\$
BAS, BAH	\$\$		
Awards, recognition		Bonus, commissions, profit sharing	\$\$\$
Other Allowances (flight pay, combat pay, clothing, family separation, etc.)	\$		
Advance Basic Pay	\$	Salary Advance	\$
Advance BAH, Advance OHA	\$		
		Flexible Spending Plan	\$
Tax Preparation Assistance	\$	Tax Preparation Assistance	\$
Veterans' Compensation for Service- Connected Disabilities*	\$\$		
Income tax avoidance on some allowances and disability compensation	\$		
		Recruitment bonus (Federal only)	\$

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);

MISSION TRANSITION MAYOSTAGES TO SOME POST-MILITARY CAREER

Compare Military and Civilian Health Care Benefits

Military Benefit	Value	Civilian Equivalent	Value
TRICARE, Basic medical benefits package, Access to VA medical centers*, Health Care Benefits for Dependents (CHAMPVA)*, VA Care in the Community*	\$\$	Medical Insurance	\$\$
SGLI, VGLI*, Gratuitous Service-Disabled Veterans Insurance (ARH)*, Service-Disabled Veterans Insurance (S-DVI)*	\$	Life Insurance	\$
Family Servicemembers' Group Life Insurance Coverage (FSGLI), Parents' Dependency and Indemnity Compensation (DIC), Survivors' Dependency and Indemnity Compensation (DIC)	\$	Life Insurance for dependents	\$
		Accident Insurance	\$
		Umbrella Insurance	\$
Pharmacy Service	\$	Prescription Plan	\$
Basic medical benefits package, Access to VA medical centers*, VA Care in the Community*	\$	Dental Plan	\$
Basic medical benefits package, Access to VA medical centers*, VA Care in the Community*	\$	Vision Plan	\$
Legal Assistance Services (JAG)	\$	Legal Plan	\$
Social Security Disability	\$	Short-term disability	\$
Federal Long Term Care Insurance Program (FLTCIP)	\$	Long-term disability	\$
Uniform Services Savings Deposit Program (USSDP)	\$	Health Savings Account	\$
Mental Health Residential Rehabilitation Treatment Programs*	\$		
Services and Aid for Blind Veterans*	\$		
Veterans Alcohol and Drug Dependence Rehabilitation Program*	\$		
Veterans Prosthetic Appliances*	\$		
Waiver of Insurance Premiums for Disabled Veterans*	\$		
Women Health Care Benefits*	\$		

Legend: \$ - \$\$ -\$\$\$ = relative monetary value of each benefit; * Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time); - Blank cells indicate either no monetary value or no equivalent benefit

MISSION TRANSITION MANUALINE DEL OPPARTMENTE AND DESTACAS DE VESTO POST-MILITARY CAREER

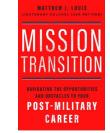
Compare Military and Civilian Retirement Benefits

Military Benefit	Value	Civilian Equivalent	Value
Pension*	\$\$\$	Pension	\$
Thrift Savings Plan	\$\$\$	401k, 403b, Roth 401k, Roth 403b, 457	\$\$\$
		plans	
Thrift Savings Plan agency match	\$	401k / 403b plan employer match	\$
Social Security	\$\$	Social Security	\$\$
Medicare	\$\$	Medicare	\$\$
		Stock purchase plans	\$
		Stock options	\$\$
		Organizational Ownership / Equity	\$\$\$
VA financial counseling*	\$	Financial planning assistance	\$
Survivor Benefit Plan*	\$\$		
Armed Forces Retirement Homes	\$\$		
Headstones, Markers and Medallions for	\$		
Placement in Private Cemeteries*			
Partial Reimbursement of Burial Expenses*	\$		
Presidential Memorial Certificates*			
Veteran & Dependent Burial in VA National	\$		
Cemeteries*			

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);



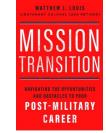
Compare Military and Civilian Education Benefits

Military Benefit	Value	Civilian Equivalent	Value
Tuition reimbursement	\$	Tuition reimbursement	\$
Military training	\$	Professional in-house training	\$
Advanced civil schooling	\$\$	Continuing education	\$\$
National Testing Programs*	\$	Testing, certification reimbursement	\$
Montgomery GI Bill*, Post-9/11 GI Bill*	\$\$\$		
Survivors' and Dependents' Educational	\$\$\$		
Assistance Program (DEA)*			

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);



Compare Military and Civilian PTO & RC Benefits

Military Benefit	Value	Civilian Equivalent	Value
Leave	\$\$	Vacation Days	\$\$
Family Medical Leave Act (FMLA)*	\$	Family leave	\$
		Sick Days	\$
Federal holidays	\$	Federal and other holidays	\$
		Accelerated vacation accrual	\$
		Flexible work schedule	\$
Maternity / Paternity leave	\$	Maternity / Paternity leave	\$
Uniformed Services Employment and Reemployment Rights Act (USERRA)*	\$\$	Military leave	\$\$
Military Reservist Economic Injury Disaster Loan Program*	\$\$	Compensatory pay during activation / deployment	\$\$

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);

MISSION TRANSITION POST-MILITARY CAREER

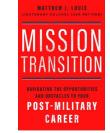
Compare Military and Civilian Relocation Benefits

Military Benefit	Value	Civilian Equivalent	Value
Relocation Readiness Program, Move-In Housing Allowance (MIHA), Per Diem Allowance, Monetary	\$\$	Moving expenses	\$\$
Allowance in Lieu of Transportation(MALT), Household			
Goods (HHG) Transportation,			
Relocation counseling	\$		
Permissive TDY	\$	House hunting trips	\$
Temporary Lodging Allowance (TLA), Temporary Lodging Expense (TLE)	\$\$	Temporary housing	\$\$
VA home loan program*, Interest Rate Reduction Refinance Loan (IRRRL)*	\$\$	Loan assistance	\$
Department of Labor benefits*	\$	Outplacement assistance for spouse	\$
		Handling sale of current home	\$\$
		Coverage of loss on sale of present home or cost to break lease	\$
		Mortgage fees / closing costs	\$
		Mortgage rate differential	\$
Dislocation allowance	\$		
Cash-out Refinance Loan*	\$		

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);



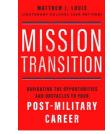
Compare Military and Civilian Home Office Benefits

Military Benefit	Value	Civilian Equivalent	Value
		Personal computer	\$
		VPN/Wireless Internet access	\$
		Office equipment – printer / copier / fax machine	\$
		Office furniture	\$
		Office supplies – printer paper, envelopes, etc.	\$
1//1//11/11		Separate phone line	\$
Specially Adapted Housing Grant*	\$		
Veterans' Mortgage Life Insurance (VMLI)*	\$		

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);



Compare Military and Civilian Severance Benefits

Military Benefit	Value	Civilian Equivalent	Value
		Some # of months' base salary	\$\$
		Incentive payments	\$\$
		Cashing out equity	\$\$\$
TAP, Soldier for Life programs, Veterans' Employment & Training Service (VETS)*, Vocational Rehabilitation and Employment Services for Veterans with Disabilities*	\$\$	Outplacement assistance	\$
		Use of organizational email / voicemail	\$
Leave sell-back	\$\$	Unused PTO reimbursement	\$\$
See above veteran healthcare benefits	\$\$	Health benefits or COBRA coverage	\$\$
		Retirement plan contributions	\$\$

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);

MISSION TRANSITION MARGINE THE OPPORTUNITIES AND DESTRECES TO FORM POST-MILITARY CAREER

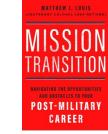
Compare Military and Civilian Other Benefits

Military Benefit	Value	Civilian Equivalent	Value
Travel reimbursement	\$	Travel reimbursement	\$
Mess hall access	\$	Free food at the office	\$
		Company car	\$\$
		Mobile phone	\$
On-site child care	\$	On-site child care	\$
		Expense account	\$
		Costs associated with social or athletic club membership	\$\$
		Frequent flyer / stay point ownership	\$
Durable Medical Equipment	\$	Reimbursement of wellness-related equipment / gear	\$
Military / veteran discounts	\$	Discounts on, or access to, tickets to professional sports and other cultural events	\$
		Parking	\$
	/	Coverage of spousal travel	\$
		Professional association memberships	\$
Gym / fitness center access	\$	Well-being subsidy	\$

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);



Compare Military and Civilian Other Benefits (continued)

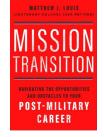
Military Benefit	Value	Civilian Equivalent	Value
Military / veteran discounts	\$	Employee shopping discounts	\$
		Sabbatical program	\$\$
		Remote location work options	\$
		Variable start date	\$
		Adjusted timing of first performance review	\$
Readjustment Counseling (Vet Centers)*	\$		
Commissary / PX / BX access*	\$		
Class VI store access*	\$		
Space Available travel*	\$		
Military Lodging*	\$		
Armed Forces Resorts*	\$		
Armed Forces Vacation Club*	\$		
Veterans Preference for Federal roles*	\$\$		
Educational and Vocational Counseling*	\$\$		
Various homeless veteran programs*	\$\$		
Jobs for Veterans State Grants Program (JVSG)*	\$\$		
Local Veterans Employment Representative	\$\$		
Program (LVER)*			
Readjustment Counseling (Vet Centers)*	\$		

Legend: \$ - \$\$ - \$\$\$ = relative monetary value of each benefit;

- Blank cells indicate either no monetary value or no equivalent benefit

^{*} Ongoing veteran benefits following transition from active duty (some may be available for a limited period of time);

Benefit Comparison Analysis



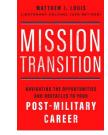
- Understand your retirement needs and corresponding annual net income requirements
- Understand that compensation is treated differently outside the military. Judge the contents of any civilian compensation package on equivalent terms.
- Your military compensation and benefits package is actually quite generous; and your expectations for the same upon departing the military should be adjusted accordingly.
- A government financial "coach" is available:
 - The Consumer Financial Protection Bureau oversees this program. To access a coach, see their website in the "Additional Resources" at the end of this chapter.

MISSION TRANSITION ABBREVIOLE DE OPPORTUNITE POST-MILITARY CAREER

Benefit Comparison Totals

- 1. Using the slides above, summarize the civilian equivalent benefits you will seek in a compensation package
- 2. Compare the benefits sought with the compensation package your prospective employer offers you
- 3. Determine what gaps exist. Use the next page to determine how to include these items in your negotiation plan.

Military Benefit	Value	Civilian Equivalent	Value	Benefit Offered	Value



Compensation Package Negotiation Planning Tool

Benefit	Must-have or Nice-to-have?	Included in compensation page	Action step

How does your compensation package compare? Do this exercise:

- In the first column, identify the desired benefit
- In the second column, identify whether the desired benefit is a requirement for you or simply a nice-to-have addition
- In the third column, identify whether the prospective employer's compensation package addresses the desired benefit
- The fourth column should capture what you will do with the information in the first three columns. You might:
 - Ask a clarifying question of the employer
 - Negotiate its inclusion
 - Determine if the unaddressed benefit could be addressed by some combination of the above post-military benefits

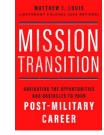
MISSION TRANSITION AND SECRET OF THE PROPERTY CAREER

Homework

- Complete the financial exercises
- Compose your annual budget
- Complete the compensation package negotiation planning tool

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition



Words to the Wise

- Understand your financial needs
 - Determine your financial retirement goals
 - Determine your annual cash flow requirements and maintain an annual budget
- Understand that military and civilian compensation packages are very different. Conduct any comparison on an equivalent basis.
- Don't expect to earn a greater compensation package immediately upon departing the service
- Take advantage of all veterans benefits for which you are eligible within the time window they are available to you. Include your family in these decisions.
- Even if you don't plan on using it in the short term, you should enroll in the VA healthcare program. You only have to enroll once. You never know when you might need it, and you can't take advantage of it if you don't enroll.

Additional Resources

Resource	Description
Family Inc. Using Business Principles to Maximize Your Family's Wealth By Douglas P. McCormick	Helps manage life's financial risks to make the most of your opportunities. Step-by-step guide to handling your family's finances with the insight and strategy of a corporate CFO.
The Millionaire Next Door The Surprising Secrets of America's Wealthy By Thomas Stanley and William Danko	Insight into the practical saving and spending habits of millionaires.
The Richest Man in Babylon By George S. Glason	Bestseller that speaks to the subjects of thrift, financial planning, and personal wealth
Veterans Benefits for Dummies By Rod Powers	Concise, plain-English guide that explains what programs area available to you and your family, and how to file applications, claims, and appeals.
The Complete Guide to Veterans' Benefits Everything You Need to Know Explained Simply By Bruce C. Brown	Veterans' Benefits guide written by a transitioning service representative
The Veterans' Survival Guide How to File and Collect on VA Claims By John D. Roche	Description of VA claims process and instructions on how to maneuver through it
Military-to-Civilian Success for Veterans & Their Families By Ronald L. Krannich	Exhaustive guide with tips for launching a successful transition.
Dave Ramsey's 7 Baby Steps https://www.daveramsey.com/baby-steps/	Step-by-step plan to get out of debt, save money, and build wealth
Consumer Financial Protection Bureau Office of Servicemember Affairs (OSA) www.consumerfinance.gov/servicemembers/	Helps military families overcome financial challenges by providing educational resources, monitoring complaints, and working with other agencies
Consumer Financial Protection Bureau Financial Coaching Initiative www.consumerfinance.gov/practitioner-resources/financial-coaching/financial-coaching-initiative/	Program that provides financial coaches to servicemembers critical points in their lives as they move along the path to financial stability
The Military Guide to Financial Independence & Retirement* By Doug Nordman; tion & Course	Guide to optimizing military retirement benefits so you can spend more time focusing on what you want to do with the rest of your life.

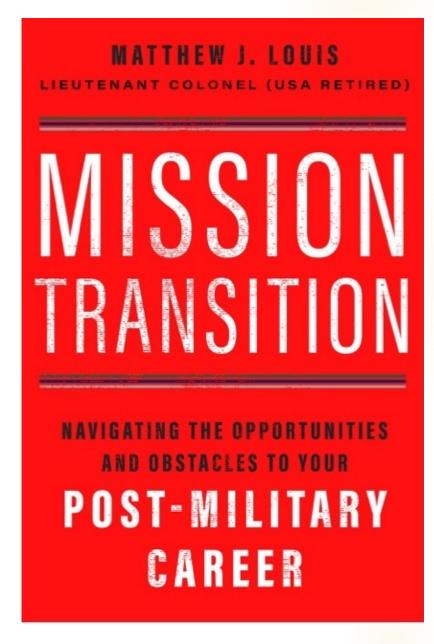
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Notes



Chapter 16

NEGOTIATING & FINALIZING THE JOB OFFER



Chapter 16 Objectives & Scope

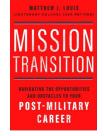
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Content in this chapter parallels content in Chapter 9 of Mission Transition

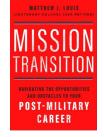
Chapter Objectives	Results/Outcome Expected	Skills Developed		
Negotiate and finalize your job offer	Application	Ability to successfully resolve gaps between what the employer offers and what you need		
Understand what veteran support networks exist at the prospective employer	Understanding	Ability to identify points of contact that will help you successfully assimilate into your new organization		
Decision to Leave Service Understanding Who You Are and Who You Want to Be Prepared to the P	Career Preferences & Personal Brand Apply and Interview fo Roles	Decide on Role Close the Deal Acclimate, Assimilate, & Pay It Forward		

Negotiation Introduction



- Negotiation = interactive process of discussions with the goal of influencing the behavior of others to reach a mutually satisfactory agreement
- Goal is a win-win outcome
- New skill for you. Requires planning and practice.
- Job offers are invitations to negotiate
- Only time in your job search where you have negotiating leverage with the employer
- Every incremental \$ you can secure in salary or benefits accrues to you as an annuity
- An initial offer of employment is rarely final. Take advantage.

Principled Negotiation Method



- "People: Separate the people from the problem." Take the time to put yourself in the other person's shoes and view the issue from their perspective.
 - For example, if you are a military retiree, an employer may perceive you to be an expensive hire.
- "Interests: Focus on interests, not positions." An employer's initial job offer is their going-in position based on issues and the underlying interests at the organization.
 - For example, an organizational issue could well be pay band limits, and one of their primary interests may be to save costs or limit spending on labor
- "Options: Invent multiple options looking for mutual gains before deciding what to do."
 - For example, you could come up with an alternative that cuts back on benefits the employer might see as costly while maintaining your desired salary
- "Criteria: Insist that the result be based on some objective standard."
 - For example, the cost of the benefit(s) and the market-rate salary figure would be your objective standards

Sources: Roger Fisher and William Ury, Getting to Yes: Negotiating Agreement Without Giving In (New York: Penguin Books, 2011), 11. Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

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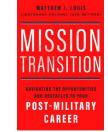
BATNAs

- BATNA = Best Alternative To a Negotiated Agreement
- Walk-away point
- The more and better BATNAs you have, the greater negotiating leverage you have
- Options beget power. Try to go into any negotiation with some options in mind.
- How to create BATNAs
 - Compile a list of actions you might take if no agreement is reached
 - Convert the more promising ideas into practical alternatives
 - Select the alternative(s) that seems best

Source: Roger Fisher and William Ury, Getting to Yes: Negotiating Agreement Without Giving In (New York, NY: Penguin Books, 2011)

Mission Transition e-Course

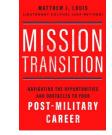
Negotiation Planning Worksheet



Items to consider before entering any negotiation

- Goals: What is our goal? What is the other party's goal? How can we make that a shared goal?
- Power: Who has what power in the discussion? Sources of power could include knowledge, confidence, commitment, aspiration, deadlines, etc.
- Issues and Interests: What are our key issues and interests? What are the other party's? Are any of those common? Are there any where agreement might be difficult?
- Possible Options, including Tradeoffs: What would we be willing to give up to get what we want? What would the organization be willing to give up to get what they want?
- Objective Criteria: How will we measure success? How will the other party measure success?
- Strategy: What is the logic or rationale that we will use to influence the other party to accept our solution? What logic or rationale do we expect the other party to use to influence us to accept their solution?
- Tactics: What persuasion principles will we use to influence the other party? What persuasion principles will the other party use to influence us? How would we counter them?
- Initial Position: Based on all the above, how would we state our initial position? Based on what we know, how would we expect the organization to state their position? How would we counter it?
- Information: What else do we need to know or verify before we meet with the other party? What information do we expect the other party to attempt to extract from us? What information will we not divulge?

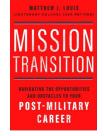




Complete this Worksheet prior to any negotiation

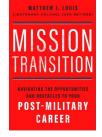
Planning Item	Our Position	Other Party's Position
Goals		
Power		
BATNAs		
Issues and Interests		
Possible Options		
Objective Criteria		
Strategy		
Tactics		
Initial Position		
Information		

Rehearsal and Engagement



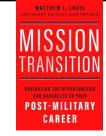
- Rehearse your approach to the negotiation with a civilian knowledgeable about the organization or industry
- Practice responding to various scenarios or contingencies that you expect to come up with the employer
- ▶ The more you practice, the more confident you will be
- How to structure the conversation with the other party
 - Opening
 - Attitude of gratitude
 - Body
 - Act on conclusions drawn from the above negotiation planning worksheet exercise
 - Closing
 - Attitude of gratitude and a sense of eagerness about starting work and adding value
 - ► Two options:
 - Accept the role on the spot
 - Commit to providing a final decision by a specific date (within the next 48-72 hours is advisable). Don't leave the employer hanging.

Identify Veteran Support Networks



- Landing the job is only the start of your transition
- May take months or years to adjust
- How to shorten that time frame: Ensure the presence of veteran peers and support mechanisms at the prospective organization
 - Ask about existing veteran support groups or networks and their level of activity
 - Ask if the organization has formal transition support and retention practices in place
 - Ask if the organization actively supports veteran-related causes in the community

Employer Prioritization Matrix



Instructions:

- Make a list of criteria, rating the criteria on a 1-5 scale (1less important, 5-most important)
- 2. List your options and score them using the following scale (1-not a good fit, 3-good fit, 9-best fit) with input from your family
- 3. The cross-multiplication will produce an emotionless direction for you. In theory, the highest scored option will best match the relative importance of your stated criteria.

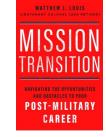
If you are considering multiple employment offers, use this matrix to identify and rank the criteria by which you will judge each offer. Rating each employer's offer against this criteria results in an emotionless outcome that may help you decide.

		Employer Options			
		Employer	Employer	Employer	Employer
Criteria	Ranking	Α	В	С	С
Career Field Match	5	3	9	9	1
Leadership Potential	3	3	3	1	3
Compensation	4	9	9	3	9
Travel Requirements	2	1	3	9	1
Culture Match	5	3	9	1	3
Benefits Package	4	9	9	3	9
Etc.					
	Outcome	113	177	95	103

Sample Employer Prioritization Matrix

See matthewilouis.com/prioritization-matrices/ for free template download

Closing The Deal



- If Accepting the Role...
 - Call the individual that offered you the role, accept it with enthusiasm
 - Reaffirm your passion for the role and a desire to get started
 - Thank them again for the offer
 - Confirm your start date and any other details that need to be settled
 - Draft a final thank-you note
- If Declining the Role...
 - Call the individual that offered you the position and thank them for the offer
 - State the reason(s) for your declination
 - Keep it up-beat, wish them well, perhaps even provide a referral, and leave the discussion on a high note
 - Send a personal note thanking them for their consideration
 - Never burn bridges

MISSION TRANSITION MANUAL PROPERTY POST-MILITARY CAREER

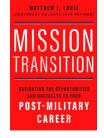
Homework

- Complete the negotiation planning worksheet
- Rehearse your negotiation approach
- Utilize the prioritization matrix to aid in your decision-making
- Send thank-you notes!

Check out Mission Transition for...

- Additional background on principled negotiation methods
- Additional detail on and examples of successful negotiation tactics
- Additional detail on vetting the viability of veteran support groups
- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

Words to the Wise



- Research salary ranges; understand the potential opportunities for both current and potential follow-on roles
- Understand compensation expectations of a civilian organization what is included and what is not (different than the military)
- Don't be afraid to ask for needed benefits in spite of a prospective employer's compensation package offer. Don't assume that it would be offered if you were eligible.
- Understand what support networks exist at your target employer
- Successful negotiations follow a win-win approach and consider the issues from both sides. Always take the high road.
- Practice negotiation skills
- Don't burn bridges
- Write thank you notes

Additional Resources

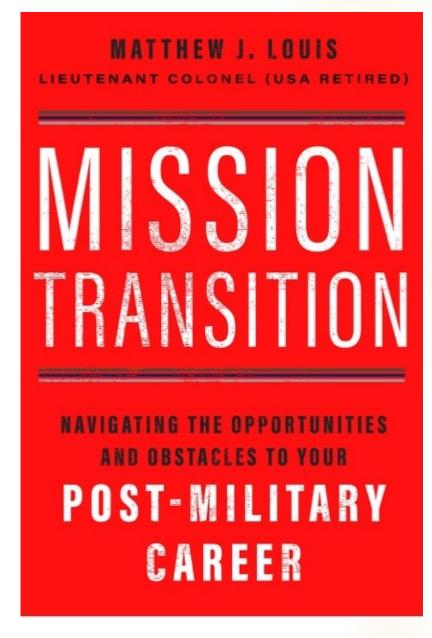
Resource	Description
Getting to Yes Negotiating Agreement Without Giving In By Roger Fisher, William L. Ury, and Bruce Patton	Step-by-step method for negotiating personal and professional disputes without getting angry-or getting taken.
Influence Science and Practice By Robert B. Cialdini	Identifies the factors that cause someone to say yes and the techniques that most effectively use these factors to bring about compliance
Veterans Benefits for Dummies By Rod Powers	Concise, plain-English guide that explains what programs area available to you and your family, and how to file applications, claims, and appeals.
Military-to-Civilian Success for Veterans & Their Families By Ronald L. Krannich	Exhaustive guide with tips for launching a successful transition.
The Complete Guide to Veterans' Benefits Everything You Need to Know Explained Simply By Bruce C. Brown	Veterans' Benefits guide written by a transitioning service representative
The Veterans' Survival Guide How to File and Collect on VA Claims By John D. Roche	Description of VA claims process and instructions on how to maneuver through it
The Military Guide to Financial Independence & Retirement* By Doug Nordman	Guide to optimizing military retirement benefits so you can spend more time focusing on what you want to do with the rest of your life.
Consumer Financial Protection Bureau Office of Servicemember Affairs (OSA) www.consumerfinance.gov/servicemembers/	Helps military families overcome financial challenges by providing educational resources, monitoring complaints, and working with other agencies
Consumer Financial Protection Bureau Financial Coaching Initiative www.consumerfinance.gov/practitioner-resources/financial-coaching/financial-coaching-initiative/	Program that provides financial coaches to servicemembers critical points in their lives as they move along the path to financial stability

MISSION TRANSITION AND STREET OF THE PROPERTY CAREER

Notes



Chapter 17
CULTURAL ASSIMILATION



Chapter 17 Objectives & Scope

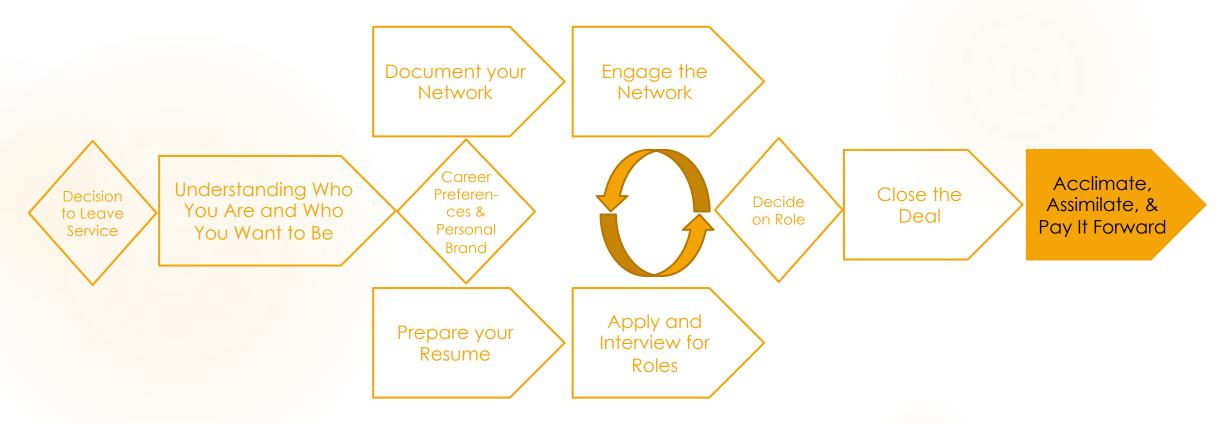
MISSION
TRANSITION

MISSION
TRANSITION

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Content in this chapter parallels content in Chapter 10 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed	
Recognize and acclimate to your new culture	Application	Ability to find your 'new normal'	
Find new meaning in your work	Application		



MISSION TRANSITION POST-MILITARY CAREER

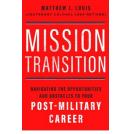
Success Defined Beginning With the End in Mind

- Transition Behavior Hierarchy; aka, the "Four Cs"
 - Clarity of Goals clear understanding of your personal and professional goals for the next
 12 months
 - Connection awareness of all the benefits and resources available to you as both an employee and a veteran and having taken proactive steps to link them to your defined goals
 - Communication regular discussions with individuals and veteran support groups both inside and outside of the workplace
 - Contribution to the Community willingness to volunteer your lessons learned in a way that attempts to make a positive difference in the transitioning veteran community



Source: Pat Clifford, "4C Veteran Transition Survey: Pretest results and recommendations," Tristate Veterans Community Alliance, 2016.

Goals Worksheet



Complete and maintain a goals worksheet like the one below for whatever role you select.

Goals should include*:

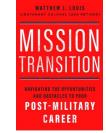
- Recognizing and acclimating to your new organization's culture
- Finding new meaning in your work
- Securing onboarding resources
- Joining support networks
- Refining your personal approach and work style
- Passing on your lessons learned
- Contributing to the veteran network

Goals	Next Six Months	Next 12 Months
Personal	1.	1.
	2.	2.
	3.	3.
	Etc.	Etc.
Professional	1.	1.
	2.	2.
	3.	3.
	Etc.	Etc.

Attaining these goals entails realizing the balance of the "Four Cs"

* All will be addressed between this and the next few chapters

Values, Behavior, and Culture



- Values form the basis for behavior
- Culture is the collective behavior of organizations

Army	 Loyalty
	• Duty
	 Respect
	 Selfless Service
	• Honor
	Integrity
	Personal Courage

Values of Each Service

	 Respect Selfless Service Honor Integrity Personal Courage
Marine Corps and Navy	HonorCourageCommitment
Air Force	Integrity FirstService Before SelfExcellence in All We Do
Space Force	CharacterConnectionCommitmentCourage
Coast Guard	HonorRespectDevotion to Duty

Populate the chart below with your organization's values to understand how your military values align to them.

How do Military Values Compare?

Military Values	New Organization's Values
 Honor and integrity 	•
Commitment, loyalty, and	•
duty	•
Courage	•
Leadership by example	•
Selfless service	•
Respect	•
Excellence	•
Discipline	

Sources: "The Army Values," Army.mil, accessed June 30, 2017,

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[&]quot;Who We Are: Our Values," Marines.com, accessed June 30, 2017,

[&]quot;Navy Values," Navy Information, accessed June 30, 2017,

[&]quot;Our Principles: Core Values," AirForce.com, accessed June 30, 2017

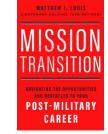
[&]quot;CSO unveils Guardian Ideal, Space Force values at AFA," Space Force News, accessed April 17, 2022, "Senior Coast Guard Leadership, Coast Guard Values," USCG.mil, accessed November 1, 2017, http://www.usca.

Cultural Dimension Worksheet

Populate the chart below to characterize your new organization's culture along various dimensions. Observe its alignment with the military's cultural dimensions.

Cultural Dimension	Military Organizations	Larger, Corporate Civilian Organizations	Smaller, Entrepreneurial Civilian Organizations	Your New Organization
Purpose	Mission	Money	Money	
Leadership Basis	Team	Individual	Team	
Organizational Structure	Hierarchy	Matrix	Hierarchy	
Power Basis	Formal	Personal	Personal	
On-boarding Process	Structured, thorough	Unstructured, limited	Minimal	
Training Administration	In-person, classroom environment, provided automatically	Self-service, virtual, provided upon request	Minimal	
Compensation & Benefits	Public	Private	Private	
Recognition & Rewards	Public	Private	Public or Private	
Rank / Level in Organization	Publicly known	Privately known	Privately known	
Personal Initiative	Muted	Expected	Encouraged	
Rules of Engagement, Standard	Spoken, Written	Unspoken, unwritten	Undocumented	
Operating Procedures				
Work Intensity Duration	Shorter bursts, sprints	Longer-term, marathon	Combination	
Time in Grade/Role	Shorter	Longer	Shorter	
Talent Models	One	One or more	One or more	
Receptiveness to Change	Accepting	Fearful	Accepting	
Thrives On	Chaos	Order	Chaos	
Frequency of Feedback	More Frequent	Less Frequent	More or Less Frequent	
Requesting Help	Not Encouraged	Encouraged	Encouraged	
Lifestyle Choices	Few, if any	Many	Many	
After-work Interaction	Much	Little	Some	
Employee Category	Just-cause	At-will or Just-cause (unions)	At-will	
Governing Law	UCMJ, Oath of Office, Enlistment	Constitutional law,	Constitutional law,	
	Contract	employment agreement	employment agreement	
Others				

Cultural Dimensions



The following slides portray the multiple considerations you must make in successfully assimilating into your new organization.

Purpose

- You must come to terms with your new organization's purpose and your personal role in furthering that purpose
- Military vs your organization's reason for existence
- Finding meaning in your new work: Finding your "new normal"
- Leadership Basis
 - Selfless service and "I" vs "we"
 - Focus on the individual vs the team. The organization hires you.
 - Need to make an adjustment at evaluation or promotion time

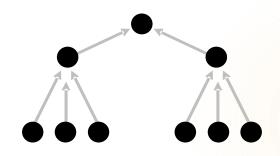
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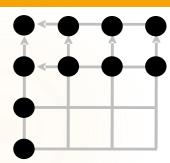
POST-MILITARY
CAREER

- Organizational Structure
 - Military organizations are hierarchical
 - Most civilian organizations are matrix
 - Matrix: multiple dimensions of accountability
 - Champion collaboration, coordination, information flow, and knowledge sharing
 - Leave your level (or job title) at the door; your military rank has no place
- Power Basis
 - Military uses Legitimate, Reward, and Coercive power a formal basis
 - Civilians use Referent, Expert, and Informational power – a personal basis
 - Directing and commanding vs. coaching, guiding, mentoring, and inspiring others

Hierarchical Organization Structure



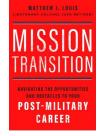
Matrix Organization Structure



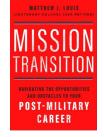
Six Bases of Power

- Reward Power perceived ability to give positive consequences or remove negative ones
- Coercive Power perceived ability to punish those who do not conform with your ideas or demands
- Legitimate Power perception that someone has the right to prescribe behavior due to election or appointment to a position of responsibility
- Referent Power association with others who possess power
- Expert Power having distinctive knowledge, expertise, abilities, or skills
- Informational Power based on controlling the information needed by others to reach an important goal

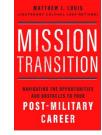
Sources: John R.P. French Jr. and Bertram Raven, "Bases of Social Power," Value Based Management.net, 1959. Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).



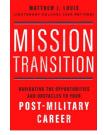
- On-boarding Process & Training Administration
 - Basic training experience: structured, formal, automatically programmed, provided immediately
 - Most organizations have virtual, on-demand curricula. On-boarding likely less formal, structured, and may not be programmed.
 - Leverage new network of peers and teammates for lessons learned
- Compensation & Benefits
 - Public vs private information
 - There is increased transparency in this area. Check your state & local laws.
 - Simple rule: don't share
 - Leverage your Human Resources (HR) department



- Recognition & Rewards and Rank
 - Nature of the military uniform; public military ceremonies
 - More communication needed to understand backgrounds of new peers
 - Ceremonies less frequent, less public
 - Awards slower in coming, monetary in nature
- Time in Grade and Talent Models
 - Starting level and variability in time frames within levels
 - As a rule, no mandatory retirement
 - Seek clarity on your new career path and expectations for 'time in grade'
 - Military 'up or out' talent model and alternatives pro's and con's
 - Research your new organization and enter with eyes wide open



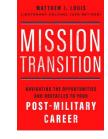
- Personal Initiative
 - Formality of the military decision-making process (MDMP)
 - Organizations tend to rely on the thinking, judgment, and problem-solving skills of the individual
 - Comfort with using your personal judgment to make decisions based on incomplete or inconclusive information
- Standard Operating Procedures (SOPs)
 - SOPs vs policies
 - Published hardcopy vs electronic
 - Thoroughness and less than perfect guidance
 - Need to master managing ambiguity
 - Use of lessons learned opportunity to add value



- Work Intensity Duration
 - Days/weeks vs months/years
 - Physical and mental nature
 - Time management "Eisenhower Matrix" (see next slide)
- Receptiveness to Change
 - Military thrives on change
 - Larger organizations tend to focus on efficiency; are less receptive to change
 - Smaller organizations are more flexible and innovative
 - Regardless, do what you can to help your organization succeed

'Eisenhower' Matrix

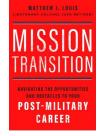
Use this matrix to help you manage your time.



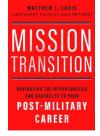
	Urgent	Not Urgent
Important	Crises Pressing problems Deadline-driven projects Paying the mortgage Must-Do Activity; Schedule It	Prevention; Getting Exercise Relationship-building New opportunities Business Development; Saving \$ Value-Added Activity; Do It Now
Not Important	Interruptions Answering the phone Non-Value-Added Activity; Delegate It	Trivia Most social media Non-Value-Added Activity; Do It Later

"I have two kinds of problems, the urgent and the important. The urgent are not important, and the important are never urgent."

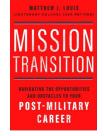
Dwight D. Eisenhower, 34th President of the United States, USMA 1915



- Lifestyle choices
 - Limited choices in military; familiarity/comfort with a structured environment
 - Now have nearly unlimited freedom of choice
 - Leverage your network to understand what is acceptable
 - Develop a new set of daily habits, a new set of boundaries
- Frequency of feedback
 - Formal feedback normally provided quarterly in military; informal more frequently
 - Occurs far less frequently at civilian organizations
 - Establish expectations for timing early on with your new supervisor
 - Act upon whatever feedback is provided; do something positive with it



- Requesting help
 - Military sees this as a form of weakness; preference to persist in ignorance
 - Organizations value efficiency: time is money
 - Efficiency requires immediate resolution of confusion/questions
 - Success requires asking questions and following through on their answers
- After work interaction
 - Military was a way of life; camaraderie and community were 24-7
 - Far less interaction in civilian workplaces; more in smaller organizations
 - You can address this within your sphere of influence if you desire
 - You will need to fill new information gaps your family has



- Employee category
 - Just-cause (military) and at-will (most civilians) employment categories
 - At-will employees can be terminated for any reason, or no reason at all
 - Recognize your new reality
 - At-will goes both ways
- Governing law
 - UCMJ vs Constitutional Law; different consequences for transgressions
 - With new freedom comes increased responsibility
 - Abide by all laws, policies, rules and regulations
 - You owe it to yourself and your family

MISSION TRANSITION MAYERINE THE OPPORTUNITIES AND DESTREES TO YESP POST-MILITARY CAREER

Cultural Dimensions Comparison Outcomes

What are your observations from the cultural dimensions comparison exercise?	
A:	
How will these observations inform your onboarding approach with your new employe	۲'
A:	

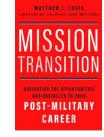
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Homework

- Identify your personal and professional transition goals
- Identify the values and cultural dimensions of your new organization
- Recognize and acclimate to your new organization's culture
- Find new meaning in your work

Check out Mission Transition for...

- Voluminous additional detail on cultural dimension differences
- Additional suggestions for succeeding in your new culture
- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition



Words to the Wise

- Be patient and open-minded with yourself, with your family, with your new workplace
- Followership is a requirement for leadership. Seek first to understand before seeking to be understood.
- Transition does not end when you are hired. It takes time!
- Accept that challenges are normal and that everyone experiences them differently
- Recognize and adapt to differences in work culture
- Focus on the positives
- Keep things in perspective. Use humor. Exercise.
- Ask questions and ask for help
- Broaden your network
- Remember that your family is adjusting too! Stay connected with them and your friends.
- Don't fight it. Work to find your new normal and new meaning.

Additional Resources

Resource	Description
The First 90 Days	Book provides strategies for moving seamlessly into a new role and
Proven Strategies for Getting Up to Speed Faster and Smarter	addressing the common challenges of transition
By Michael D. Watkins	
10 Must-Reads Before You Start a New Job	Compilation of 10 online articles that suggest specific actions you
https://www.themuse.com/advice/10- mustreads-before-you-start-a-new-jok	can take to transition effectively into a new role
You're In Charge – Now What?	Book suggests how to make the most of the first 100 days on the job
The 8 Point Plan	– when you know the least.
By Thomas J. Neff & James M. Citrin	
The New Leader's 100-Day Action Plan	Practical guide to help you manage your leadership transition.
An Onboarding Process for Leaders at Every Level	Describes a plan with real-world examples, and contains
By George B. Bradt, Jayme A. Check, and Jorge E. Pedraza	downloadable forms and worksheets.
People Styles at Work	Presents a practical, proven behavior science method that you
Making Bad Relationships Good and Good Relationships Better	can use to handle people differences on your job.
By Robert Bolton and Dorothy Grover Bolton	
Who Moved My Cheese?	Bestseller that uses a simple parable to reveal truths about dealing
An Amazing Way to Deal with Change in Your Work and in Your Life	with change so that you can enjoy less stress and more success in
By Spencer Johnson, M.D.	your work and in your life
Tribe	Explores what we can learn from tribal societies about loyalty,
On Homecoming and Belonging	belonging, and the eternal human quest for meaning
By Sebastian Junger	
Grit	Defines the secret of success as not being talent, but a blend of
The Power of Passion and Perseverance	passion and persistence
By Angela Duckworth	
Your Next Move*	Guide that shows how senior leaders can survive and thrive in all
The Leader's Guide to Navigating Major Career Transitions	the major transitions they will face during their careers
By Michael D. Watkins	
What Got You Here Won't Get You There*	A WSJ #1 business book that pinpoints 20 bad habits that stifle
How Successful People Become Even More Successful	successful careers as well as personal goals like succeeding in
By Marshall Goldsmith	marriage or as a parent.

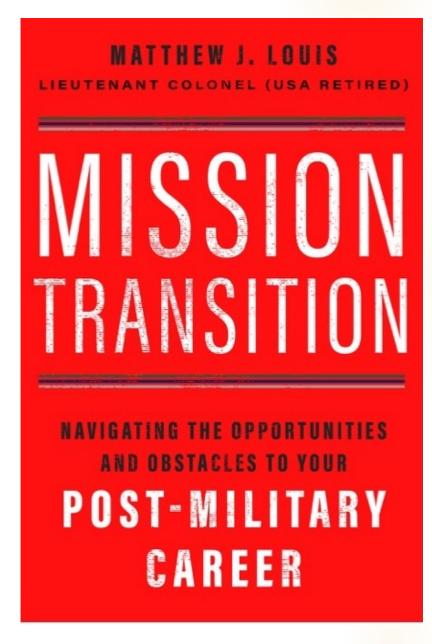
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Notes



Chapter 18

ONBOARDING & SUPPORT NETWORKS



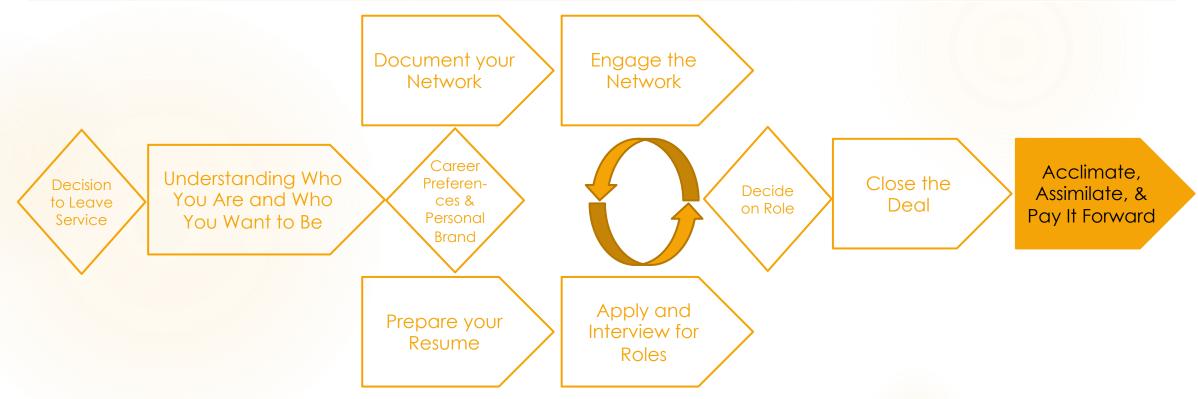
Chapter 18 Objectives & Scope

MISSION
TRANSITION

NAVIGABLE THE OPPORTUNITIES
AND OBSTICKES TO YOUR
POST-MILITARY
CAREER

Content in this chapter parallels content in Chapter 11 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Seeking onboarding resources at your new employer	Application	Enabling a soft landing at your new place of employment
Successfully engaging with this new network	Application	Ability to assimilate into your new workplace culture



MISSION TRANSITION POST-MILITARY CAREER

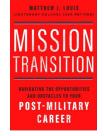
Success Defined Beginning With the End in Mind

- Transition Behavior Hierarchy; aka, the "Four Cs"
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 - Connection awareness of all the benefits and resources available to you as both an employee and a veteran and having taken proactive steps to link them to your defined goals
 - Communication regular discussions with individuals and veteran support groups both inside and outside of the workplace
 - Contribution to the Community willingness to volunteer your lessons learned in a way that attempts to make a positive difference in the transitioning veteran community



Source: Pat Clifford, "4C Veteran Transition Survey: Pretest results and recommendations," Tristate Veterans Community Alliance, 2016.

Actions to Take Before Your Arrival



- Revisit the research you did in preparation for your interviews, but with an eye towards your new role and team
- If your prior research did not address the following items, ask HR or your new boss about:
 - Your new division or team, what it does, and how it supports the organization's goals
 - Your role on the team and what customers you will serve
 - The employee performance evaluation process
 - Organizational reward or recognition systems
 - Your talent model and potential career path
 - A glossary of terms used in the organization
 - The existence of veteran support networks
 - The process for being assigned a mentor
 - The ability for your family to participate in any formal onboarding sessions
- Confirm your start date, time, location, dress code, to whom you will be reporting and their contact info
- Research any team members with whom you will expect to interact on LinkedIn
- Complete any remaining contingencies such as a physical exam or drug test
- Try to clear your plate of any major activities outside of work so you can focus on the important task of acclimating to your new environment

Use this as an initial onboarding checklist.

MISSION TRANSITION NAVIGABLE THE OPPORTUNITIES AND OBSTICKES TO YOUR POST-MILITARY CAREER

Actions to Take Upon Your Arrival

Use this as an initial onboarding checklist.

- Digest any information shared by HR or your new supervisor. Make sure you and your family have a crystal-clear understanding of the benefits package and how to take advantage of them.
- Arrive early, stay late, and ask lots of questions. Willingly engage with others and keep all interactions up-beat and positive.
- Involve your family in as much of the onboarding process as your organization will allow. Make sure all their questions get addressed.
- Voraciously consume any available intelligence regarding your new role. This first role sets a precedence and solidifies a reputation, and you want it to be a good one. Get ahead and stay ahead.
- Commit to a professional reading program. There is much to learn about your new world. Use the best ideas to continually improve your organization. All chapters in this e-Course contain additional resources; utilize them.

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Actions to Take Upon Your Arrival

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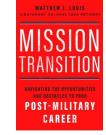
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Continued

Use this as an initial onboarding checklist.

- Establish expectations with your new supervisor regarding:
 - Your work schedule
 - Your specific responsibilities and metrics to which you will be accountable
 - □ The nature of your reporting channels, assuming a matrix organization in which there may be multiple
 - The schedule of formal and informal feedback discussions to which you both will commit
 - The availability of, and ability to participate in, needed training courses
 - The availability of, and expected use of, methodologies or standard operating procedures in the performance of tasks
 - His or her communication preferences. Do they prefer email, phone call, or 1:1 meetings? Do they require lots of detail or only a summary? How frequently do they require all of the above?
- Share your frustrations with family, with veteran peers, with mentors. Worst case, maintain a personal journal to vent those frustrations.
- Avoid office politics and any discussions involving religion, sex, politics, or other hot button topics
- Identify yourself as a veteran and join at least one support network, preferably one within your workplace. Through this network, secure a mentor that can act as a senior leader advocate within your new organization. Also, secure a 'buddy' or sponsor that can help show you the ropes regarding day-to-day procedures and expected behaviors in your new job.

Joining a Veteran Support Group



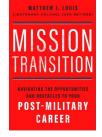
- How they help
 - VSGs act as a cohesive and egalitarian tribal society, which helps mitigate the effects of any trauma
 - Modern societies like the US are the exact opposite: hierarchical and alienating
 - VSGs don't see you as a victim. You're not excused from fully functioning in society.
 - Importantly, VSGs provide the social resilience that modern US society is lacking
 - VSGs enable engagement with a cause and involvement with a community
 - "When people are actively engaged in a cause their lives have more purpose...with a resulting improvement in mental health."
 - "People will feel better psychologically if they have more involvement with their community."*
- Examples
 - Team Red, White & Blue http://www.teamrwb.org/
 - Rallypoint https://www.rallypoint.com/
 - Mission Continues https://www.missioncontinues.org/about/
 - Travis Manion Foundation http://www.travismanion.org/

If your new
organization has an
internal Veterans
Employee Resource
Group / Affinity Group
/ Business Resource
Group, please join that
group as well.

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

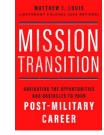
* H.A. Lyons, Journal of Psychosomatic Research, 1979

Networking's Increased Importance

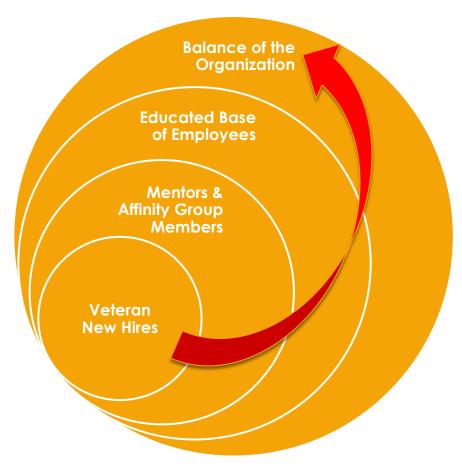


- Importance of building relationships in your new environment
 - If not done well, can easily & quickly brand you negatively
- Helps adjust your personal approach in the civilian world
- Helps you feel like you are part of something greater than yourself
- Helps prevent you from feeling isolated
- Should be purposeful and strategic. Your efforts should bear these hallmarks:
 - Are mutually supportive or beneficial. It's a two-way street!
 - Involve others purposefully, not randomly or by happenstance
 - Considers future possibilities vs. a focus only on the present
 - Considers relationship quality, not just network size
 - Enables professional growth
 - Helps achieve career goals
 - Increases your impact

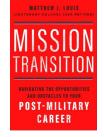
Networking Assimilation Process



- Start with regular discussions with individuals and veteran support groups both inside and outside of the workplace
 - Within these groups, identify one or more mentors that understand your background
- Mentors can help connect you with other civilian employees that are likewise educated on your background
- Over time, this increasing network eases your assimilation into the new organization
 - Purpose should initially be focused on helping you meet your goals
 - As you assimilate into the organization, the purpose will evolve to include two-way information sharing, with you contributing guidance and lessons learned to other newly transitioning veterans



Networking in Your New World



- Schedule networking time on your calendar. Make it part of your regular routine. Make it part of your annual goals.
- Regularly update your network and related documentation
- Vary your networking activities. Take advantage of any opportunity meals, coffee breaks, drinks, airport layovers, at work or not to connect with others.
- Seize opportunities to congratulate and thank others in your network. It's a great excuse for staying in touch.
- Network in multiple directions internal and external to your workplace, all dimensions of the organizational matrix, and all levels of the organizational hierarchy
- Be proactive and generous figure out what can benefit the other person first rather than asking for something that might benefit you
- Do what makes sense for you

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Maintaining Your Network

Legend

Friendlies

Targets

Remember this chart? Keep the corresponding database updated as you grow your network.

Tertiary

Friends

Acquaintances

Military

Family

University
Alumni & Faculty

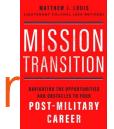
Professional & Industry Relationships

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019).

Mission Transition e-Course

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Use this chart to maintain all the new relationships in your network.

Name	Date of last contact	Meeting Objectives	Meeting Outcomes	Next steps & Action Items

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Engaging with Civilian Business Leaders

- Be authentic. Don't force it.
- Know their Business Chemistry® and tailor your communications accordingly
- Follow the Platinum Rule: Treat others as they want to be treated
- Smile, use their name, use a firm handshake, and maintain eye contact
- Be courteous but not too formal. A higher value is normally placed on interacting with warmth and friendliness.
- Focus on:
 - Working purposefully to obtain the best possible results for you and the organization. Be selfless.
 - Building relationships based on mutual trust, respect, and support. This does not involve manipulation or playing office politics.
 - Collaborating to solve problems, manage risks, and achieve common goals

MISSION TRANSITION POST-MILITARY CAREER

Homework

- Secure onboarding resources
- Identify and join veteran support groups both inside and outside of your new work environment
- Engage with and maintain your new network. Use your relationship tracker.
- Update your network organization chart and database

Check out Mission Transition for...

- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

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Words to the Wise

- Your first role in the organization solidifies a reputation. Make it a good one. Get ahead and stay ahead.
- Continue building and maintaining your professional network. Consider creating your own "board of advisors."
- Dedicate yourself to a professional reading program. Use the best ideas to continuously improve your new organization. Remember this:

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Good – Better – Best
Never Let it Rest
'Til Your "Good" gets Better
And Your "Better" gets Best
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Be an active participant in one or more veteran support networks or affinity groups

"Additional Resources

Resource	Description
The First 90 Days	Book provides strategies for moving seamlessly into a new role and addressing the
Proven Strategies for Getting Up to Speed Faster and Smarter By Michael D. Watkins	common challenges of transition
10 Must-Reads Before You Start a New Job	Compilation of 10 online articles that suggest specific actions you can take to transition
https://www.themuse.com/advice/10- mustreads-before-you-start-a-new-job	effectively into a new role
You're In Charge – Now What? - The 8 Point Plan	Book suggests how to make the most of the first 100 days on the job – when you know
By Thomas J. Neff & James M. Citrin	the least.
The New Leader's 100-Day Action Plan	Practical guide to help you manage your leadership transition. Describes a plan with
An Onboarding Process for Leaders at Every Level	real-world examples, and contains downloadable forms and worksheets.
By George B. Bradt, Jayme A. Check, and Jorge E. Pedraza	
Tribe - On Homecoming and Belonging	Explores what we can learn from tribal societies about loyalty, belonging, and the
By Sebastian Junger	eternal human quest for meaning
Grit - The Power of Passion and Perseverance	Defines the secret of success as not being talent, but a blend of passion and
By Angela Duckworth	persistence
The Effective Executive*	Identifies five practices essential to business effectiveness.
By Peter F. Drucker	
Execution* - The Discipline of Getting Things Done	Bestseller that shows how to link together people, strategy, and operations, the three
By Larry Bossidy and Ram Charan	core processes of every business.
Influence - Science and Practice	Identifies the factors that cause someone to say yes and the techniques that most
By Robert B. Cialdini	effectively use these factors to bring about compliance
Team Red, White, & Blue www.teamrwb.org/	Group that connects veterans to their communities through physical and social activity
American Legion www.legion.org/	Nation's largest wartime veterans service organization, mentoring youth and sponsoring wholesome programs in local communities
Veterans of Foreign Wars www.vfw.org/	National nonprofit veterans service organization that fosters camaraderie among US veterans of overseas conflicts
Military Officer Association of America www.moaa.org/	Nation's largest and most influential association of military officers. It is an independent, nonpartisan nonprofit.
Noncommissioned Officer Association https://ncoausa.org/. Mission_transition_e-Course	Military service organization with focus on education, work force development, employment, and quality of life of enlisted servicemembers, veterans, and their families

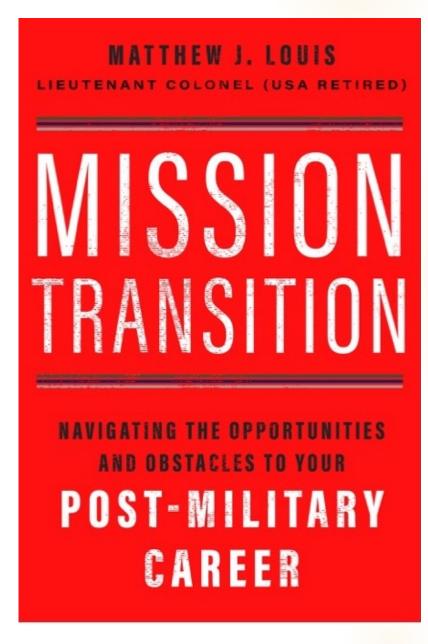
MISSION TRANSITION AND DESIGNATION POST-MILITARY CAREER

Notes



Chapter 19

REFINING YOUR APPROACH



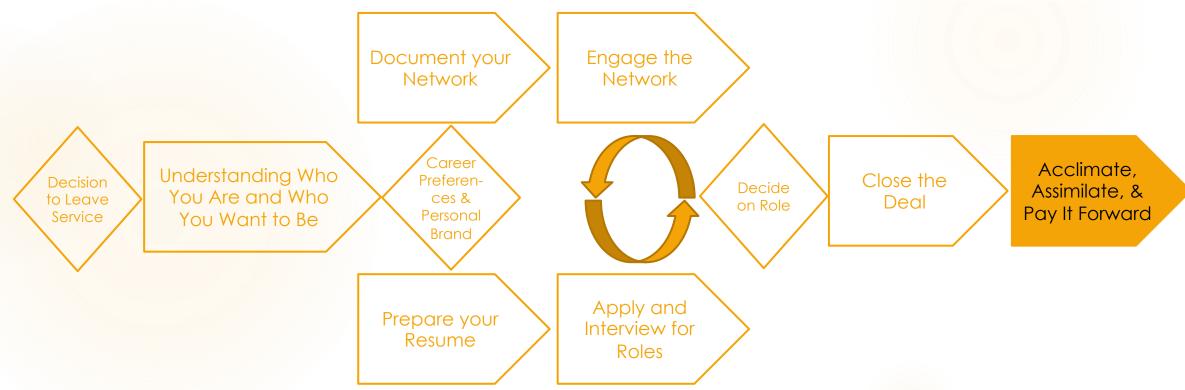
Chapter 19 Objectives & Scope

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CAREER

Content in this chapter parallels content in Chapter 11 of Mission Transition

Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand how to communicate with others in your new environment	Application	Ability to successfully communicate with others in your new world
Understand how to influence others in your new environment	Application	Ability to successfully influence others in your new world
Understand how to engage with others in your new environment	Application	Ability to successfully engage with others in your new world



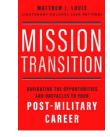
MISSION TRANSITION POST-MILITARY CAREER

Success Defined Beginning With the End in Mind

- Transition Behavior Hierarchy; aka, the "Four Cs"
 - Clarity of Goals clear understanding of your personal and professional goals for the next 12 months
 - Connection awareness of all the benefits and resources available to you as both an employee and a veteran and having taken proactive steps to link them to your defined goals
 - Communication regular discussions with individuals and veteran support groups both inside and outside of the workplace
 - Contribution to the Community willingness to volunteer your lessons learned in a way that attempts to make a positive difference in the transitioning veteran community



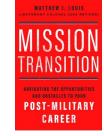
Source: Pat Clifford, "4C Veteran Transition Survey: Pretest results and recommendations," Tristate Veterans Community Alliance, 2016.



Perception of Military Communication Style

Military Communication Style	Civilian Perception
Decisive	Non-collaborative
Concise	Abrupt
Direct	Aggressive
Respectful of authority	Lacking confidence

Communication Style Differences



What is different?

Military Communication Style

Civilian Communication Style

Email A

Mary -

Have an issue. Could use your help.

Customer has goods STUCK IN LOCKUP.

When could you help us with this? Need it soon.

v/r,

- John

Email B

Mary,

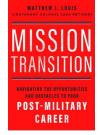
Thanks for facilitating today's session! You highlighted a few elements in the supply chain about which I wasn't aware.

One of those has to do with a current customer of mine, who is struggling with the repatriation of goods encumbered by tariff and customs clearance issues.

Would you be willing to meet with me to help our team prepare for a meeting with our customer on this topic?

I can flex our schedules to meet your availability. Just let me know what you might be able to accommodate. Thanks so much for the consideration!

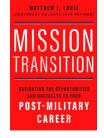
All good wishes, John



Typical Communication Challenges for Veterans

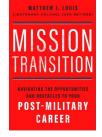
- Asking for guidance and support when needed
- Declining requests when overloaded or pulled in multiple directions
- Speaking up and sharing ideas or perspective
- Working collaboratively with others at varying levels
- Working effectively on a virtual team
- Addressing senior colleagues informally
- Giving and receiving feedback
- Avoiding curse words or rough language

Formulating a Communications Style



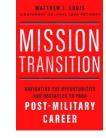
- You new style should bear the hallmarks of:
 - Servant leadership and being of service to others
 - Seeking first to understand the recipient of the information before transmitting the information
- Your new style should be characterized by:
 - Being open and honest
 - Questioning with purpose
 - Actively listening
 - Bringing a point of view
 - Being proactive
 - Being responsive
 - Building relationships

Communication Considerations



- When not to send an email:
 - When you are angry or if there is a conflict
 - If an immediate response is needed
 - If the risk of misinterpretation is high, especially in the case of jokes or attempts at humor
 - When sharing confidential or sensitive information
 - When sharing bad news
 - When explicit understanding is essential
- Presentation styles are unique to each organization, but few of them document it
- Asking questions is encouraged

Providing Feedback

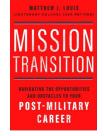


- Well-delivered feedback:
 - Focuses on specific behavior (not the person) and includes examples, describing them without judgment
 - Is actionable and can immediately be put into practice
 - Is timely provided as closely as possible to the timing of the behavior
 - Is balanced it includes recognition of good performance along with redirection on the behaviors in question
 - Is empathetic delivered in a safe environment that respects the person's perspective and feelings

- Consider using the EARN model*:
 - Event
 - What was the situation?
 - When did it happen?
 - Where did it occur?
 - Action
 - What was the observed behavior?
 - What specifically was said or done?
 - Result
 - What was the impact or the consequence?
 - Who was affected?
 - Next Steps
 - What behaviors should be continued or changed?
 - By when should the behaviors change?
 - How will you measure success?

* © 2017 Deloitte Services LP

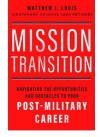
Business Chemistry®



- Proactively building relationships requires behaving in a way that recognizes the other party's perspective
- Key to that is understanding the party's work style and communication preferences
- Business Chemistry® identifies four work styles that define how others prefer to communicate and collaborate on shared objectives
 - Pioneers value possibilities, spark energy and imagination, believe risks are worth taking, fine to go with your gut. Focus on big-picture, bold new ideas, and creative approaches
 - Guardians value stability, bring order and rigor, are pragmatic, and hesitate to embrace risk. Details, data, and facts are important, like to learn from the past
 - Drivers value challenges, generate momentum, tend to view issues as black-and-white and tackle problems head on, armed with logic and data. Believe getting results and winning count most.
 - Integrators value connections, relationships, and responsibility; draw teams together.
 Believe most things are relative; are diplomatic and focused on gaining consensus.

Source: Suzanne M. Johnson Vickberg and Kim Christfort, "Pioneers, Drivers, Integrators, & Guardians," Harvard Business Review, March-April 2017, accessed July 7, 2017, https://hbr.org/2017/03/the-new-science-of-team-chemistry.

Using Business Chemistry®



- Identify your own Business Chemistry® by completing a free 20 question survey at this website (https://bc20questions.deloitte.com/#/)
- Identify (or hunch) the Business Chemistry® of those with whom you'll be working
- To create a "hunch," complete the same free 20 question survey noted above as if you were the individual with whom you'd be working
- Together with your own results, a hunch can help you flex your work and communication style to improve the effectiveness of your interactions with others

Influencing Others

You will need to alter your leadership style and communications approach to successfully influence others in your new workplace.

- No longer in the military; no longer giving orders
- Need to be able to persuade others in different ways
- Influence = the ability to persuade others to act, to coalesce stakeholders around a point of view, to generate support for an idea
- Act in ways that are always consistent with your purpose and priorities (it is not situational)
- Involves verbal and non-verbal communication
- Its success is measured by results
- Necessary in the matrix-type environments in which you will likely be working

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Principles of Influence

Strategy	Principle	Application
Reciprocity	 People repay in kind People are more willing to comply with requests for information, services, etc. from those who have provided such things first 	Give generously and share openly with others
Commitment and Consistency	 People align with their clear commitments People are more willing to be moved in a particular direction if they see it as being consistent with an existing or recently-made commitment 	Encourage commitments that are active, public, voluntary, and gradual
Social Proof	 People follow the lead of similar others People are more willing to take a recommended action if they see evidence that many others, especially similar others, are taking it 	Share peer examples when available
Liking	People like those who like themPeople prefer to say "yes" to those they know and like	Uncover real similarities and offer genuine praiseBuild rapport and trust
Authority	 People defer to experts People are more willing to follow the direction or recommendation of someone to whom they attribute relevant authority or expertise 	 Expose your expertise; do not assume that it is self-evident. Dress and act the part
Scarcity	 People want more of what they can have less of People find objects and opportunities more attractive to the degree that they are scarce, rare, or dwindling in availability 	Highlight unique benefits and exclusive information

Based on: Robert B. Cialdini, Influence: Science and Practice, (Boston, MA: Pearson/Allyn & Bacon, 2009).

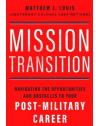
Flexing Your Leadership Style

- Leadership style: manner and approach to planning, providing direction, and prompting others to action
- Most leaders adopt a style that suits their personality and then flex that style to meet the needs of specific situations
- You'll need to adjust your own style to suit a civilian environment
- No "right" or "wrong;" judged by level of effectiveness

Leadership Styles Spectrum

Transactional Transformational Look beyond the day-to-day operations to Primarily concerned with maintaining develop strategies for achieving future goals normal flow of day-to-day operations Serve as role models for desired behaviors Focus on the present and emphasize team-building and Rely on discipline and rewards to motivate collaboration others Tend to be charismatic and motivate others Exchanges rewards for performance (i.e., a through coaching, growth opportunities, 'carrot and stick' approach) and involvement in decision-making Common style in the military Preferred style in most civilian organizations

Situational Leadership Styles



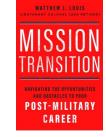
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Style	Coercive	Authoritative	Affiliative	Democratic	Pacesetting	Coaching
Summary	Demands immediate compliance	Mobilizes others toward a vision	Creates harmony and emotional bonds	Forges consensus through participation	Sets and models high standards for performance	Develops others for the future
	"Do what I say"	"Come with me"	"People come first"	"What do you think"	"Do as I do"	"Consider this"
Characteristics and Risks	 Factual about consequences Lavishes praise when goals are met Can have a negative impact on climate by inhibiting flexibility and dampening motivation 	 Explains the overall goal but gives others the freedom to choose their own means of achieving it Lets others see their personal impact 	 Takes a genuine interest in others and ensures regular contact Heavy focus on praise can allow poor performance to go unchecked Tends to avoid offering advice, which can leave others stuck 	 Solicits team contributions, uses the ideas quickly, and visibly praises involvement Builds organizational flexibility and a sense of responsibility and helps to generate fresh ideas Danger of endless meetings and confused team members who feel leaderless 	 Expects clarity, excellence, and self-direction Employs facts and reasoning to call teams to action Demand for excellence can be overwhelming and cause resentment in team members who are not highly driven or skilled 	 Uncovers concerns and needs, then helps to resolve them Spends 1:1 time Listens actively, with empathy Focuses more on longer-term talent development than immediate work goals
Works Best	 In a crisis To kickstart a turnaround With problem team members 	 When changes require a new vision When a team is adrift and clear direction is needed 	 To heal rifts in a team and improve morale To motivate others during stressful circumstances 	 To build buy-in or consensus To gather input from valuable team members 	To get quick results from a highly motivated and competent team	To help a person who is aware of development needs improve performance or leverage strengths

Based on: Daniel Goleman, Leadership That Gets Results (Boston, MA: Harvard Business School Publishing Corporation, 2017), 64-66.

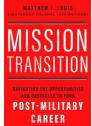
Engaging With Others

Use these tactics to successfully engage with others at your new organization.



- Meetings drive progress in organizations
- Military meetings tend to follow a well-established cadence, and are predictable, structured, and routine
- Meetings in civilian environment tend to be more dynamic, less predictable, and scheduled as-needed. Their format, topics, and participants will vary.
- First step to running a great meeting: knowing whether to call for one at all. Do <u>not call for a meeting</u> if:
 - Another method of communicating, such as email, would work as well or better
 - The group is upset and needs time apart before addressing the source of the conflict
 - You don't have time to prepare
- Consider the various types of meetings and whether one would better suit your cause:
 - In-person meetings are best for sensitive topics and driving high levels of engagement and participation
 - Virtual meetings can be more economical, time-efficient, and easier to organize, especially when a team is geographically dispersed
- Begin each meeting with an agenda
- Invite only those that must attend
- Assign responsibility for specific action items before concluding
- You will need to work harder to facilitate meetings in the civilian world. They tend to be more collaborative and interactive and will thus require a different style of facilitation.

Meeting Facilitation Techniques

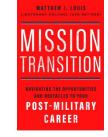


Technique	Description	Supporting Tactics	
Create Process Awareness	Provide clear direction about how the meeting will proceed. Gain agreement from participants as new facilitation processes are introduced during the meeting.	 Define roles (e.g., note-taker) Explain objectives and desired outcomes Confirm participant expectations 	Set ground rulesReview agenda
Manage Discussion Flow	Keep participants focused on the same content, using the same process, at the same time	Refer back to meeting objectives and agendaMonitor time	Use a parking lot or idea bin for off- topic points
Increase Engagement	Encourage high levels of active participation from everyone. Control dominators. Break silences.	 Precede open discussion with silent idea generation Lead a spontaneous free-form discussion 	 Use a round-robin to give everyone a chance to contribute Brainstorm to generate ideas
Build Agreement	Achieve small agreements throughout the meeting in order to reach consensus by the end	Build agreement on both process and content	Use a poll to assess how close participants are to agreement
Manage Strategic Moments	Recognize and address pivotal points in a meeting when a conflict or problem arises or the group requires redirection to get back on track	 Clearly state the problem Accept and legitimize the issue Reach agreement on how to move forward (e.g., address it now or defer it) 	Refer back to the ground rulesDon't be defensive
Capitalize on Energy and Creativity	Look for opportunities to tap into the energy and creativity of the group in order to maximize productivity and innovation	 Leverage visuals and encourage visual thinking (e.g., use a flipchart) Use creativity toys (e.g., putty) 	Use energizers and brainteasersChange the seating arrangement during the meeting
Conclude with Clarity	Wrap up by summarizing what has been accomplished and what will happen next	End on timeRecap action items and owners	

Source: Matthew J. Louis, Mission Transition: Navigating the Opportunities and Obstacles to Your Post-Military Career. Nashville, TN: HarperCollins Leadership, (2019). Mission Transition e-Course

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Refining Your Approach Quiz



True/False: I don't need to flex my military leadership style and communications approach to be successful in my new role.

- A: Absolutely talse
- True/False: My new communications style should be characterized by openness and honesty, in addition to active listening.

A:

True/False: I should use email as a communication vehicle to settle disputes and relate bad news.

A:

True/False: Well delivered feedback focuses on specific behaviors and is actionable, timely, balanced, and empathetic.

A:

True/False: Business Chemistry® is a tool that enables understanding our own and others' work styles and communication preferences. A:

True/False: I can continue my military approach to meetings in my new organization and be successful. A:

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MISSION TRANSITION POST-MILITARY CAREER

Homework

- Identify your Business Chemistry®
- Hunch the Business Chemistry® of those at work
- Refine your personal approach and work style
- Identify influencing, communication, and meeting facilitation techniques that will work better in your new environment

Check out Mission Transition for...

- Details on the importance of active listening
- Perspective from veterans like you that have already transitioned
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

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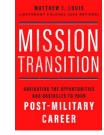
Words to the Wise

- Adjust your leadership, work, and communication styles to your new environment
- Your personal value is not determined by where you start, but by where you finish

Additional Resources

Resource	Description
People Styles at Work Making Bad Relationships Good and Good Relationships Better By Robert Bolton and Dorothy Grover Bolton	Presents a practical, proven behavior science method that you can use to handle people differences on your job.
The 7 Habits of Highly Effective People Powerful Lessons in Personal Change By Stephen R. Covey	Bestseller presents a step-by-step principle-centered approach for solving personal and professional problems.
Influence Science and Practice By Robert B. Cialdini	Identifies the factors that cause someone to say yes and the techniques that most effectively use these factors to bring about compliance
Who Moved My Cheese? An Amazing Way to Deal with Change in Your Work and in Your Life By Spencer Johnson, M.D.	Bestseller that uses a simple parable to reveal truths about dealing with change so that you can enjoy less stress and more success in your work and in your life
Emotional Intelligence 2.0 By Travis Bradberry & Jean Greaves	Step-by-step program for increasing your emotional intelligence using the four core EQ skills
Good to Great* Why Some Companies Make the Leap and Others Don't By Jim Collins	Bestselling management study that identifies the universal distinguishing characteristics that cause a company to go from good to great
The Effective Executive* By Peter F. Drucker	Identifies five practices essential to business effectiveness.
Execution* The Discipline of Getting Things Done By Larry Bossidy and Ram Charan	Bestseller that shows how to link together people, strategy, and operations, the three core processes of every business.

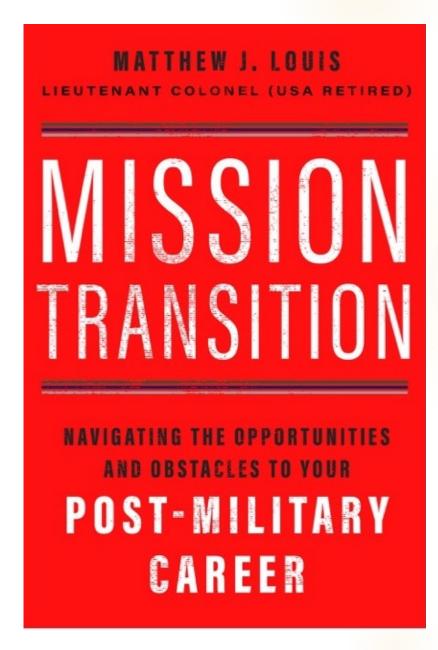
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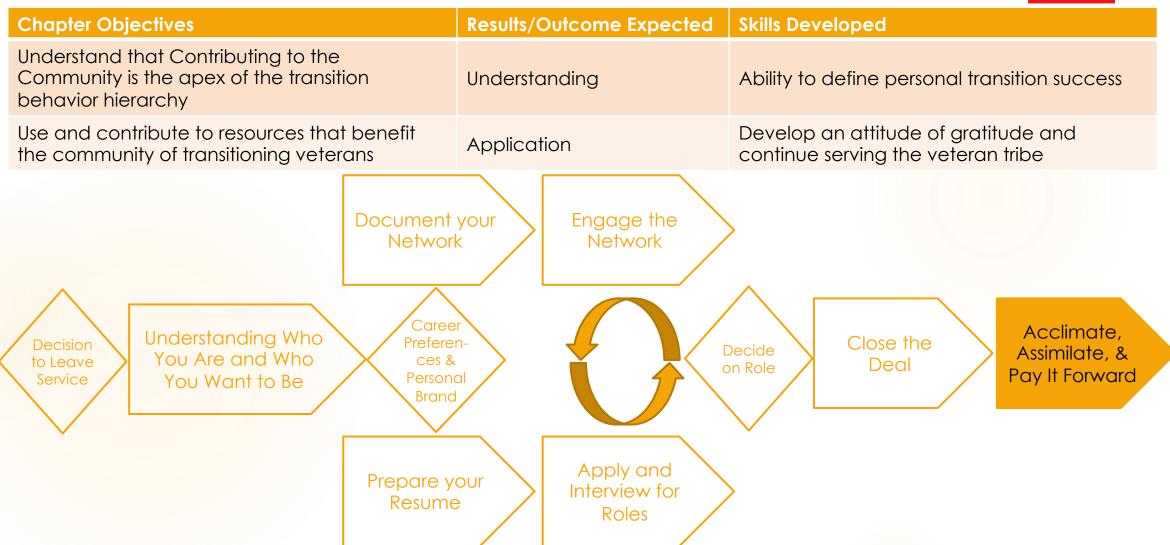
Chapter 20

USING AND CONTRIBUTING TO ONLINE RESOURCES



Chapter 20 Objectives & Scope

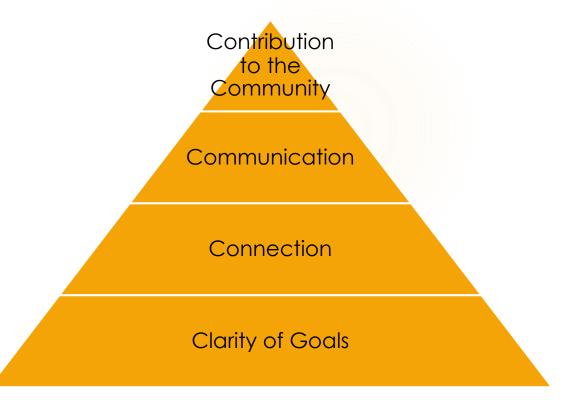
Content in this chapter parallels content in Chapter 11 of Mission Transition



MISSION TRANSITION MISSION TRANSITION MANUAL RESERVED TO THE REPORT TO

Success Defined Beginning With the End in Mind

- Transition Behavior Hierarchy; aka, the "Four Cs"
 - Clarity of Goals clear understanding of your personal and professional goals for the next 12 months
 - Connection awareness of all the benefits and resources available to you as both an employee and a veteran and having taken proactive steps to link them to your defined goals
 - Communication regular discussions with individuals and veteran support groups both inside and outside of the workplace
 - Contribution to the Community willingness to volunteer your lessons learned in a way that attempts to make a positive difference in the transitioning veteran community



Source: Pat Clifford, "4C Veteran Transition Survey: Pretest results and recommendations," Tristate Veterans Community Alliance, 2016.

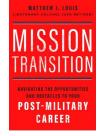
MISSION TRANSITION MAINTENANCE THE OPPORTUNITY POST-MILITARY CAREER

Contributing Your Lessons Learned

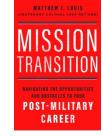
- Congratulations on making it this far!
- It should be our collective goal to eliminate false starts and failed transitions for all future transitioning veterans
- You can help!
 - You've undoubtedly learned some lessons along the transition journey
 - Let's make them available for all to digest
 - If it helped you, chances are it may help someone else
 - Just as in the military, lives are at stake; and your contribution may well save one
- Please do two things:
 - Share your additional thoughts, along with this e-Course, with your veteran support groups
 - Post your additional lessons learned to my website (https://matthewjlouis.com/lessons-learned/)

"The best way to find yourself is to lose yourself in the service of others."

Mahatma Gandhi



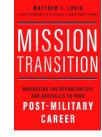
- Job Search
 - "Everyone will offer their opinion on its content, and some of that will be conflicting. The key is to just get comfortable with what you have."
 - Dave Uslan, Former Air Force Senior Master Sergeant
 - "Be relentless. Be persistent. Send follow-up emails. Hiring managers understand your situation, so don't be afraid. Take your personal pride out of the equation. Be humble and willing to accept help, personal connections, and useful resources."
 - Dominic Lanzillotta, Former Army Captain
 - "Take your time with your resume and find a number of experienced professionals that can review and provide feedback from their perspective."
 - Malissa Gallini, Former Army Captain



Networking

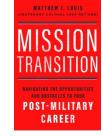
- "Begin networking early. Use LinkedIn InMail. Use Hire Our Heroes, Hire Purpose, and Veterati. Research industries and don't be afraid to ask for help. Also, don't be afraid to cold-call companies. Tell them that you are interested in their company, that you're just doing some research, and whether there is anyone with whom they could connect you."
 - Dave Uslan, Former Air Force Senior Master Sergeant
- "When you're asking for help, it doesn't feel like networking. It feels like you're being a pain in the ass. But you're still building relationships, whether you realize it or not."
 - Dominic Lanzillotta, Former Army Captain
- "The best part of my transition was meeting fellow veterans who helped me make the transition. One of the concerns I had was thinking there was a lack of camaraderie in the civilian sector. However, my experience was just the opposite. I developed strong professional and personal relationships with fellow vets that continue today. I think that having a strong network is key to a successful transition."

► Former Army Captain



Rejection

- "I initially shot-gunned my resume everywhere; sent it to 50-60 companies. That was a mistake, as this approach resulted in a lot of rejections. I got to the point where I started thinking that I just needed a job, not the job. So I saw the job I eventually landed as temporary; I figured I'd spend 6-8 months there and then move onto something that is more aligned with my interests. I finally got a mentor to walk me through career planning and eventually found my dream job."
 - ▶ Travis Long, Former Navy Petty Officer
- "I was surprised at how disinterested many of the organizations I interviewed with were in my military education and career, in spite of it representing almost the entirety of my professional experience. I found it disheartening that the tremendous responsibility (personnel, equipment, budget, training, etc.) I held in the Army seemingly carried little weight or importance. This was a low point in my search. I aspired to use my engineering education, but it was evident that the organizations and positions I was interviewing for placed a higher value on technical engineering skills and experience than leadership and the less-tangible (and less-quantifiable) skills I learned in my military career. I changed my search vector toward positions and opportunities that played more to my strengths and was rewarded with greater interest and in most cases, overall better compensation."
 - Grant Heslin, Former Army Captain



Retirement

- "Take a good amount of permissive leave and terminal leave. You will need to relax, network, and transition. But you'll also need time to decompress psychologically."
 - Dave Uslan, Former Air Force Senior Master Sergeant
- "You've got to trust the military system of leadership development. Your organization will not falter when you retire; its remaining leaders (and your replacement) will ensure that it doesn't. You only have one approach to retirement; use the time wisely and do it correctly. No one else will do it for you.
- "I have told other service members to take TAP seriously and take notes! There is no excuse for failing to follow the steps of the process. There is too much at stake, particularly when it entails ensuring that you and your family have covered all of the administrative bases before you are no longer on active duty.
- "Make a transition calendar and stick to it. From the notes taken in TAP, mark all of the key actions and milestones that require action and backwards plan to hit them. Permissive TDY and transition leave will arrive before you know it. If you're not paying attention, you could find yourself scrambling. The Retirement Date will not change.
- "Finally, plan a spectacular, special, and meaningful retirement ceremony. You owe it to your family. Your success in your military career also came as of result of the sacrifices, support and accomplishments of your wife and children. It was a true team effort. Go out on a high note, as a team, celebrating and reflecting upon your military story together. It's a big day; you all deserve to bask in it. You only retire from the military once."

Dan Hodne, Former Army Colonel

MISSION TRANSITION AMERICAN SOCIETY POST-MILITARY CAREER

Homework

- Contribute your lessons learned to my website: https://matthewilouis.com/lessons-learned/
- Contribute to the broader veteran network any way you can

Check out Mission Transition for...

- Veterans benefits timetable
- Veteran transition action checklist
- Perspective from veterans like you that have already transitioned
- Advice for professionals considering joining the Guard or Reserve
- Additional guidance for career military professionals
- Additional resources to support your transition

MISSION TRANSITION MANUAL PROPERTY OF THE PRO

Words to the Wise

- Share your lessons learned with the broader veteran network
- Pay it forward
 - Once you complete this e-Course, you will effectively be "trained" in this career change process
 - Share this with your peers that are going through or about to go through the same transition
 - This is not about furthering my book; this is about helping those most deserving to be successful and our nation to be successful as a result

Additional Resources

* For Career Military Professionals

Resource	Description
Success In Your New Mission*	Civilian job search guide tailored for senior
A Guide for Senior Military Leaders in Transition	leaders separating from the military
By Vera Steiner Blore	
Deployment to Employment	Executive recruiter's guide to transition from
A Guide for Military Veterans Transitioning to Civilian Employment	the military to the civilian world
By Russ Hovendick	
Military-to-Civilian Career Transition Guide	Outplacement career specialist's guide to
The Essential Job Search Handbook for Service Members	making the transition. Speaks to military
By Janet I. Farley	benefits and family transition needs.

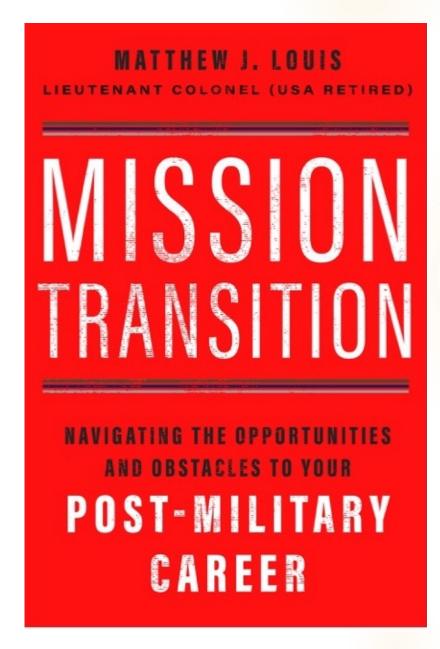
MISSION TRANSITION AMERICAN STREET

Notes



Chapter 21

DECIDING WHETHER TO JOIN THE GUARD OR RESERVE



MISSION TRANSITION AND DESTRUCTES TO YOUR POST-MILITARY CAREER

Chapter 21 Objectives

Chapter Objectives	Results/Outcome Expected	Skills Developed
Understand the pros and cons of this post-active duty option	Application	Ability to make an informed decision regarding RC service Skills Developed
Make an informed decision about transitioning into the Reserve Component	Application	
Understand how to deal with the fallout of this decision at home and at work	Application	Ability to maintain consistent priorities at home and at work

MISSION TRANSITION AMMERICAN STATEMENT POST-MILITARY CAREER

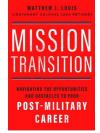
Benefits of Continuing Service

More than half of you will elect to extend your service. Doing so comes with many benefits:

Educational	Financial	Quality of Life
 Tuition Assistance College Credit Montgomery GI Bill – Selected Reserve On the Job Training Post-9/11 GI Bill Student Loan Repayment Reserve Educational Assistance Program (REAP) VA Vocational Rehabilitation and Employment (VR&E) 	 Extra Income Grocery & Department Store Privileges Low-Cost Insurance Health Care – Medical & Dental Pension Potential Bonus Disability Compensation VA Home Loan Guaranty VA Burial & Memorial Services Military discounts Tax deductions for RC jobrelated expenses Differential Pay (from some employers) 	 Sense of self-worth Service to the nation Camaraderie Direct Transfer from Active Duty Doing the Extraordinary Keep Your Rank Networking No Need to Move Access to: Fitness Centers Chaplain Services Child Care Services Financial Counseling Family Centers Legal Assistance Recreation Facilities

Source: "Summary of VA Benefits for National Guard and Reserve Members and Veterans," U.S. Department of Veterans Affairs, September 2012, accessed February 11, 2018, https://www.benefits.va.gov/BENEFITS/benefits-summary/SummaryofVANationalGuardandReserve.pdf.

Down-sides of Continuing Service



Extending Services Also Comes With Some Risks

- Harvard Business Review: resumes reflecting service in the Reserve Component (RC), which includes both the Guard and Reserve, were 11% less likely to be called for an interview
- 2013 Status of Forces Survey: 55% of RC Members stated that they sometimes lose opportunities for overtime or extra pay because of their RC obligations even when not activated
- 2013 RAND study:
 - Annual number of active duty days for RC has increased between 300-500% since 9/11. 87% chance that some portion of those days were in a combat zone or an area where the RC member drew imminent danger pay or hostile fire pay.
 - ~25% of employers of RC personnel did not know what they needed to know to remain in compliance with USERRA, >50% were unaware of the Employer Support of the Guard and Reserve's (ESGR) Statement of Support, programs, and awards
- 2014 briefing by the Reserve Forces Policy Board:
 - Since 9/11, 64% of Reserve Component members have been activated one or more times (for more than 30 days), deployed on average 2.1 times, and spent on average between 400-500 days on active duty
 - For the past decade, RC members have spent well over the annual statutory minimum of 39 compensated days on duty. The latest 12-month average was 61 days of compensated duty. This did not include, however, an additional 12 days on average spent doing uncompensated unit business.
- Defense Manpower Data Center: RC members were nearly twice as likely to experience financial problems compared to their Active Duty peers. 28% of reservists experienced unemployment following their most recent activation, with 62% of those instances lasting three or more months, 38% lasting six or more months, and 18% lasting more than a year

Sources:

- Theodore F. Figinski, "Research: Companies Are Less Likely to Hire Current Military Reservists," Harvard Business Review, October 13, 2017, accessed February 8, 2018, https://hbr.org/2017/10/research-companies-are-less-likely-to-hire-current-military-reservists.
- "2013 Status of Forces Survey of Reserve Component Members," Defense Manpower Data Center, March 2014, 148, 244.
- Susan M. Gates, Geoffrey McGovern, Ivan Waggoner, John D. Winkler, Ashley Pierson, Lauren Andrews, Peter Buryk, Supporting Employers in the Reserve Operational Forces Era: Are Changes Needed to Reservists' Employment Rights Legislation, Policies, or Programs? (Santa Monica, CA: RAND Corporation, 2013), xvii, 3.
- "Observations from Defense Manpower Data Center's (DMDC) Status of Forces Survey of Reserve Component Personnel," Reserve Forces Policy Board, March 5, 2014, accessed on February 10, 2018,
- "Financial Condition of Service Members and Military Spouses: Results from 2013-2014 Status of Forces Surveys & 2014-2015 Surveys of Military Spouses," Defense Manpower Data Center (DMDC) Defense Research, Surveys, and Statistics Center (RSSC) Retention & Readiness (R&R), September 2016, accessed February 9, 2018, http://www.ambahq.org/wp-content/uploads/2017/02/DMDC_Financial_Readiness_Briefing_20160913.pdf.

MISSION TRANSITION MANUAL REPORT TRANSITION AND DESTRUCTOR TO VERE POST-MILITARY CAREER

Laws Impacting Ongoing Service

Rights that your employer or educator will need to honor

Regulation	What It Does
Uniformed Services Employment and Reemployment Rights Act (USERRA) - https://www.justice.gov/crt-military/userra-statute	 Protects job rights of service members, applicants to the uniformed services, and those who voluntarily or involuntarily leave employment positions to undertake military service Prohibits discrimination in employment or adverse employment actions against service members and veterans
Vietnam Era Veterans' Readjustment Assistance Act of 1974 (VEVRAA) - https://www.dol.gov/ofccp/regs/statutes/4212.ht m	 Prohibits employment discrimination by federal government contractors against certain veterans Requires affirmative action for specific veterans by federal government contractors that have at least 50 employees and a contract worth \$100k or more
Higher Education Act of 1965, As Amended - https://www.govinfo.gov/content/pkg/CFR-2017-title34-vol3/xml/CFR-2017-title34-vol3-part668.xml#seanum668.18 Americans with Disabilities Act (ADA) of 1990 -	 Requires institutions of higher education to promptly readmit with the same academic status a servicemember who was previously admitted to the institution but who did not attend, or did not continue to attend, because of service in the uniformed services Protects against discrimination based on the presence of disabilities
https://www.ada.gov/	Mandates that employers make appropriate and reasonable accommodations for employees with disabilities
Family and Medical Leave Act (FMLA) - https://www.dol.gov/whd/fmla/index.htm	 Entitles eligible employees of covered employers to take unpaid, job-protected leave for specified family and medical reasons with continuation of group health insurance coverage under the same terms and conditions as if the employee had not taken leave Permits military family members to take up to 12 weeks of FMLA leave during any 12-month period to address issues that arise during a military member's deployment to a foreign country Allows family members of a covered service member to take up to 26 weeks of FMLA leave during a single 12-month period to care for the service member who is undergoing medical treatment, recuperation, or therapy for a serious illness incurred on active duty

Educating Your Family

What your family will need to understand

- Your intent to continue your service and the rationale for doing so
- Your appreciation for their support and sacrifices it will take to enable your service
- That you will likely be activated and deploy for unknown durations and for similar missions as active duty
- The differences (if a member of the Guard) between State Active Duty, Title 32 Active Duty, and Title 10 Active Duty
- That there are plentiful resources to support them while you are gone (see Additional Resources)
- Differences in support systems between Active and Reserve Components
- Have them participate in family readiness briefings and activities
- Develop a Family Care Plan with them
- Introduce them to your unit family support staff and volunteer network
- Visit an installation Family Support Center or National Guard Family Assistance Center (FAC) with them (States and territories have Joint Force [Army and Air National Guard] Headquarters that have established over 300 FACs nationwide).
- Ensure your spouse is aware of support options for military children and youth
- Encourage them to get involved in helping others, an effective coping technique
- Familiarize yourself and your family with resources available through Employer Support of the Guard and Reserve (ESGR)

Sources:

- "NGAUS Fact Sheet: Understanding the Guard's Duty Status," National Guard Association of the United States, accessed February 16, 2018, https://www.ngaus.org/sites/default/files/Guard%20Statues.pdf.
- "Finding Support When Your Family Member in the Guard or Reserve Is Called to Active Duty," Military OneSource, Ceridian Corporation, 2006, accessed February 16, 2018,
- See also "When Your Guard or Reserve Service Member is Called to Active Duty," *Military OneSource*, August 4, 2017, accessed February 16, 2018, http://www.militaryonesource.mil/-/when-your-guard-or-reserve-service-member-is-called-to-active-duty/inherit8edirect=true

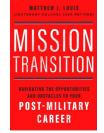
MISSION TRANSITION MANUALINE DEL OPPARTMENTE AND DESTACAS DE VESTO POST-MILITARY CAREER

Educating Your Employer

What your employer will need to understand

- Your intent to continue your service and the rationale for doing so
- That you will likely be activated and deploy for unknown durations
- Your ongoing value to them as an employee upon your return
 - Recall the "Value of a Veteran in a Competitive Business Environment" slide earlier in the e-Course
 - The opportunity for tax incentives associated with the Veterans Opportunity to Work (VOW) to Hire Heroes Act of 2011. You can find details here: https://www.benefits.va.gov/VOW/for-employers.asp.
- Your appreciation for their support and sacrifices it will take to enable your service
 - Direct costs may include recruiting, screening, hiring, and training replacement workers; the relative cost of the replacement worker; the cost of benefits provided you during your absence; and the cost to retrain you upon your return
 - Indirect costs may include lost business, productivity, or opportunity for growth
- The laws and regulations they must follow as it relates to your service
 - USERRA applies to all employers, regardless of size and sector
 - Consider **The Essential Guide to Federal Employment Laws** by Lisa Guerin, J.D. and Sachi Barreriro, J.D. (https://www.amazon.com/Essential-Guide-Federal-Employment-Laws/dp/1413322816)

Educating Your Employer (cont.)



What rights and resources are available to them

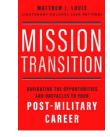
- They may request that some of their workers be named "key employees" who cannot be mobilized
 - ▶ Given the disproportionate impact to smaller employers, they might consider such a designation of these personnel from the outset
- DoD is supposed to proactively engage employers with relevant USERRA information based on the Civilian Employment Information (CEI) that RC members provide. Should that outreach not take place, employers should reach out to the Employer Support of the Guard and Reserve organization (ESGR, https://esgr.mil/). ESGR is a DoD program established in 1972 to promote cooperation and understanding between RC members and their civilian employers and to help resolve conflicts arising from an employee's military commitment.
 - ESGR offers several helpful employer programs that you can find here: https://esgr.mil/Employers/Employer-Programs
 - ESGR administers an awards program for supportive employers, noted here: https://esgr.mil/Employers/Employer-Awards
 - ESGR also provides free mediation services to RC members and their employers. Inquiries are handled through contacts at this link: https://esgr.mil/USERRA/USERRA-Contact
- According to DoD Instruction 1205.12, RC members must fulfill the following obligations to be eligible for reemployment rights under USERRA:
 - Provide advance notice to their employer of the pending military service, preferably in writing and at least 30 days prior to departure
 - Provide a return notification letter to their employer, samples of which you can find at the Employer Support of the Guard and Reserve (ESGR)
 - Provide documentation of service performed to their employer
 - Limit cumulative absences to no more than five years per employer
 - Not be separated from the service under a disqualifying discharge
- The burden of proof of discrimination under USERRA rests with the veteran
- There is no obligation to continue full or differential/partial pay during an RC member's absence, although many leading companies have such policies

Sources:

- "Guidance to Screening the Ready Reserve," Appendix A to 32 CFR 44, July 1, 2017, accessed February 19, 2018, https://www.govinfo.gov/content/pkg/CFR-2017-title32-vol1-part44.xml.
- See also "Department of Defense Instruction 1205.12," US Department of Defense, February 24, 2016, accessed February 19, 2018, https://www.esd.whs.mil/Portals/54/Documents/DD/issuances/dodi/120512p.pdf.
 "Department of Defense Instruction 1205.12," US Department of Defense, February 24, 2016, accessed February 19, 2018, https://www.esd.whs.mil/Portals/54/Documents/DD/issuances/dodi/120512p.pdf.
- For types of documentation satisfying this requirement, see "Application For Reemployment," 20 CFR § 1002.123, April 1, 2017, accessed February 19, 2018, https://www.govinfo.gov/content/pkg/CFR-2017-title20-vol4/xml/CFR-2017-title20-vol4-part1002-subpartC.xml

Student Reservists

There is no Space Force Reserve Component at this time.



- DoD: up to one-third of all reservists may be students
- DoD has not tasked the ESGR with helping student reservists get readmitted upon return from mobilization
- Congress passed Part 668.18 of Title 34 of the Code of Federal Regulations (Readmission Requirements for Servicemembers), which effectively applies the terms of USERRA to institutions of higher learning.
 - For specific questions on this topic, please see the Department of Education's list of Frequently Asked Questions for Servicemembers seeking readmission.
- Tuition assistance programs within the services are quite generous. Members of the Guard should also investigate what assistance programs their individual states may offer.
 - Army: https://www.goarmy.com/reserve/benefits/education.html
 - Marines: http://www.marforres.marines.mil/General-Special-Staff/Marine-Corps-Community-Services/Marine-Family-Services/Voluntary-Education-Program/Tuition-Assistance/
 - Navy: https://www.navycollege.navy.mil/sailors/tuition-assistance-ncpace.htm
 - ► Air Force: https://www.myairforcebenefits.us.af.mil/Benefit-Library/Federal-Benefits/Military-Tuition-Assistance-(MilTA)?serv=24
 - Coast Guard: https://www.gocoastguard.com/reserve-careers/enlisted-careers/receive-pay-benefits

Sources:

• Gwendolyn Jaffe, "Reserve Forces: DOD Actions Needed to Better Manage Relations between Reservists and Their Employers," US General Accounting Office, June 2002, 17, accessed February 19, 2018, https://www.dtic.mil/dtic/tr/fulltext/u2/a402651.pdf.

• "Readmission Requirements for Servicemembers," 34 CFR § 668.18, July 1, 2017, accessed February 19, 2018, https://www.govinfo.gov/content/pkg/CFR-2017-title34-vol3/xml/CFR-2017-title34-vol3-part668.xml#seqnum668.18.

MISSION TRANSITION AND STREET POST-MILITARY CAREER

Completing Your Time in Service

There is no Space Force Reserve Component at this time.

- There are seven entities in the Reserve Component. Here are the web sites that stipulate the process for Active Component members to join them:
 - Army National Guard https://www.nationalguard.com/eligibility/prior-service
 - Army Reserve https://www.goarmy.com/reserve/prior-service.html#/intro
 - Marine Corps Reserve https://www.marines.com/becoming-a-marine/overview.html?gclid=CLmMkfel_dgCFYGhgQodvvIKIA&gclsrc=ds&dclid=CMnznvel_dgCFeEMZQodUzANHw
 - Naval Reserve https://www.navy.com/joining/ways-to-join/served-before.html#qualifications-&-commitment
 - Air National Guard https://www.goang.com/is-ang-for-me/active-and-prior-service
 - ► Air Force Reserve https://afreserve.com/how-to-join
 - Coast Guard Reserve http://www.reserve.uscg.mil/

MISSION TRANSITION POST-MILITARY CAREER

Resigning Your Reserve Commission

Officers Only

There is no Space Force Reserve Component at this time.

- Just as you had to resign your active duty commission to join the Guard or Reserve, you must resign your Reserve commission upon completion of your duty to be officially removed from the rolls of the Ready or Standby Reserve
- Failure to do so could result in activation orders when DoD determines your military skill set is needed
- You can find the process for resigning your RC commission here:
 - Army: https://armypubs.army.mil/epubs/DR pubs/DR a/pdf/web/ARN18027 AR135-175 FINAL.pdf
 - Marine Corps: http://www.marforres.marines.mil/Portals/116/Docs/G-1/IPAC/Documents/RETIREMENT%20AWAITING%20AGE%2060.pdf
 - Navy: https://www.mynavyhr.navy.mil/Career-Management/Reserve-Personnel-Mgmt/NDAA-2008-NDAA-2015/
 - Air Force: http://www.arpc.afrc.af.mil/News/Article-Display/Article/1321602/officer-resignation-of-reserve-commission/
 - Coast Guard: http://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Personnel-Service-Center-PSC/Reserve-Personnel-Management-PSC-RPM/

MISSION TRANSITION POST-MILITARY CAREER

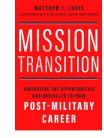
Homework

- Weigh the pros and cons of joining the Guard or Reserve
- Decide whether to join the Guard or Reserve
 - Should you join, educate your family and employer appropriately

Check out www.matthewilouis.com for...

- Additional positive results from the most recent Status of Forces Survey of Reserve Component Members
- Additional detail on how the Reserve Component was changed from a strategic to an operational reserve in 2008 and how that impacts you
- Additional detail on Reserve pensions
- Perspective from veterans like you that have joined the RC
- Detailed review of this topic
- Additional guidance for career military professionals
- Additional resources to support your transition

Words to the Wise



- Take a "Don't ask, Don't tell" approach prior to being hired
 - ► There is a greater than 10% chance that you wouldn't even be interviewed, much less hired, if the employer knew of your service
 - If the employer doesn't ask about your intent to join the Guard or Reserve, there is no reason for you to volunteer that information
 - Given USERRA, if an employer asks if you are (or intend to become) a member of the RC, respond with a question as to whether that detail is relevant to you being considered for the role. That avoids the question and provides the employer an easy way out of a potential conundrum (they can't discriminate based on military status).
 - If the interviewer persists, you might respond that you are considering it, but haven't yet committed to it
- Once hired, be as transparent as possible with the implications of your service. Do what you can to offset what will be a burden to your employer should you be activated and deployed.

Additional Resources

For Family Education	For General Education
National Guard Family Program	Congressional Research Service's Reserve Component Personnel Issues
(https://www.jointservicessupport.org/FP/Default.aspx)	Q&A (https://fas.org/sap/crs/natsec/RL30802.pdf)
Army Reserve Family Programs (https://www.arfp.org/)	Military OneSource's Guard and Reserves – The Essentials
Marine Corps Community Services (http://www.usmc-mccs.org/)	(http://www.militaryonesource.mil/web/mos/-/guard-and-reserves-the-
US Navy Fleet and Family Support Program	essentials?inheritRedirect=true&redirect=%2Fseparation-
<pre>(https://www.cnic.navy.mil/ffr/family_readiness/fleet_and_family_suppor)</pre>	transition%3Fcontent_id%3D271683
t program.html/)	
AFRC's Airman & Family Readiness (http://www.afrc.af.mil/About-	National Guard and Reserve VA Benefits
<u>Us/Airman-Family/</u>	(https://benefits.va.gov/guardreserve/)
Coast Guard Family Support (http://www.dcms.uscg.mil/Our-	Marine Corps Reserve Readiness and Deployment Support
Organization/Assistant-Commandant-for-Human-Resources-CG-	(http://www.marforres.marines.mil/About/Community-
1/Health-Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG-111/Sea-	Family/MCCS/MCFTB/Readiness-and-Deployment-Support/
<u>Legs/Family-Support/</u>	
Guide to Reserve Family Member Benefits	
(https://www.bop.gov/resources/pdfs/guide_reservefamilymemberben	
<u>efits.pdf</u>)	
Guard and Reserve Family Support Services	
(https://www.military.com/spouse/military-life/military-resources/family-	
support-services.html	
National Military Family Association (http://www.militaryfamily.org/)	
Military Child Education Coalition (http://www.militarychild.org/)	
Psychological Help Center of Excellence Military Family Support Page	
(http://www.pdhealth.mil/resource-center/military-family-support)	
ESGR Support for Service Members & Family	
(https://www.esgr.mil/Service-Members-Family/How-ESGR-Can-Help)	
National Guard 101: A Handbook for Spouses by Mary Corbett	
(https://www.amazon.com/National-Guard-101-Handbook-	
<u>Spouses/dp/1611210682</u>	

MISSION TRANSITION AND DESTRUCTION TO STANDARD TO STA

Notes

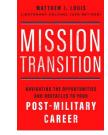


MISSION TRANSITION MANUAL RESPONSIBILITY POST-MILITARY CAREER

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